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Guidelines Breast
Version 2024.1D

FORSCHEN
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Diagnostik und Therapie früher und fortgeschrittener Mammakarzinome

Adjuvante endokrin-basierte Therapie bei prä- und postmenopausalen Patientinnen



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Adjuvante endokrine Therapie bei prä- und postmenopausalen Patientinnen

■ Versionen 2002–2023:

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■ Version 2024:

Lux / Wöckel

Bestimmung des Steroid-Hormonrezeptorstatus

Oxford LoE: 1 GR: A AGO: ++

**„Endokrines Ansprechen“ (früher rezeptorpositiv):
Immunhistologie (ER und / oder PR)**

| | | |
|----------------------------------|--------------|----------------------------|
| 0 % | pos. Zellen: | endokrin nicht sensitiv |
| 1–10 % | pos. Zellen: | endokrin fraglich sensitiv |
| > 10 % | pos. Zellen: | endokrin sensitiv |
| Hormonrezeptor-Status unbekannt: | | endokrin sensitiv |

Bei ER negativ / PR positiv (> 10 % Zellen): immunohistochemische Reevaluation erforderlich.

Bei ER low (1-10%) Nennung der Relevanz im histopathologischen Bericht empfohlen.

Endocrine responsiveness:

1. Early Breast Cancer Trialists Collaborative Group EBCTCG. Effects of chemotherapy and hormonal therapy for early breast cancer on recurrence and 15-year survival: an overview of the randomised trials. Lancet. 2005;365(9472):1687–717.
2. Traub L, Thill M, Nitschmann S: 20-Jahres-Ergebnisse einer 5-jährigen Hormontherapie bei Mammakarzinom : Early Breast Cancer Trialists' Collaborative Group (EBCTCG). Internist (Berl). Springer Medizin 2018;59(4):410–2.
3. Pan H, Gray R, Braybrooke J et al. 20-Year Risks of Breast-Cancer Recurrence after Stopping Endocrine Therapy at 5 Years. N Engl J Med. 2017;377(19):1836–46.
4. Allison KH, Hammond MEH, Dowsett M, et al: Estrogen and Progesterone Receptor Testing in Breast Cancer: ASCO/CAP Guideline Update. J Clin Oncol. 2020 Apr 20;38(12):1346-1366.
5. Panagiotis Malainou C, Stachika N, Damianou A et al. Estrogen-Receptor-Low-Positive Breast Cancer: Pathological and Clinical Perspectives. Curr Oncol. 2023 Nov 4;30(11):9734-9745. doi: 10.3390/currenol30110706.

In case of ER negative / PR positive (>10% cells): consider immunohistochemical re-evaluation:

1. Viale G, Regan MM, Maiorano E et al. Prognostic and predictive value of centrally reviewed expression of estrogen and progesterone

receptors in a randomized trial comparing letrozole and tamoxifen adjuvant therapy for postmenopausal early breast cancer: BIG 1-98. *J Clin Oncol* 2007;25:3846-52.

2. Cserni G, Fracz M, Kalman E et al. Estrogen receptor negative and progesterone receptor positive breast carcinomas-how frequent are they? *Pathol Oncol Res* 2011;17:663-8.
3. Hefti MM, Hu R, Knblauch NW et al. Estrogen receptor negative/progesterone receptor positive breast cancer is not a reproducible subtype. *Breast Cancer Res* 2013;15:R68.
4. Yi M, Huo L, Koenig KB et al. Which threshold for ER positivity? a retrospective study based on 9639 patients. *Ann Oncol* 2014;25:1004-11.
5. Allison, K. H., et al. (2020). "Estrogen and Progesterone Receptor Testing in Breast Cancer: ASCO/CAP Guideline Update." *J Clin Oncol* 38(12): 1346-1366.

Adjuvante endokrine Therapie

Bestimmung des Menopausenstatus

Bestimmung des Menopausenstatus:

- Menstruationsanamnese
- FSH, E2

| Oxford | | |
|--------|----|-----|
| LoE | GR | AGO |
| | | ++ |
| | | ++ |

1. Partridge AH, Ruddy KJ, Gelber S et al. Ovarian reserve in women who remain premenopausal after chemotherapy for early stage breast cancer. *Fertil Steril* 2010;94(2):638-44.
2. Su HI, Chung K, Sammel MD et al. Antral follicle count provides additive information to hormone measures for determining ovarian function in breast cancer survivors. *Fertil Steril* 2011;95(5):1857-9.
3. Furlanetto J , Marme F , Seiler S. Chemotherapy-induced ovarian failure in young women with early breast cancer: Prospective analysis of four randomised neoadjuvant/adjuvant breast cancer trials. *European Journal of Cancer* 152 (2021) 193e203.

Adjuvante endokrine Therapie

- Endokrin sensitiv
- Fraglich endokrin sensitiv
- Endokrine Therapie sequentiell:
nach einer adjuvanten Chemotherapie
- Endokrine Therapie simultan mit Anti-HER2-
Therapie ohne Chemotherapie
- Nicht endokrin sensitiv

| | Oxford | | |
|---|--------|----|-----|
| | LoE | GR | AGO |
| Endokrin sensitiv | 1a | A | ++ |
| Fraglich endokrin sensitiv | 3b | D | + |
| Endokrine Therapie sequentiell: nach einer adjuvanten Chemotherapie | 2a | B | + |
| Endokrine Therapie simultan mit Anti-HER2- Therapie ohne Chemotherapie | 2b | B | + |
| Nicht endokrin sensitiv | 1a | A | -- |

1. Early Breast Cancer Trialists' Collaborative Group. Effects of chemotherapy and hormonal therapy for early breast cancer on recurrence and 15-year survival: an overview of randomised trials. *Lancet* 2005;365:1687-717.
2. Early Breast Cancer Trialists' Collaborative Group (EBCTCG). Relevance of breast cancer hormone receptors and other factors to the efficacy of adjuvant tamoxifen: patient-level meta-analysis of randomised trials. *Lancet* 2011;378(9793):771-84.
3. Hackshaw A, Roughton M, Forsyth S et al. Long-term benefits of 5 years of tamoxifen: 10-year follow-up of a large randomized trial in women at least 50 years of age with early breast cancer. *J Clin Oncol* 2011;29(13): 1657-63.
4. Albain KS, Barlow WE, Ravdin PM, et al. Breast Cancer Intergroup of North America. Adjuvant chemotherapy and timing of tamoxifen in postmenopausal patients with endocrine-responsive, node-positive breast cancer: a phase 3, open-label, randomised controlled trial. *Lancet* 2009;374(9707):2055-63.
5. Bedognetti D, Sertoli MR, Pronzato P, et al. Concurrent vs sequential adjuvant chemotherapy and hormone therapy in breast cancer: a multicenter randomized phase III trial. *J Natl Cancer Inst* 2011;103(20):1529-39.
6. Regan MM, Walley BA, Francis PA et al. Concurrent and sequential initiation of ovarian function suppression with chemotherapy in premenopausal women with endocrine-responsive early breast cancer: an exploratory analysis of TEXT and SOFT. *Ann Oncol* 2017;28:2225-2232.
7. Chan, A., et al. "Neratinib after trastuzumab-based adjuvant therapy in patients with HER2-positive breast cancer (ExteNET): a multicentre, randomised, double-blind, placebo-controlled, phase 3 trial." *Lancet Oncol* 2016;17(3): 367-377.

8. von Minckwitz, G., et al: "Trastuzumab Emtansine for Residual Invasive HER2-Positive Breast Cancer." *N Engl J Med* 2019; 80(7): 617-628.
9. von Minckwitz, G., et al.: "Adjuvant Pertuzumab and Trastuzumab in Early HER2-Positive Breast Cancer." *N Engl J Med* 2017; 377(2): 122-131
10. Early Breast Cancer Trialists' Collaborative, G.: "Aromatase inhibitors versus tamoxifen in early breast cancer: patient-level meta-analysis of the randomised trials." *Lancet* 2015; 386: 1341-1352.
11. Loibl S, H Chiun-Sheng, Mano MS, Adjuvant trastuzumab emtansine (T-DM1) vs trastuzumab (T) in patients with residual invasive disease after neoadjuvant therapy for HER2-positive breast cancer: subgroup analysis from KATHERINE. *ESMO Breast 2020*
12. Burstein HJ, Curigliano G, Thürlimann B et al: Panelists of the St Gallen Consensus Conference. Customizing local and systemic therapies for women with early breast cancer: the St. Gallen International Consensus Guidelines for treatment of early breast cancer 2021. *Ann Oncol.* 2021 Oct;32(10):1216-1235.
13. Panagiotis Malainou C, Stachika N, Damianou A et al. Estrogen-Receptor-Low-Positive Breast Cancer: Pathological and Clinical Perspectives. *Curr Oncol.* 2023 Nov 4;30(11):9734-9745. doi: 10.3390/curroncol30110706.

Generelle Prinzipien der adjuvanten endokrinen Therapie AGO ++

- Die adjuvante endokrine Therapie wird in die initiale Therapie (Jahre 1–5) und die erweiterte adjuvante Therapie (EAT, Jahre 6–10+) eingeteilt. Die initiale adjuvante Therapie umfasst auch die endokrin-basierte Therapie (Jahre 1-2).
- Standard Therapiedauer der adjuvanten Therapie: 5 Jahre
- Erweiterte Therapiedauer und initial endokrin-basierte Therapie nach individueller Nutzen-Risiko-Abwägung.
- Dauer, Wahl & Sequenz von AI oder Tam oder die Kombination mit GnRHa hängen v. a. vom Menopausenstatus, der Verträglichkeit und dem Rückfall-Risiko ab.
- Der Wechsel auf eine andere endokrine Therapie (Tam oder AI) oder Tamoxifen low dose ist besser, als die Therapie zu stoppen.
- Beginn mit AI bei lobulären Karzinomen und / oder erhöhtem Rückfall-Risiko.
- Es existiert kein ausreichend validierter Biomarker für einen frühen versus einen späten Rückfall.

1. Ingle JN: Overview of adjuvant trials of aromatase inhibitors in early breast cancer. Steroids 2011;76(8):765-7.
2. Higgins MJ, Liedke PE, Goss PE et al. Extended adjuvant endocrine therapy in hormone dependent breast cancer: the paradigm of the NCIC-CTG MA.17/BIG 1-97 trial. Crit Rev Oncol Hematol 2013;86(1):23-32.
3. Regan MM, Neven P, Giobbie-Hurder A et al. BIG 1-98 Collaborative Group; International Breast Cancer Study Group (IBCSG). Assessment of letrozole and tamoxifen alone and in sequence for postmenopausal women with steroid hormone receptor-positive breast cancer: the BIG 1-98 randomised clinical trial at 8.1 years median follow-up. Lancet Oncol 2011;12(12):1101-8.
4. Early Breast Cancer Trialists' Collaborative Group (EBCTCG): Aromatase inhibitors versus tamoxifen in early breast cancer: patient-level meta-analysis of the randomised trials. Lancet 2015;386(10001):1341-52.
5. Rydén L, Heibert Arnlind M, Vitols S et al. Aromatase inhibitors alone or sequentially combined with tamoxifen in postmenopausal early breast cancer compared with tamoxifen or placebo - Meta-analyses on efficacy and adverse events based on randomized clinical trials. Breast 2016;26:106-140.
6. Goss PE, Ingle JN, Pritchard KI et al. Extending aromatase-inhibitor adjuvant therapy to 10 years. N Engl J Med 2016;375(3):209.
7. Pan H, Gray R, Braybrooke J et al. 20-year risks of breast recurrence after stopping endocrine therapy at 5 years. N Engl J Med 2017;1836-49.
8. Burstein HJ, Lacchetti C, Anderson H et al. Adjuvant endocrine therapy for women with hormone receptor-positive breast cancer: ASCO clinical practice guideline focused update. J Clin Oncol 2018 Nov 19;JCO1801160. doi: 10.1200/JCO.18.01160

9. Strasser-Weippl K, Sudan G, Ramjeesingh R et al. Outcomes in women with invasive ductal or invasive lobular early stage breast cancer treated with anastrozole or exemestane in CCTG (NCIC CTG) MA.27. *Eur J Cancer* 2018;90:19-25.
10. Goldvaser H, Barnes TA, Šeruga B, et al. Toxicity of extended adjuvant therapy with aromatase inhibitors in early breast cancer: a systematic review and meta-analysis. *J Natl Cancer Inst.* 2018;110(1)djx141.
11. van Hellemond I, Geurts SME, Tjan-Heijnen VCG: Current status of extended adjuvant endocrine therapy in early stage breast cancer. *Curr Treat Options in Oncol* 2018;19:26.
12. Regan MM, Walley BA, Francis PA et al. Concurrent and sequential initiation of ovarian function suppression with chemotherapy in premenopausal women with endocrine-responsive early breast cancer: an exploratory analysis of TEXT and SOFT. *Ann Oncol* 2017;28:2225-2232.
13. Blok EJ, Kroep JR, Meershoek-Klein Kranenbarg E et al. Treatment decisions and the impact of adverse events before and during extended endocrine therapy in postmenopausal early breast cancer. *Eur J Cancer* 2018;95:59-67.
14. Blok EJ, Kroep JR, Meershoek-Klein Kranenbarg E et al: Relevant factors for the optimal duration of extended endocrine therapy in early breast cancer. *Breast Cancer Res Treat* 2018;168:413-420.
15. Clement Z, Kollias J, Bingham J et al: Extended duration of adjuvant aromatase inhibitor in breast cancer: a meta-analysis of randomized controlled trials. *Gland Surg* 2018;7:449-457.
16. Johnston, SRD; Harbeck, N; Hegg, R et al-: Abemaciclib Combined With Endocrine Therapy for the Adjuvant Treatment of HR+, HER2-, Node-Positive, High-Risk, Early Breast Cancer (monarchE). *J Clin Oncol* 2020; 38:3987-3998.
17. Johnston SRD, Toi M, O'Shaughnessy J, Rastogi P et al_ Abemaciclib plus endocrine therapy for hormone receptor-positive, HER2-negative, node-positive, high-risk early breast cancer (monarchE): results from a preplanned interim analysis of a randomised, open-label, phase 3 trial. *Lancet Oncol.* 2023 Jan;24(1):77-90. doi: 10.1016/S1470-2045(22)00694-5. Epub 2022 Dec 6. PMID: 36493792
18. Hortobagyi G, Stroyakovsky D, Yardley D, et al. Ribociclib (RIB) + nonsteroidal aromatase inhibitor (NSAI) as adjuvant treatment in patients with HR+/HER2- early breast cancer: final invasive disease-free survival (iDFS) analysis from the NATALEE trial. *SABCS, 2023, GS03-03*
19. Importance of endocrine treatment adherence and persistence in breast cancer survivorship: a systematic review. Eliassen FM, Blåfjelldal V, Helland T, et al. *BMC Cancer.* 2023 Jul 4;23(1):625.
20. De Censi A. et al., 10 Year Results of Phase 3 Trial of low-dose Tamoxifen in noninvasive Breast Cancer, *SABCS, 2022, GS408*

Adjuvante endokrine Therapie bei prämenopausalen Patientinnen (Jahr 1–5)

| | Oxford | | |
|---|--------|----|-----|
| | LoE | GR | AGO |
| <ul style="list-style-type: none"> ▪ Niedriges Rezidivrisiko: <ul style="list-style-type: none"> ▪ Tamoxifen für 5 Jahre | 1a | A | ++ |
| <ul style="list-style-type: none"> ▪ Erhöhtes Rezidivrisiko: <ul style="list-style-type: none"> ▪ OFS 2-5 Jahre* + Tamoxifen für 5 Jahre ▪ OFS# + AI für 5 Jahre | 1a | A | ++ |
| <ul style="list-style-type: none"> ▪ GnRHα Monotherapie (Bei relevanten Kontraindikationen für Tam, gegenüber keiner Therapie) | 1a | B | + |

OFS: Ovarialfunktions-Suppression;
* Behandlung nur solange sie tolerabel ist und die Pat. eindeutig prämenopausal ist
Bei Z.n. Chemotherapie bei Wiedereintritt der Ovarialfunktion innerhalb von 24 Monaten
Die Applikation einer Chemotherapie war in den Studien ein Surrogatmarker für hohes Rezidivrisiko
AI NUR in Kombination mit OFS bei prämenopausalen Patientinnen

Tamoxifen 5-10 yrs:

1. Early Breast Cancer Trialists' Collaborative Group (EBCTCG). Effects of chemotherapy and hormonal therapy for early breast cancer on recurrence and 15-year survival: an overview of the randomised trials. Lancet 2005;365:1687-717.
2. Early Breast Cancer Trialists' Collaborative Group (EBCTCG). Relevance of breast cancer hormone receptors and other factors to the efficacy of adjuvant tamoxifen: patient-level meta-analysis of randomised trials. Lancet 2011;378:771-84.
3. Davies C, Pan H, Godwin J et al. Long-term effects of continuing adjuvant tamoxifen to 10 years versus stopping at 5 years after diagnosis of oestrogen receptor-positive breast cancer: ATLAS, a randomised trial. Lancet 2013;381:805-806.
4. Tormey DC, Gray R, Falkson HC: Postchemotherapy adjuvant tamoxifen therapy beyond five years in patients with lymph node-positive breast cancer. Eastern Cooperative Oncology Group. J Natl Cancer Inst 1996;88:1828-33.
5. Goel S, Sharma R, Hamilton A et al: LHRH agonists for adjuvant therapy of early breast cancer in premenopausal women. Cochrane Database Syst Rev. 2009 7;(4):CD004562.

GnRH as monotherapy:

1. Cuzick J, Ambroisine L, Davidson N et al: Use of luteinising-hormone-releasing hormone agonists as adjuvant treatment in

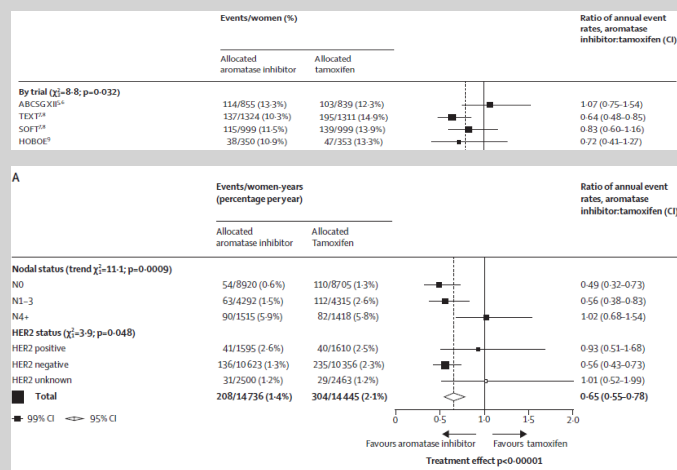
premenopausal patients with hormone-receptor-positive breast cancer: a meta-analysis of individual patient data from randomised adjuvant trials. *Lancet* 2007; 369:1711-23.

Ovarian function suppression (OFS) with Tam/AI and Tam with or without OFS:

1. Gnant M, Mlineritsch B, Schippinger W et al: Endocrine therapy plus zoledronic acid in premenopausal breast cancer. *N Engl J Med* 2009;360(7):679-91.
2. Shiba E, Yamashita H, Kurebayashi J et al. A randomized controlled study evaluating safety and efficacy of leuprorelin acetate every-3-months depot for 2 versus 3 or more years with tamoxifen for 5 years as adjuvant treatment in premenopausal patients with endocrine-responsive breast cancer. *Breast Cancer* 2016;23(3):499-509.
3. 6. Kim HA, Lee JW, Nam SJ et al. Adding Ovarian Suppression to Tamoxifen for Premenopausal Breast Cancer: A Randomized Phase III Trial. *J Clin Oncol.* 2019, <https://doi.org/10.1200/JCO.19.0012>
4. Regan MM, Walley BA, Fleming GF et al. Randomized comparisons of adjuvant exemestane + ovarian function suppression versus Tamoxifen + OFS versus tamoxifen in premenopausal women with HR + early breast : update of the TEXT and SOFT trials. *SABCS 2021, GS2-05.*
5. Early Breast Cancer Trialists' Collaborative Group (EBCTCG). Aromatase inhibitors versus tamoxifen in premenopausal women with oestrogen receptor-positive early-stage breast cancer treated with ovarian suppression: a patient-level meta-analysis of 7030 women from four randomised trials. *Lancet Oncol.* 2022 Mar;23(3):382-392. doi: 10.1016/S1470-2045(21)00758-0.
6. Francis PA, Fleming GF, Láng I, et al.; SOFT Investigators and the International Breast Cancer Study Group (a division of ETOP IBCSG Partners Foundation). Adjuvant Endocrine Therapy in Premenopausal Breast Cancer: 12-Year Results From SOFT. *J Clin Oncol.* 2022 Dec 9;JCO2201065. doi: 10.1200/JCO.22.01065.
7. Pagni O, Walley BA, Fleming GF et al. SOFT and TEXT Investigators and the International Breast Cancer Study Group (a division of ETOP IBCSG Partners Foundation). Adjuvant Exemestane With Ovarian Suppression in Premenopausal Breast Cancer: Long-Term Follow-Up of the Combined TEXT and SOFT Trials. *J Clin Oncol.* 2022 Dec 15;JCO2201064. doi: 10.1200/JCO.22.01064.
8. Johansson A, Dar H, van't Veer et al. Twenty-years benefit from adjuvant goserelin and tamoxifen in premenopausal patients with breast cancer in a controlled clinical trial. *J Clin Oncol* 2022;40:4071-4082.

9. Adjuvant Endocrine Therapy in Premenopausal Breast Cancer: 12-Year Results From SOFT. Francis PA, Fleming GF, Láng I, et al.; SOFT Investigators and the International Breast Cancer Study Group (a division of ETOP IBCSG Partners Foundation). *J Clin Oncol*. 2023 Mar 1;41(7):1370-1375. doi: 10.1200/JCO.22.01065.

Adjuvant endocrine therapy in premenopausal patients (OFS + TAM / AI)



EBCTCG: Lancet Oncol. 2022;23:382-392

1. Early Breast Cancer Trialists' Collaborative Group (EBCTCG). Aromatase inhibitors versus tamoxifen in premenopausal women with oestrogen receptor-positive early-stage breast cancer treated with ovarian suppression: a patient-level meta-analysis of 7030 women from four randomised trials. Lancet Oncol. 2022 Mar;23(3):382-392
2. Francis PA, Fleming GF, Láng I, et al.; SOFT Investigators and the International Breast Cancer Study Group (a division of ETOP IBCSG Partners Foundation). Adjuvant Endocrine Therapy in Premenopausal Breast Cancer: 12-Year Results From SOFT. J Clin Oncol. 2022 Dec 9;JCO2201065. doi: 10.1200/JCO.22.01065.
3. Pagani O, Walley BA, Fleming GF et al. SOFT and TEXT Investigators and the International Breast Cancer Study Group (a division of ETOP IBCSG Partners Foundation). Adjuvant Exemestane With Ovarian Suppression in Premenopausal Breast Cancer: Long-Term Follow-Up of the Combined TEXT and SOFT Trials. J Clin Oncol. 2022 Dec 15;JCO2201064. doi: 10.1200/JCO.22.01064.

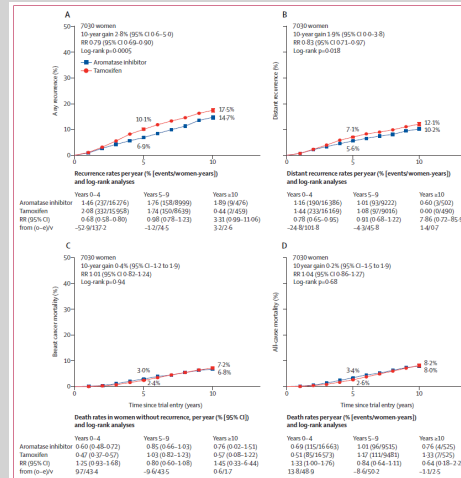
Adjuvant endocrine therapy in premenopausal patients (OFS + TAM / AI)

Any recurrence

Breast cancer mortality

Distant recurrence

All-case mortality



EBCTCG: Lancet Oncol. 2022;23:382-392

1. Bradley R, Braybrooke J, Gray R et al. Aromatase Inhibitors versus Tamoxifen in premenopausal women with ER + early stage breast cancer treated with ovarian suppression: A patient level meta-analysis of 7.030 women in four randomised trials. SABCS 2021, GS2-04.
2. Early Breast Cancer Trialists' Collaborative Group (EBCTCG). Aromatase inhibitors versus tamoxifen in premenopausal women with oestrogen receptor-positive early-stage breast cancer treated with ovarian suppression: a patient-level meta-analysis of 7030 women from four randomised trials. Lancet Oncol. 2022 Mar;23(3):382-392

Adjuvante endokrine Therapie bei postmenopausalen Patientinnen (Jahre 1-5)

| | Oxford | | |
|---|--------|----|-----|
| | LoE | GR | AGO |
| ▪ Aromatasehemmer für die ersten 5 Jahre | 1a | A | ++ |
| | 2b | B | + |
| ▪ Nicht-steroidaler AI bei lobulärem Karzinom | 2b | B | + |
| | | | |
| ▪ Hohes Rezidivrisiko | | | |
| | | | |
| ▪ Sequentielle Therapie für die ersten 5 Jahre* | 1a | A | ++ |
| | 1a | A | ++ |
| ▪ Tam (2–3 Jahre) gefolgt von AI bis zur Gesamtdauer von 5 Jahren | | | |
| | | | |
| ▪ AI (2–3 Jahre) gefolgt von Tamoxifen bis zur Gesamtdauer von 5 Jahren | 1b | C | ++ |
| | | | |
| ▪ Tamoxifen 20 mg/d für die ersten 5 Jahre** | 1a | A | + |

* Die endokrine adjuvante Therapie postmenopausaler Patientinnen sollte in den ersten 5 Jahren für 2–3 Jahre einen Aromatasehemmer enthalten

** Eine Monotherapie mit Tamoxifen kann im Einzelfall in Abhängigkeit vom Alter, Rückfallrisiko und Kontraindikationslage eingesetzt werden.

AI for first 5 years:

1. Early Breast Cancer Trialists' Collaborative Group (EBCTCG): Aromatase inhibitors versus tamoxifen in early breast cancer: patient-level meta-analysis of the randomised trials. Lancet 2015;386(10001):1341-52.
2. Rydén L, Heibert Arnlind M, Vitols S et al. Aromatase inhibitors alone or sequentially combined with tamoxifen in postmenopausal early breast cancer compared with tamoxifen or placebo - Meta-analyses on efficacy and adverse events based on randomized clinical trials. Breast 2016;26:106-14.
3. FACE Studie?

Especially in case of lobular cancer

1. Strasser-Weippl K et al. Outcomes in women with invasive ductal or invasive lobular early stage breast cancer treated with anastrozole or exemestane in CCTG (NCIC CTG) MA.27. Eur J Cancer 2018;90:19-25. doi: 10.1016/j.ejca.2017.11.014

High risk of recurrence:

1. Early Breast Cancer Trialists' Collaborative Group (EBCTCG): Aromatase inhibitors versus tamoxifen in early breast cancer: patient-

level meta-analysis of the randomised trials. Lancet 2015;386(10001):1341-52.

Sequential therapy for first 5 years:

Tam (2-3 yrs.) followed by AI to complete 5 years

AI (2-3 yrs.) followed by Tam to complete 5 years

1. Early Breast Cancer Trialists' Collaborative Group (EBCTCG): Aromatase inhibitors versus tamoxifen in early breast cancer: patient-level meta-analysis of the randomised trials. Lancet 2015;386(10001):1341-52.
2. Rydén L, Heibert Arnlind M, Vitols S et al. Aromatase inhibitors alone or sequentially combined with tamoxifen in postmenopausal early breast cancer compared with tamoxifen or placebo - Meta-analyses on efficacy and adverse events based on randomized clinical trials. Breast 2016;26:106-14.
3. Derks MGM, Blok EJ, Seynaeve C et al. Adjuvant tamoxifen and exemestane in women with postmenopausal early breast cancer (TEAM): 10-year follow-up of a multicentre, open-label, randomised, phase 3 trial. Lancet Oncol 2017;18:1211-1220.
4. Ruhstaller T, Giobbie-Hurder A, Colleoni M et al. Adjuvant letrozole and tamoxifen alone or sequentially for postmenopausal women with hormone receptor–positive breast cancer: long-term follow-up of the BIG 1-98 trial. J Clin Oncol 2019;37(2):105-114.
5. De Placido S, Gallo C, De Laurentiis M, et al. GIM Investigators. Adjuvant anastrozole versus exemestane versus letrozole, upfront or after 2 years of tamoxifen, in endocrine-sensitive breast cancer (FATA-GIM3): a randomised, phase 3 trial. Lancet Oncol. 2018 Apr;19(4):474-485.

Tamoxifen 20 mg/d for first 5 yrs:

1. Early Breast Cancer Trialists' Collaborative Group (EBCTCG), et al. Relevance of breast cancer hormone receptors and other factors to the efficacy of adjuvant tamoxifen: patient-level meta-analysis of randomised trials. Lancet 378:771-84, 2011
2. Early Breast Cancer Trialists' Collaborative Group (EBCTCG) et al. Aromatase inhibitors versus tamoxifen in early breast cancer: patient-level meta-analysis of the randomised trials. Lancet 2015;386:1341-52.
3. Rydén L, Heibert Arnlind M, Vitols S et al. Aromatase inhibitors alone or sequentially combined with tamoxifen in postmenopausal

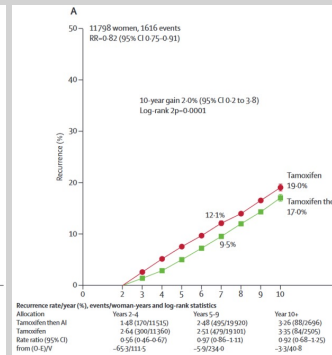
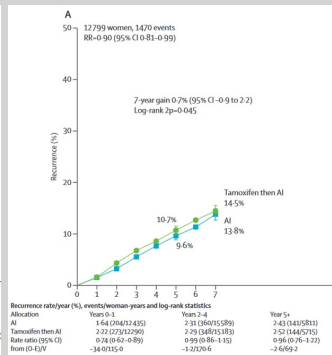
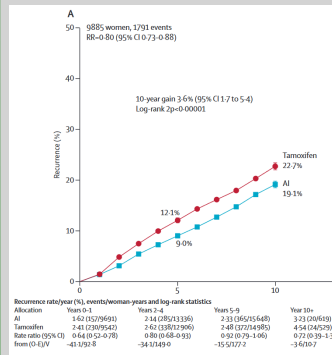
early breast cancer compared with tamoxifen or placebo - Meta-analyses on efficacy and adverse events based on randomized clinical trials. *Breast*. 2016;26:106-14.

Patient care/ adherence and side effects

1. Inwa Id EC, Koller M, Klinkhammer-Schalke M et al. Adjuvant endocrine therapy in pre- versus postmenopausal patients with steroid hormone receptor-positive breast cancer: results from a large population-based cohort of a cancer registry. *J Cancer Res Clin Oncol* 2015;141(12):2229-40.
2. Markopoulos C, Koukouras D, Venizelos V et al. Impact of chemotherapy followed by aromatase inhibitors on bone health of women with ER-positive early breast cancer in real world clinical settings in Greece: Results of the POCHARBI trial conducted by the Hellenic Society of Breast Surgeons. *Breast* 2016 ;27:27-34.
3. Kesmodel SB, Goloubeva OG, Rosenblatt PY et al. Patient-reported adherence to adjuvant aromatase inhibitor therapy using the Morisky Medication Adherence Scale: An evaluation of predictors. *Am J Clin Oncol* 2018;41(5):508-512.

Aromatase Inhibitor vs. Tamoxifen vs. Sequential Therapy - 5 years up-front Therapy

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Aromatase inhibitors versus tamoxifen in early breast cancer: patient-level meta-analysis of the randomised trials.
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Adjuvante endokrin-basierte Therapie mit CDK4/6 Inhibitoren und PARP Inhibitoren

| | Oxford | | |
|--|-----------|----------|-----------|
| | LoE | GR | AGO |
| Bei erhöhtem Rückfallrisiko, entsprechenden Patientinnencharakteristika und Dosierung analog zu den Studien | | | |
| ▪ Abemaciclib für 2 Jahre* | 1b | B | + |
| ▪ Olaparib für 1 Jahr bei <i>gBRCA1/2</i> Mutation** | 1b | B | ++ |

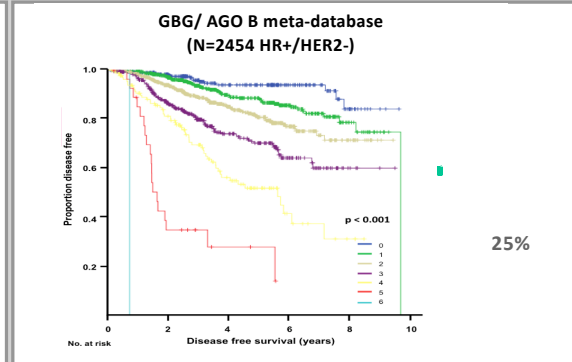
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** entsprechend der OlympiA-Studie

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 9. Efficacy of adjuvant CDK4/6 inhibitors in hormone receptor-positive breast cancer: a systematic review and meta-analysis. Ergun Y, Dogan M, Ucar G, et al. *Expert Opin Pharmacother*. 2023 Sep-Dec;24(17):1901-1909. doi: 10.1080/14656566.2023.2258791. Epub 2023 Sep 13.
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How to calculate CPS+EG Score?

| Point assignment for CPS+EG score | | |
|-----------------------------------|---|----------------------|
| Clinical Stage | | |
| I | 0 | T1N0; T0N1mi; T1N1mi |
| IIA | 0 | T0N1; T1N1; T2N0 |
| IIIB | 1 | T2N1; T3N0 |
| IIIA | 1 | T0-2N2 |
| IIIB | 2 | T4N0-2 |
| Pathologic Stage | | |
| 0 | 0 | T0/rN0 |
| I | 0 | T1N0; T0N1mi; T1N1mi |
| IIA | 1 | T0N1; T1N1; T2N0 |
| IIIB | 1 | T2N1; T3N0 |
| IIIA | 1 | T0-2N2 |
| IIIB | 1 | T4N0-N2 |
| Tumor Biologic Factors | | |
| ER negative | 1 | |
| Nuclear grade 3 | 1 | |



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2. Marmé F, Solbach C, Michel L et al. Utility of the CPS + EG scoring system in triple-negative breast cancer treated with neoadjuvant chemotherapy. Eur J Cancer 2021;153:203-212.



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Adjuvant / Post-Neoadjuvant Treatment with CDK4/6i

| | monarchE | PALLAS | PENELOPE ^B | NATALEE |
|--|-----------------------------------|------------------------------|-------------------------------|--------------------------------|
| N | 5,637 | 5,600 | 1,250 | 5,101 |
| CDK4/6i | Abemaciclib | Palbociclib | Palbociclib | Ribociclib |
| % of pts. with NACT | 37% | n.r. | 100% | n.a. |
| Duration of CDK4/6i treatment | 24 months | 24 months | 12 months | 36 months |
| Follow-up | 42.0 months | 24 months | 43 months | 33.3 months |
| Discontinuation rate | 30.6% | 42% | 20% | 35.5% |
| Discontinuation rate due to AE _{CDKi} | 18.5% | 27% | 5% | 19.5% |
| IDFS-HR (95%-CI) | 0.664 (0.578-0.762) p < 0.0001 | 0.96 (0.81-1.14) p = 0.65 | 0.93 (0.74-1.16) p = 0.525 | 0.749(0.628-0.892) P=0.0006 |
| 2-yrs IDFS | 92.7% vs. 89.9% | n.r. | 88% vs. 78% | 93.5% vs. 92.0% |
| 3-yrs IDFS | 89.2% vs. 84.4% | 88% vs. 89% | 81% vs. 78% | 90.7% vs. 87.6% |
| 4-yrs IDFS | 85.8% vs. 79.4% | 84.2% vs. 84.5% | 73% vs. 72% | |

IDFS: invasive disease-free survival

1. Mayer EL, Gnant MI, DeMichele A et al. PALLAS: A randomized phase III trial of adjuvant palbociclib with endocrine therapy versus endocrine therapy alone for HR+/HER2- early breast cancer. *Ann Oncol* (2020) 31 (suppl_4): S1142-S1215. 10.1016/annonc/annonc325
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6. Hortobagyi GN, Stroyakovskiy D, Yardley DA et al. (GS03-03) Ribociclib (RIB) + nonsteroidal aromatase inhibitor (NSAI) as adjuvant treatment in patients with HR+/HER2- early breast cancer: final invasive disease-free survival (iDFS) analysis from the NATALEE trial SABCS 2023 (GS03-03)

Erweiterte adjuvante endokrine Therapie (EAT) bei prämenopausalen Patientinnen (Jahre 6–10)

| | Oxford | | |
|--|--------|----|-----|
| | LoE | GR | AGO |
| Bei erhöhtem Rückfallrisiko | | | |
| ▪ 5 Jahre Tamoxifen nach 5 Jahren Tamoxifen | 1a | A | ++ |
| ▪ 2,5–5 Jahre AI nach 5 Jahren Tamoxifen prämenopausal, bei im Verlauf eindeutig nachgewiesener postmenopausaler Situation | 1b | B | + |
| ▪ 5 Jahre Tamoxifen nach 5 Jahre endokriner Therapie + OFS | 5 | D | + |

5 years Tamoxifen after 5 years Tamoxifen:

1. Davies C, Pan H, Godwin J et al. Adjuvant Tamoxifen: Longer Against Shorter (ATLAS) Collaborative Group. Long-term effects of continuing adjuvant tamoxifen to 10 years versus stopping at 5 years after diagnosis of oestrogen receptor-positive breast cancer: ATLAS, a randomised trial. Lancet 2013;381(9869):805-16. Erratum in: Lancet. 2013;381(9869):804.
2. Gray RG, Rea D, Handley K et al. ATTom: long-term effects of continuing adjuvant tamoxifen to 10 years versus stopping at 5 years in 6953 women with early breast cancer. J Clin Oncol 2013; 31 (18 suppl):5.
3. Petrelli F, Coinu A, Cabiddu M et al. Five or more years of adjuvant endocrine therapy in breast cancer: a meta-analysis of published randomised trials. Breast Cancer Res Treat 2013;140(2):233-40.
4. Burstein HJ, Temin S, Anderson H et al. Adjuvant endocrine therapy for women with hormone receptor-positive breast cancer: american society of clinical oncology clinical practice guideline focused update. J Clin Oncol 2014;32(21):2255-69.

2–5 years AI after 5 years Tamoxifen in initially premenopausal patients with validated postmenopausal status in the course of therapy:

1. Goss PE, Ingle JN, Martino S et al. Randomized trial of letrozole following tamoxifen as extended adjuvant therapy in receptor-positive breast cancer: updated findings from NCIC CTG MA.17. J Natl Cancer Inst 2005;97(17):1262-71.

2. Jin H, Tu D, Zhao N et al. Longer-term outcomes of letrozole versus placebo after 5 years of tamoxifen in the NCIC CTG MA.17 trial: analyses adjusting for treatment crossover. *J Clin Oncol* 2012;30(7):718-21
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Erweiterte adjuvante endokrine Therapie (EAT) bei postmenopausalen Patientinnen (Jahre 6–10)

| | Oxford | | |
|--|--------|----|-----|
| | LoE | GR | AGO |
| Bei erhöhtem Rückfallrisiko: | | | |
| ▪ Nach 5 Jahren Tamoxifen, Tamoxifen für 5 Jahre | 1a | A | + |
| ▪ Nach 5 Jahren Tamoxifen, AI für 2 bis 5 Jahre | 1a | A | ++ |
| ▪ Nach initialer AI-haltiger Therapie (upfront oder Switch) Verlängerung der endokrinen Therapie mit AI auf eine Gesamttherapiedauer von 7-8 Jahren* | | | |
| ▪ höheres Rückfall-Risiko und bei guter Verträglichkeit des AIs | 1a | A | + |
| ▪ niedriges Rückfall-Risiko, schlechte Verträglichkeit des AIs | 1a | A | - |
| ▪ Therapiepausen des AI bis zu 3 Monaten möglich unter kontinuierlicher EAT mit AI | 1b | B | +/- |

* Kein Einfluss auf das Gesamtüberleben (OS)

5 years Tamoxifen after 5 years Tamoxifen:

1. Davies C, Pan H, Godwin J et al. Adjuvant Tamoxifen: Longer Against Shorter (ATLAS) Collaborative Group. Long-term effects of continuing adjuvant tamoxifen to 10 years versus stopping at 5 years after diagnosis of oestrogen receptor-positive breast cancer: ATLAS, a randomised trial. Lancet 2013;381(9869):805-16. Erratum in: Lancet. 2013;381(9869):804.
2. Gray RG, Rea D, Handley K et al. ATTom: long-term effects of continuing adjuvant tamoxifen to 10 years versus stopping at 5 years in 6953 women with early breast cancer. J Clin Oncol 2013; 31 (18 suppl):5.
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10.1016/j.breast.2023.02.012.

2–5 years AI after 5 years Tamoxifen

1. Goss PE, Ingle JN, Martino S et al. Randomized trial of letrozole following tamoxifen as extended adjuvant therapy in receptor-positive breast cancer: updated findings from NCIC CTG MA.17. *J Natl Cancer Inst* 2005;97(17):1262-71.
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4. Mamounas EP, Jeong JH, Wickerham DL et al. Benefit from exemestane as extended adjuvant therapy after 5 years of adjuvant tamoxifen: intention-to-treat analysis of the National Surgical Adjuvant Breast And Bowel Project B-33 trial. *J Clin Oncol* 2008;26(12):1965-71.
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6. Gnant M, G Steger, R Greil, et al. A prospective randomized multi-center phase-III trial of additional 2 versus additional 5 years of Anastrozole after initial 5 years of adjuvant endocrine therapy - results from 3,484 postmenopausal women in the ABCSG-16 trial. SABCS 2017; GS3-01
7. Gray R (EBCTCG) et al. Extended aromatase inhibitor treatment following 5 or more years of endocrine therapy: a metaanalysis of 22192 women in 11 randomised trials. SABCS 2018;GS3-03
8. Zackariah C, Kollias J, Bingham J et al. Extended duration of adjuvant aromatase inhibitor in breast cancer: a meta-analysis of randomized controlled trials. *Gland Surg* 2018;7(5):449-457.
9. Mamounas EP, Bandos H, Lembersky BC et al. Use of letrozole after aromatase inhibitor-based therapy in postmenopausal breast cancer (NRG Oncology/NSABP B-42): a randomised, double-blind, placebo-controlled, phase 3 trial. *Lancet Oncol* 2019;20(1):88-99.
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stage breast cancer: a multicentre, open-label, randomised, phase 3 trial. *Lancet Oncol* 2021; 22: 1458–67

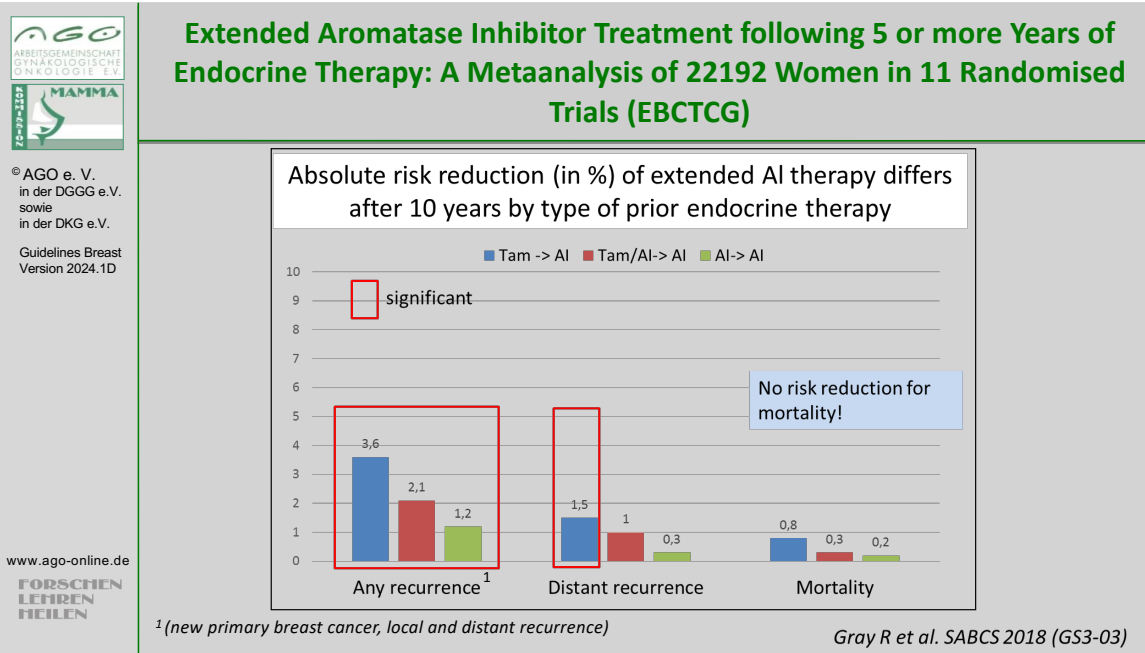
11. Mamounas EP, Bandos H: Ten year results from NRG/NSABP – B42: a randomized , double blinded placebo controlled clinical trial of extended adjuvant endocrine therapy with letrozole in postmenopausal women with hormone receptor + breast cancer who have completed previous adjuvant therapy with an aromatase inhibitor after initial AI containing therapy (upfront or switch) further prolongation of endocrine therapy with AI 2-5years. SABCS 2019, GS4-01
12. Tjan-Heijnen VCG, Lammers SWM, Geurts SME et al. Extended adjuvant aromatase inhibition after sequential endocrine therapy in postmenopausal women with breast cancer: follow-up analysis of the randomised phase 3 DATA trial. *Clinical Medicine*. 2023 Mar 20;58:101901. doi: 10.1016/j.eclinm.2023.101901. eCollection 2023 Apr.

low risk, poor tolerability of the AI

1. Blok EJ, Kroep JR, Meershoek-Klein Kranenbarg E et al. Optimal Duration of Extended Adjuvant Endocrine Therapy for early breast cancer; results of the IDEAL trial (BOOG 2006-05). *J Natl Cancer Inst* 2018;110(1): djx134
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4. Goss PE, Ingle JN, Pritchard KI et al. Extending Aromatase-Inhibitor Adjuvant Therapy to 10 Years. *N Engl J Med*. 2016;375(3):209-19.
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Interruption of endocrine treatment up to 3 months during EAT:

1. Colleoni M, Luo W, Karlsson P et al. Extended adjuvant intermittent letrozole versus continuous letrozole in postmenopausal women with breast cancer (SOLE): a multicentre, open-label, randomised, phase 3 trial. *Lancet Oncol* 2018; 19: 127–38.



1. Gray R (EBCTCG) et al. Extended aromatase inhibitor treatment following 5 or more years of endocrine therapy: a metaanalysis of 22192 women in 11 randomised trials. SABCS 2018;GS3-03



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Decision Criteria for Extended Adjuvant Therapy

Factors indicating a clinical benefit from EAT:

- Adjuvant tamoxifen therapy only
- Condition after chemotherapy (indicating high risk)
- Positive lymph node status and / or T2 / T3 tumors
- Elevated risk of recurrence based on immunohistochemical criteria or based on multi-gene expression assays
- High CTSS-score
- BCI (H/I) (Breast Cancer Index)

Further decision criteria:

- Wish of patient
- up to now well tolerated AI therapy,
- good bone health
- younger age
- adherence

1. Gnant M, G Steger, R Greil, et al. A prospective randomized multi-center phase-III trial of additional 2 versus additional 5 years of Anastrozole after initial 5 years of adjuvant endocrine therapy - results from 3,484 postmenopausal women in the ABCSG-16 trial. SABCS 2017; GS3-01
2. Li L, Chang B, Jiang X et al. Clinical outcomes comparison of 10 years versus 5 years of adjuvant endocrine therapy in patients with early breast cancer. Clinical outcomes comparison of 10 years versus 5 years of adjuvant endocrine therapy in patients with early breast cancer. BMC Cancer 2018;18:977
3. Goldvaser H, Barnes TA, Šeruga B, et al. Toxicity of extended adjuvant therapy with aromatase inhibitors in early breast cancer: a systematic review and meta-analysis. J Natl Cancer Inst 2018;110(1)djx141
4. van Hellemond I, Geurts SME, Tjan-Heijnen VCG: Current status of extended adjuvant endocrine therapy in early stage breast cancer. Curr Treat Options in Oncol 2018;19:26.
5. Pan H, Gray R, Braybrooke J et al. 20-year risks of breast recurrence after stopping endocrine therapy at 5 years. N Engl J Med 2017;1836-49.
6. Munzone E, Colleoni M: Optimal management of luminal breast cancer: how much endocrine therapy is long enough? Ther Adv Med Oncol 2018;10: 1–11.
7. Dowsett M, Sestak I, Regan MM et al. Integration of clinical variables for the prediction of late distant recurrence in patients with estrogen receptor–positive breast cancer treated with 5 years of endocrine therapy: CTS5. J Clin Oncol 2018 : 36(19): 1941–1948.

8. Sestak I, Buus R, Cuzick J et al. Comparison of the performance of 6 prognostic signatures for estrogen receptor–positive breast cancer: a secondary analysis of a randomized clinical trial. *JAMA Oncol* 2018; 4(4): 545–553.
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10. Bartlett J, SgROI DTrans-aTTom: Breast Cancer Index predicts benefit of extended endocrine therapy in HR+ breast cancers treated in the adjuvant tamoxifen-to offer meore (aTTom) trial Abstract 505 ASCO 2019
11. Dennis C SgROI, et al. Correlative studies of the breast cancer index (HOXB13/IL17BR) and ER, PR, AR, AR/ER ratio and Ki67 for prediction of extended endocrine benefit: A trans-aTTom study, SABCs 2020; GS4-09.
12. Tjan-Heijnen VCG, Lammers SWM, Geurts SME et al. Extended adjuvant aromatase inhibition after sequential endocrine therapy in postmenopausal women with breast cancer: follow-up analysis of the randomised phase 3 DATA trial. *ClinicalMedicine*. 2023 Mar 20;58:101901. doi: 10.1016/j.eclinm.2023.101901. eCollection 2023 Apr.

Ovarschutz mit GnRH und Fertilitätserhalt bei prämenopausalen Patientinnen mit (neo-)adjuvanter Chemotherapie (CT)

- **CTx + GnRH_a**
(zur Prophylaxe des ovariellen Funktionsausfalls)
(GnRH_a Applikation > 2 Wochen vor Chemotherapie,
unabhängig vom Hormonrezeptorstatus)
- **CTx + GnRH_a**
(zur Erhöhung der Schwangerschaftsrate)
- **Angebot zur Beratung über Fertilitätserhaltung inkl.
assistierter Reproduktion (ART)**
(Information: <https://fertiprotekt.com>; *S2k-Leitlinie
Fertilitätserhalt bei onkologischen Erkrankungen*)

| Oxford | | |
|--------|----|-----|
| LoE | GR | AGO |
| 1a | A | + |
| 2a | B | +/- |
| | | ++ |

Fertility preservation counselling

1. Loren AW, Mangu PB, Beck LN et al. Fertility Preservation for Patients With Cancer: American Society of Clinical Oncology Clinical Practice Guideline Update. J Clin Oncol. 2013;31(19):2500–10.
2. Peccatori FA, Azim Jr HA, Orecchia R et al. Cancer, pregnancy and fertility: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up. Ann Oncol. 2013;24 Suppl 6:vi160–70.
3. Abe A, Kuwahara A, Iwasa T et al.: A survey on fertility management in young women of reproductive age treated with chemotherapy. Int J Clin Oncol. 2016 Dec;21(6):1183-1190.
4. Marklund A, et al. Reproductive Outcomes After Breast Cancer in Women With vs Without Fertility Preservation. JAMA Oncol. 2021 Jan 1;7(1):86-91.
5. https://register.awmf.org/assets/guidelines/015-082l_S2k_Fertilitaetserhaltung-bei-onkologischen-Therapien_2017-12-verlaengert.pdf

Fertility preservation with assisted reproduction therapy

1. Lambertini M, Fontana V, Massarotti C et al.: Prospective study to optimize care and improve knowledge on ovarian function and/or fertility preservation in young breast cancer patients: Results of the pilot phase of the PREgnancy and FERtility (PREFER)

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2. Luke B, Brown MB, Missmer SA et al.: Assisted reproductive technology use and outcomes among women with a history of cancer. *Hum Reprod.* 2016 Jan;31(1):183-9.
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Fertilitätsprotektion und assistierte Reproduktion - Onkologische Sicherheit¹⁻

| | Oxford | | |
|---|--------|----|-----|
| | LoE | GR | AGO |
| <ul style="list-style-type: none"> Methoden des Fertilitätserhalt vor Therapie | | | |
| GnRH-Analagon | 1a | A | ++ |
| Kryokonservierung Ovargewebe mit anschließender Transplantation ² | 4 | D | + |
| Kryokonservierung Oozyten (unbefruchtet / befruchtet) nach ovarieller Stimulation | 2a | C | + |
| <ul style="list-style-type: none"> Assistierte Reproduktion nach Mammakarzinom | 4 | C | +/- |

¹ Evidenzlage z.T. eingeschränkt auf Grund der Studienlage (keine prospektiv randomisierten Studien möglich)
² Risiko durch Tumorzellverschleppung bei Transplantation des Gewebes; bei Mutationsträgerinnen komplette Explantation des Transplantats nach Schwangerschaft notwendig

GnRH-Analagon:

- Lambertini M, Moore HCF, Leonard RCF, et al. Gonadotropin-Releasing Hormone Agonists During Chemotherapy for Preservation of Ovarian Function and Fertility in Premenopausal Patients With Early Breast Cancer: A Systematic Review and Meta-Analysis of Individual Patient-Level Data. J Clin Oncol. 2018;36(19):1981-1990.
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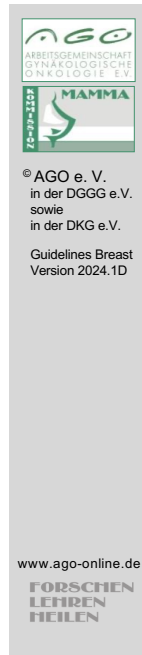
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Cryoconservation of oocytes after ovarian stimulation:

1. Luke B, Brown MB, Missmer SA et al.: Assisted reproductive technology use and outcomes among women with a history of cancer. Hum Reprod. 2016 ;31(1):183-9.
2. Oktay K, Turan V, Bedoschi G et al.: Fertility Preservation Success Subsequent to Concurrent Aromatase Inhibitor Treatment and Ovarian Stimulation in Women With Breast Cancer. J Clin Oncol. 2015;33(22):2424–9.
3. Arecco L, Blondeaux E, Bruzzone M, et al.. Safety of fertility preservation techniques before and after anticancer treatments in young women with breast cancer: a systematic review and meta-analysis. Hum Reprod. 2022; 37(5):954-968. doi: 10.1093/humrep/deac035. PMID: 35220429; PMCID: PMC9071231.
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ART after treatment:

1. Arecco L, Blondeaux E, Bruzzone M, et al.. Safety of fertility preservation techniques before and after anticancer treatments in young women with breast cancer: a systematic review and meta-analysis. Hum Reprod. 2022; 37(5):954-968. doi: 10.1093/humrep/deac035. PMID: 35220429; PMCID: PMC9071231.
2. Azim H, Niman S, Patridge A et al. Fertility preservation and assisted reproductive technologies in breast cancer patients interrupting adjuvant endocrine therapy to attempt pregnancy. Results from the positive trial. SABCS 2023



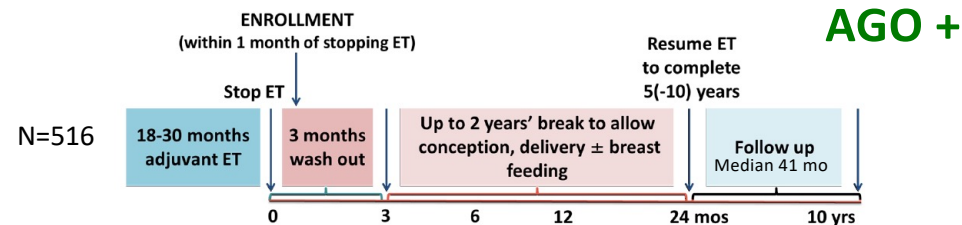
Adjuvante endokrine Therapie bei prämenopausalen Patn. mit Kinderwunsch

**Eine Unterbrechung der endokrinen adjuvanten Therapie (ET)
(für max. 2 Jahre nach einer mindestens 18-monatigen Vortherapie)
ist bei Kinderwunsch ohne kurzfristigen Überlebensnachteil**

AGO +

1. Partridge, A. on behalf of the POSITIVE Consortium: Pregnancy Outcome and Safety of Interrupting Therapy for women with endocrine responsive breast cancer Initial Results from the POSITIVE Trial (IBCSG 48-14 / BIG 8-13 / Alliance A221405), SABCS 2022
2. Barbara Buonomo, B; Brunello, A; Noli, A: Tamoxifen Exposure during Pregnancy: A Systematic Review and Three More Cases. Breast Care 2020;15:148–156
3. Schuurman, TN; 1, P O Witteveen, PO; van der Wall, E: Tamoxifen and pregnancy: an absolute contraindication? Breast Cancer Res Treat 2019 May;175(1):17-25.
4. Braems G, Denys H, De Wever O, Cocquyt V, Van den Broecke R: Use of tamoxifen before and during pregnancy. Oncologist. 2011;16(11):1547-51
5. <https://www.kup.at/kup/pdf/5326.pdf>

Adjuvante endokrine Therapie bei prämenopausalen Patn. mit Kinderwunsch



Untersucht wurden Frauen < 42 Jahre:

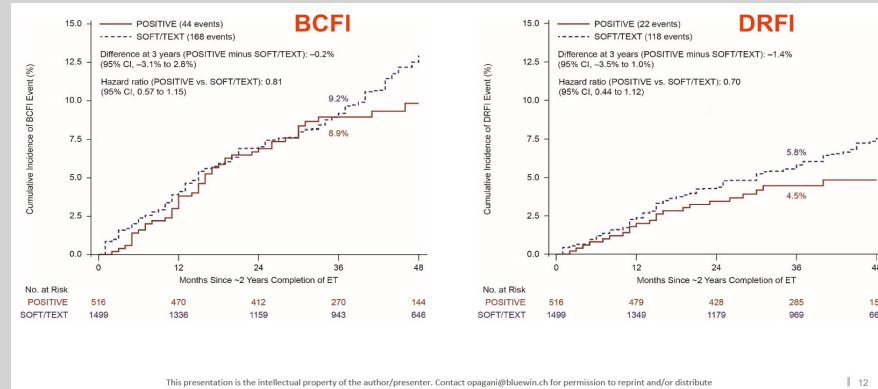
- Outcome: 64 % Lebendgeburten; 62 % der Mütter haben gestillt; 2 % Fehlbildungen
- Zeitlich begrenzte Unterbrechung der endokrinen Therapie zur Realisierung des Kinderwunsch ist ohne prognostische Nachteile (BCFI)
- ET Unterbrechung (max. 2 Jahre nach mind. 18 Monate Vortherapie) bei Kinderwunsch ohne kurzfristigen Überlebensnachteil

1. Braems G, Denys H, De Wever O, Cocquyt V, Van den Broecke R: Use of tamoxifen before and during pregnancy. *Oncologist*. 2011;16(11):1547-51
2. Schuurman, TN; 1, P O Witteveen, PO; van der Wall, E: Tamoxifen and pregnancy: an absolute contraindication? *Breast Cancer Res Treat* 2019 May;175(1):17-25.
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Adjuvant endocrine therapy in premenopausal patients with the desire to get pregnant

Pregnancies outcome: 317 (64% of all women) had at least one live birth, 62% reported breast feeding, 2% showed birth defects

BREAST CANCER OUTCOMES – POSITIVE & SOFT/TEXT



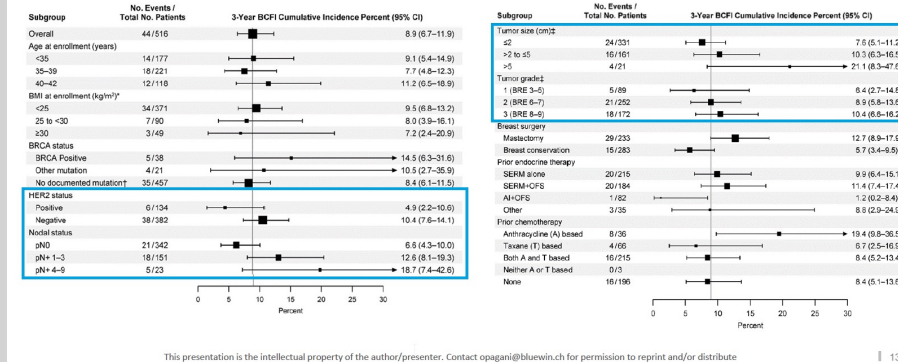
1. Ann Partridge on behalf of the POSITIVE Consortium: **Pregnancy Outcome and Safety of Interrupting Therapy** for women with endocrine responsive breast cancer Initial Results from the **POSITIVE Trial** (IBCSG 48-14 / BIG 8-13 / Alliance A221405), SABCS 2022

Adjuvant endocrine therapy in premenopausal patients with the desire to get pregnant

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Guidelines Breast
Version 2024.1D

3-YEAR BCFI CUMULATIVE INCIDENCE – POSITIVE only

- 3-year BCFI varied according to clinical-pathological characteristics



- Ann Partridge on behalf of the POSITIVE Consortium: **Pregnancy Outcome and Safety of Interrupting Therapy for women with endocrine responsive breast cancer Initial Results from the POSITIVE Trial (IBCSG 48-14 / BIG 8-13 / Alliance A221405), SABCs 2022**

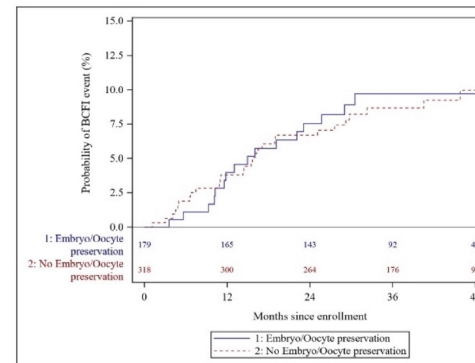
Adjuvant endocrine therapy in premenopausal patients with the desire to get pregnant

Ovarian stimulation and breast cancer outcome – results from the POSITIVE trial

1) As part of embryo/oocyte cryopreservation - after BC diagnosis

At 3-years, BCFI-events cumulative incidence

- **9.7%** (95% CI: 6.0% to 15.4%) for the 179 patients who underwent ovarian stimulation
- **8.7%** (95% CI: 6.0% to 12.5%) for the 318 patients who did not



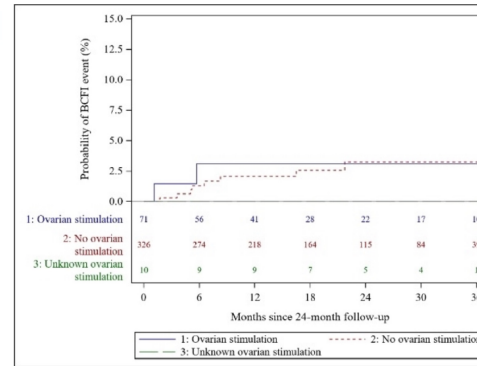
1. Azim H, Niman S, Patridge A, et al. Fertility preservation and assisted reproductive technologies (ART) in breast cancer (BC) patients (pts) interrupting endocrine therapy (ET) to attempt pregnancy. SABCS 2023, GS02-11

Adjuvant endocrine therapy in premenopausal patients with the desire to get pregnant

Ovarian stimulation and breast cancer outcome – results from the POSITIVE trial

2) As part of ART - after enrollment

- **397 patients alive and BC free at 24-months (landmark analysis)**
 - 2 BC events amongst 71 patients in the ovarian stimulation group
 - 8 BC events amongst 326 patients in the non-ovarian stimulation group



1. Azim H, Niman S, Patridge A, et al. Fertility preservation and assisted reproductive technologies (ART) in breast cancer (BC) patients (pts) interrupting endocrine therapy (ET) to attempt pregnancy. SABCS 2023, GS02-11