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# Diagnosis and Treatment of Patients with early and advanced Breast Cancer

## Sites of Metastases



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## Sites Of Metastases Specific Approaches to Metastatic Disease

### ■ Versions 2002–2023:

Albert / Bauerfeind / Bischoff / Böhme / Brunnert / Dall / Diel / Fehm /  
Fersis / Friedrich / Friedrichs / Gerber / Hanf / Janni / Kolberg-Liedtke /  
Kreipe / Loibl / Lück / Lüftner / Lux / Maass / Mundhenke / Oberhoff /  
Park-Simon / Rezai / Rody / Schaller / Schütz / Seegenschmiedt / Solbach  
/ Solomayer / Souchon / Thomssen

### ■ Version 2024:

Bauerfeind / Reimer

- Cardoso F, Paluch-Shimon S, Senkus E et al. 5th ESO-ESMO international consensus guidelines for advanced breast cancer (ABC 5). Ann Oncol. 2020 Dec;31(12):1623-1649.



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## Sites of Metastases

- Liver and lung metastases
- Malignant pleural and pericardial effusions
- Ascites
- Bone marrow involvement
- Soft tissue metastases
- Contralateral axillary metastasis

See also chapters „CNS Metastases“ and „Locoregional Recurrence“ (Loco-Regional Recurrence Treatment Options in Non Curative Cases)“ and „Osteooncology“



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## General Treatment Aspects of Metastases

Oxford			
	LoE	GR	AGO
▪ Histological verification	3	B	++
▪ Cytological verification, if histology not possible	3	B	+
▪ Systemic therapy preferred	2a	B	++*
▪ Consider surgery of metastases in case of good response to palliative treatment, oligometastases (cave: no clear definition available)	2b	C	+/-
▪ Stereotactic Radiotherapy for patients with oligometastases	2b	B	+/-
▪ Local-interventional ablative procedure	3b	C	+/-
▪ Local treatment in the case of pain, exulceration, persistence after systemic treatment, bowel obstruction, hydrocephalus occclusus, spinal cord compression	5	D	+/-
▪ Systemic treatment after surgery	2c	B	++

\* See chapters with systemic treatment recommendations

### Wording

Stereotactic Therapy can be referred to as:

SBRT

Stereotactic Body Radiation Therapy

SABR

Stereotactic Ablative Radiotherapy

IGRT

Image Guided Radiation Therapy

### Histology

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## Different Definitions of Oligometastatic Disease (OMD)

Societies / Organisations or inclusion criteria of prospective clinical trials (selection)	
ESMO	limited or low-volume metastatic disease; up to five lesions in total, not necessarily in the same organ; all potentially amenable to receive local treatment
ESTRO/ASTRO	1-5 metastatic lesions; controlled primary tumor optional, all metastatic sites must be safely treatable
ESTRO/EORTC OligoCare project	Different clinical scenarios of OMD: synchronous vs. metachronous, repeat vs. de novo OMD, oligorecurrence vs. oligoprogression, oligopersistence vs. oligoprogression, induced vs. genuine OMD.
ABC-7	Low volume metastatic disease (up to 5 lesions and not necessarily in the same organ), potentially amenable for local treatment, aimed at achieving a complete remission status; highly dependent on the imaging method used. <b>Note:</b> OMD sites need to be solid; excludes pleural effusions, ascites, leptomeningeal disease.
SABR-COMET trial (NCT05784428)	$\leq 5$ metastatic sites; small subset for breast cancer patients (n = 18)
NRG-BR002 trial (NCT02364557)	controlled locoregional disease and $\leq 4$ metastases (standard imaging), $\leq 12$ months systemic therapy without progression
OLIGOMA trial (NCT04495309)	up to 5 clinically manifest metastases, maximum of 3 cerebral metastases known

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# Local Therapy in Primary Metastatic Disease

	Oxford		
	LoE	GR	AGO
▪ <b>Surgery (R0) of the primary tumor (individualized procedure in case of oligometastatic disease)</b>			
▪ In case of bone metastases only	1b	B	+/-
▪ In case of visceral metastases	1b	B	-
▪ <b>Axillary surgery for cN1</b>	3b	B	+/-
▪ <b>Sentinel biopsy if cN0</b>	5	D	-
▪ <b>Radiotherapy of the primary tumor</b>			
▪ Alone (without surgery)	3a	C	+/-
▪ After local surgical treatment with BCS or mastectomy (according to adjuvant indication)	2c	B	+/-

## Surgery of the primary tumor (R0)

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#### Primary metastatic breast cancer - Locoregional therapy (local RT vs. surgery + RT vs. surgery)

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## Randomized Phase III Trials ST +/- Surgery of the Primary Tumor

Trial	n	Therapy prior to randomization	Local Control	Improved OS Primary Endpoint	QoL
ECOG 2108 * <sup>1,2</sup> (USA/Kanada) 2001-2016	256	4-8 months systemic therapy	yes	no	ns
Tata Memorial Hospital * <sup>3</sup> (India) 2005-2012	350	chemotherapy	yes	no	-
MF07-01 * <sup>4,5,6,7</sup> (Turkey) 2008-2012	278	no systemic therapy	no 10 y LRP: LRT 1% vs 14% ST, s	10 y fu OS: LRT 19% vs. ST 5%, s (HR+, Her2-, < 55 y, solitary bone only metastasis)	ns
ABCSG-28#* <sup>8,9</sup> (Austria) 2010-2019	90	no systemic therapy	yes	no	ns
JCOG 1017 (Japan) 2011-2018	410	primary ST	Completed, results not reported so far		

ns not significant, s: significant #trial terminated due to poor recruitment  
 ST = systemic therapy, LRT= locoregional therapy, LRP = locoregional progression

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2. Kahn SA. Educational Session SABCS 2021, Thursday 9th Dec; Session: Local Therapy of the Primary and Beyond in Patients with Advanced Disease, Presentation: Local therapy of the primary tumor in de novo Stage IV breast cancer.
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## Prospective Registry Study (Bone only)

Trial	n	Randomization	Local Control	Improved OS Primary Endpoint	QoL
BOMET MF 14-01# 2014-	505	ST vs LRT (LRT+ST vs. ST+LRT)	yes	3 y fu: improved OS in the LRT group (HR 0.40)  HR+, Her2-; Her2+ subgroups, no benefit in triple neg. patients	-

ST = systemic therapy, LRT = locoregional therapy,

1. Soran A, Dogan L, Isik A et al. The Effect of Primary Surgery in Patients with De Novo Stage IV Breast Cancer with Bone Metastasis Only (Protocol BOMET MF 14-01): A Multi-Center, Prospective Registry Study. Ann Surg Oncol. 2021;28(9):5048-5057.



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# Liver Metastases

## Local Therapy

### Oxford

	LoE	GR	AGO
▪ Resection of liver metastases (R0)	3a	B	+/-
• HR-positive: chemotherapy-sensitive, long disease-free interval, absence of extrahepatic disease, ≤ 3 metastases			
• HER2-positive: age < 50 y, metastases < 5 cm, no further metastases			
▪ Interventional regional chemotherapy (TACE)*	3b	C	+/-
▪ Interventional regional radiotherapy (SIRT/TARE)*	3a	B	+/-
▪ Stereotactic Radiotherapy with VMAT (SRS-VMAT), other modalities*	2a	B	+/-
▪ Regional ablative procedures (RFA, MWA)	3b	C	+/-
▪ IRE, LITT, HIFU	5	D	-
▪ Cryoablation	3b	C	-

\* interdisciplinary decision

CA = cryoablation

HIFU = high-intensity focused ultrasound

IRE = irreversible electroporation

LITT = laser-induced interstitial thermotherapy

MWA = microwave ablation

RFA = radiofrequency ablation

SIRT = selective internal radiotherapy = TARE

SRS = stereotactic radiosurgery with volumetric modulated arc therapy (VMAT)

TACE = transarterial chemoembolization

TARE = transarterial radioembolization

### Statements:

Resection of liver metastasis (R0)

HR positive: chemotherapy sensible, long disease-free interval, absence of extrahepatic disease, ≤ 3 metastases

Her2 positive: age < 50 y., metastasis < 5 cm, no further metastases

## Diagnostics

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Statement: Regional chemotherapy

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Statement: Regional radiotherapy

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Statement: Thermoablation

- 1. Xiao YB, Zhang B, Wi YI. Radiofrequency ablation versus hepatic resection for breast cancer liver metastasis: a systematic review and meta-analysis *J Zhejiang Univ-Sci B (Biomed & Biotechnol)* 2018 19(11):829-843
- 2. Bale R, Richter M, Dünser M et al. Stereotactic Radiofrequency Ablation for Breast Cancer Liver Metastases. *J Vasc Interv Radiol*. 2017 Dec 19. pii: S1051-0443(17)30911-9
- 3. Bai XM, Yang W, Zhang ZY et al. Long-term outcomes and prognostic analysis of percutaneous radiofrequency ablation in liver metastasis from breast cancer. *Int J Hyperthermia*. 2019 Jan 1;35(1):183-193.
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# Pulmonary Metastases

## Local Therapy

	Oxford		
	LoE	GR	AGO
▪ Before any local therapy: staging and biopsy, histology for exclusion of second tumor	3a	B	+
▪ Resection of pulmonary metastases by VATS or conventional resection			
▪ In case of multi-locular metastatic disease	3a	B	-
▪ In case of single / few unilateral metastasis	3a	B	+/-
▪ Thermoablation (CT-guided RFA, LITT)	3b	C	+/-
▪ Regional radiotherapy (stereotactic radiotherapy with volumetric intensity modulated arc therapy (SRS-VMAT))	2a	B	+/-

\* VATS = video-assisted thoracic surgery

### Overview

1. Lin S, Mo H, Li Y et al. Clinicopathological characteristics and survival outcomes in patients with synchronous lung metastases upon initial metastatic breast cancer diagnosis in Han population. *BMC Cancer*. 2021 Dec 14;21(1):1330.
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### Resection of pulmonary metastases by VATS or conventional resection

1. Patrini D, Panagiotopoulos N, Lawrence D et al. Surgical management of lung metastases. *Br J Hosp Med (Lond)*. 2017 Apr 2;78(4):192-198.
2. Meng D, Fu L, Wang L et al. Video-assisted thoracoscopic surgery versus open thoracotomy in pulmonary metastasectomy: a meta-analysis of observational studies. *Interact Cardiovasc Thorac Surg*. 2016 Feb;22(2):200-6.
3. Endoh M, Shiono S, Yamauchi Y et al. Pulmonary metastasectomy for pulmonary metastasis of breast cancer has a limited prognostic impact: a multi-institutional retrospective analysis. *J Thorac Dis*. 2020 Nov;12(11):6552-6562.
4. Bilani N, Yaghi M, Main O et al. Metastasectomy versus radiation of secondary sites in stage IV breast cancer: Analysis from a national cancer registry. *Breast*. 2021 Dec;60:185-191.

Statement: Thermoablation (CT-guided RFA, LITT)

1. Vogl TJ, et al: Microwave ablation therapy: clinical utility in treatment of pulmonary metastases. Radiology. 2011 Nov;261(2):643-51.
2. Ewert R, Opitz C. Pulmonary function testing before ablative methods] Radiologe. 2004 Jul;44(7):708-10. 4.
3. Diederich S, Hosten N: Percutaneous ablation of pulmonary tumours: state-of-the-art 2004 Radiologe. 2004 Jul;44(7):658-62.

Statement: Regional Radiotherapy

1. Ricco A, Davis J, Rate W et al. Lung metastases treated with stereotactic body radiotherapy: the RSSearch® patient Registry's experience. Radiation Oncology (2017) 12: oi: 10.1186/s13014-017-0773-4
2. Lehrer EJ, Singh R, Wang M et al. Safety and Survival Rates Associated With Ablative Stereotactic Radiotherapy for Patients With Oligometastatic Cancer: A Systematic Review and Meta-analysis. JAMA Oncol. 2021 Jan 1;7(1):92-106.
3. Viani GA, Gouveia AG, Alexander V Louie AV et al. Stereotactic body radiotherapy to treat breast cancer oligometastases: A systematic review with meta-analysis. Meta-Analysis Radiother Oncol. 2021 Nov; 164:245-250.



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# Malignant Pleural Effusion (MPE)

## Local Therapy

	Oxford		
	LoE	GR	AGO
▪ If short life expectancy, less invasive procedures should be considered	4	C	++
▪ VATS and Talcum-pleurodesis*	1b	B	++
▪ Continuous pleural drainage	2a	B	++
▪ Chemical pleurodesis*			
▪ Talcum powder	1a	B	+
▪ Intrathoracic chemotherapy	2b	C	+/-
▪ Povidone-iodine (20 ml of 10% solution)	1b	B	+
▪ Serial thoracocentesis	4	C	+/-

\* Adequate pain-relief  
VATS: video-assisted thoracoscopic surgery

If expected survival is short, less invasive procedures should be considered

1. Zamboni MM, da Silva CT Jr, Baretta R et al. Important prognostic factors for survival in patients with malignant pleural effusion. BMC Pulm Med. 2015 Mar 28;15:29.

VATS and Talcum-pleurodesis

Chemical pleurodesis

Talcum powder

Bleomycin, Doxycycline, Mitoxantrone

Povidone-iodine (20 ml of 10% solution)

Serial thoracocentesis

1. Thomas R, Fysch ETH, Smith NA et al. Effect of an Indwelling Pleural Catheter vs Talc Pleurodesis on Hospitalization Days in Patients With Malignant Pleural Effusion: The AMPLE Randomized Clinical Trial. JAMA. 2017 Nov 21;318(19):1903-1912.
2. Bibby AC, Dorn P, Psallidas I, et al. ERS/EACTS statement on the management of malignant pleural effusions. Eur J Cardiothorac Surg. 2019 Jan 1;55(1):116-132.
3. Kapp CM, Lee HJ. Malignant Pleural Effusions. Clin Chest Med. 2021 Dec;42(4):687-696. Review
4. Dipper A, Jones HE, Bhatnagar R, et al. Interventions for the management of malignant pleural effusions: an updated network meta-

analysis. Eur Respir Rev 2021; 30: 210025.

Statement: Continous pleural drainage

1. Warren WH, Kalimi R, Khodadadian LM et al. Management of malignant pleural effusions using the Pleur(x) catheter. Ann Thorac Surg. 2008 Mar;85(3):1049-55.
2. Hak CC, Sivakumar P, Ahmed L. Safety of indwelling pleural catheter use in patients undergoing chemotherapy: a five-year retrospective evaluation. BMC Pulm Med. 2016 Mar 11;16:41.

Statement: Intrathoracic chemotherapy

1. Karampinis I, Dionysopoulou A, Galata C, Almstedt K, Grilli M, Hasenburg A, Roessner ED. Hyperthermic intrathoracic chemotherapy for the treatment of malignant pleural effusion caused by breast and ovarian cancer: A systematic literature review and pooled analysis. Thorac Cancer. 2022 Apr;13(7):883-888. doi: 10.1111/1759-7714.14361. Epub 2022 Feb 22. PMID: 35194945; PMCID: PMC8977169.



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# Malignant Ascites

## Local Therapy

Oxford  
LoE GR AGO

### Ascites:

▪ Puncture, drainage in symptomatic patients	<b>4</b>	<b>D</b>	<b>++</b>
▪ Continuous drainage of ascites	<b>3b</b>	<b>D</b>	<b>+</b>
▪ Systemic therapy	<b>3b</b>	<b>D</b>	<b>++</b>
▪ Local chemotherapy	<b>3b</b>	<b>D</b>	<b>-</b>

1. Korpi S, Salminen VV, Piili RP et al. Therapeutic Procedures for Malignant Ascites in a Palliative Care Outpatient Clinic. J Palliat Med. 2018 Jun;21(6):836-841.
2. Lew M, Cantley R, Heider A et al. Diagnosis and categorization of malignant effusions: A 6-year review from a single academic institution. Diagn Cytopathol. 2021 May;49(5):615-621.



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# Malignant Pericardial Effusion

## Local Therapy

Symptomatic pericardial effusion:	Oxford		
	LoE	GR	AGO
▪ Drainage, fenestration	3b	B	++
▪ Combination with optimized systemic therapy	4	C	++
▪ VATS (video-assisted thoracic surgery)	4	C	+
▪ Ultrasound-guided puncture and instillation of cytotoxic / targeted compounds			
▪ Bleomycin, cisplatin, mitomycin C, mitoxantrone etc., Bevacizumab	4	C	+/-

1. Strobbe A, Adriaenssens T, Bennett J et al. Etiology and Long-Term Outcome of Patients Undergoing pericardiocentesis. *J Am Heart Assoc.* 2017 Dec 23;6(12). pii: e007598.
2. Numico G, Cristofano A, Occelli M et al. Prolonged Drainage and Intrapericardial Bleomycin Administration for Cardiac Tamponade Secondary to Cancer-Related Pericardial Effusion. *Medicine (Baltimore)*. 2016 Apr;95(15):e3273
3. Lambert A, Salleron J, Kieffer A, Raymond P, Geoffrois L, Gavoille C. Intrapericardial instillation of bleomycin prevents recurrence of malignant pericardial effusions: Series of 46 cases and comprehensive literature review. *Bull Cancer*. 2020 Jul-Aug;107(7-8):756-762.
4. Kotake M, Imai H, Kaira K, Fujisawa T, Yanagita Y, Minato K. Intrapericardial carboplatin in the management of malignant pericardial effusion in breast cancer: a pilot study. *Cancer Chemother Pharmacol*. 2019 Sep;84(3):655-660. .
5. Chen D, Song X, Shi F et al. Greater efficacy of intracavitary infusion of bevacizumab compared to traditional local treatments for patients with malignant cavity serous effusion. *Oncotarget*. 2017 May 23;8(21):35262-35271.
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## Bone Marrow Infiltration Associated with Pancytopenia

	Oxford		
	LoE	GR	AGO
▪ Weekly chemotherapy with*:			
▪ Epirubicin, Doxorubicin, Paclitaxel	4	D	++
▪ Capecitabine	4	D	++
▪ HER2-positive:			
▪ anti-HER2-treatment	5	D	++
▪ Hormone receptor-positive:			
▪ Endocrine-based therapy	3b	C	+

\* Consider pre-treatment

1. Pahouja G, Wesolowski R, et al, Stabilization of bone marrow infiltration by metastatic breast cancer with continuous doxorubicin, Cancer Treat Commun. 2015 ; 3: 28–32.
2. Artac M, Koral L, Toy H et al. Complete response and long-term remission to anti-HER2 combined therapy in a patient with breast cancer presented with bone marrow metastases. J Oncol Pharm Pract. 2014 Apr;20(2):141-5.
3. Pahouja G, Wesolowski R, Reinholt R et al. Stabilization of bone marrow infiltration by metastatic breast cancer with continuous doxorubicin. Cancer Treat Commun. 2015;3:28-32.
4. Yamaguchi T, Masumoto M, Sakurai U et al. Disseminated Carcinomatosis of the Bone Marrow from Occult Breast Cancer Responding to a Sequence of Endocrine Therapy. Case Rep Oncol. 2020 Feb 24;13(1):193-199.



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## Soft Tissue Metastasis Local Therapy

Oxford		
LoE	GR	AGO
4	C	+/-
▪ Surgery of limited locoregional metastasis (e.g. skin, muscular, nodal) with complete resection (R0) after exclusion of further metastases		
▪ Radiotherapy in*:		
▪ Soft tissue metastases	3b	C
▪ Paresis, spinal cord compression	2b	C
▪ Plexus infiltration	3b	C

\* Exception: acute indication for surgery

1. Kong JH, et al: Patterns of skin and soft tissue metastases from breast cancer according to subtypes: relationship between EGFR overexpression and skin manifestations. Oncology. 2011;81(1):55-62. Epub 2011 Sep 16.
2. Berlière M, Duhoux FP, Taburiaux L et al. The place of extensive surgery in locoregional recurrence and limited metastatic disease of breast cancer: preliminary results. Biomed Res Int. 2015;2015:782654. doi: 10.1155/2015/782654. Epub 2015 Mar 18.



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## Oligo-Metastases Contralateral Axillary Metastasis

**"Contralateral axillary nodal metastasis (in the absence of contralateral primary) as initial diagnosis of recurrent disease is considered stage 4 metastatic breast cancer. However, after prior local therapy to ipsilateral axilla for early breast cancer, subsequent metachronous contralateral axillary nodal metastasis, either alone or concurrent with an in-breast ipsilateral recurrence, could be considered and treated as a regional metastasis (due to altered lymphatic drainage), and has the potential for long survival or cure with a multidisciplinary approach"**

ABC-7 (2023): LoE: Expert opinion/NA (85%)

1. Magnoni F, Colleoni M, Mattar D et al. Contralateral Axillary Lymph Node Metastases from Breast Carcinoma: Is it Time to Review TNM Cancer Staging? *Ann Surg Oncol.* 2020 Oct;27(11):4488-4499.
2. Díaz-Roldán J, Eguía-Larrea M, Rubio-Sánchez T et al. Systematic review of synchronous contralateral axillary metastases in breast cancer: really M1 disease? *Breast Cancer.* 2021 Oct 15. doi: 10.1007/s12282-021-01293-2. Online ahead of print. Review.
3. Nash AL, Thomas SM, Plichta JK et al. Contralateral Axillary Nodal Metastases: Stage IV Disease or a Manifestation of Progressive Locally Advanced Breast Cancer? *Ann Surg Oncol.* 2021 Oct;28(10):5544-5552.
4. SABCS 2021 Educational Session Local Therapy of the Primary and Beyond in Patients with Advanced Disease
5. ABC-7 consensus: Cardoso F et al., *Breast* 2024 (in preparation)