



© AGO e. V.
in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

FORSCHEN
LEHREN
HEILEN

Diagnosis and Treatment of Patients with early and advanced Breast Cancer

Endocrine-based and targeted Therapy of Metastatic Breast Cancer



© AGO e. V.
in der DGGG e.V.
sowie
in der DKG e.V.
Guidelines Breast
Version 2021.1E

www.ago-online.de

FORSCHEN
LEHREN
HEILEN

Endocrine Therapy of Metastatic Breast Cancer

- **Versions 2002–2020:**

**Albert / Bischoff / Dall / Fasching / Fersis / Friedrich / Gerber /
Hoover / Janni / Jonat / Kaufmann / Kolberg-Liedtke / Loibl /
Lüftner / Lück / von Minckwitz / Möbus / Müller / Mundhenke /
Nitz / Schmidt / Schneeweiß / Schütz / Stickeler / Thill / Untch**

- **Version 2021:**

Gerber / Wöckel

Endocrine Therapy in Metastatic Breast Cancer

Indication

Oxford LoE: 1a

GR: A

AGO: ++


Endocrine-based therapy is first line treatment in patients with metastatic breast cancer and positive (or unknown) hormone receptor (HR) status.

Exception: imminent organ failure

Caveat: HR may change during the course of disease.

Histology of recurrent site should be obtained whenever possible

1. Wilcken N, Hornbuckle J, Gherzi D. Chemotherapy alone versus endocrine therapy alone for metastatic breast cancer. Cochrane Database Syst Rev. 2003;(2):CD002747.
2. Gibson L, Lawrence D, Dawson C, et al. Aromatase inhibitors for treatment of advanced breast cancer in postmenopausal women. Cochrane Database Syst Rev. 2009 ;(4):CD003370. doi: 10.1002/14651858.CD003370.pub3.
3. Lee CI, Goodwin A, Wilcken N. Fulvestrant for hormone-sensitive metastatic breast cancer. Cochrane Database Syst Rev. 2017;1:CD011093. doi:10.1002/14651858.CD011093.pub2.
4. Cardoso F, Senkus E, Costa A, et al. 4th ESO-ESMO International Consensus Guidelines for Advanced Breast Cancer (ABC4)†. Ann Oncol. 2018 ;29(8):1634-1657. doi: 10.1093/annonc/mdy192. No abstract available. PMID: 30032243



© AGO e. V.
in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

www.ago-online.de

FORSCHEN
LEBEN
HEILEN

Comparison ER/PR and HER2 Metastasis vs. Primary Tumor (N=5.521)

Meta-analysis based on 39 (mostly retrospective) analyses, exclusively comparing primary tumor and metastasis (no lymph nodes):

Pooled discordance proportions were:

- 19,3% (95% CI 1/4 15.8% to 23.4%) for ER
- 30,9% (95% CI 1/4 26.6% to 35.6%) for PR
- 10,3% (95% CI 1/4 7.8% to 13.6%) for HER2

Pooled proportions of tumors shifting from positive to negative

- 22.5% (95% CI = 16.4% to 30.0%) for ER
- 49.4% (95% CI = 40.5% to 58.2%) for PR
- 21.3% (95% CI = 14.3% to 30.5%) for HER2

Pooled proportions of tumors shifting from negative to positive

- 21.5% (95% CI = 18.1% to 25.5%) for ER
- 15.9% (95% CI = 11.3% to 22.0%) for PR
- 9.5% (95% CI = 7.4% to 12.1%) for HER2

Meta-analysis:

1. Schrijver WAME, Suijkerbuijk KPM, van Gils CH, et al. Receptor Conversion in Distant Breast Cancer Metastases: A Systematic Review and Meta-analysis. J Natl Cancer Inst. 2018 Jun 1;110(6):568-580. doi: 10.1093/jnci/djx273. PMID: 29315431

Endocrine Therapy General Considerations

- In all lines of treatment, treatment options should consider prior endocrine therapies, age, and comorbidities as well as the respective approval status.
- Premenopausal patients receiving GnRH analogues or after ovariectomy can be treated like postmenopausal patients.

1. Partridge AH, et al. Chemotherapy and targeted therapy for women with human epidermal growth factor receptor 2-negative (or unknown) advanced breast cancer: American Society of Clinical Oncology Clinical Practice Guideline. J Clin Oncol. 2014;32(29):3307-29.
2. Rugo HS, et al. Endocrine Therapy for Hormone Receptor-Positive Metastatic Breast Cancer: American Society of Clinical Oncology Guideline. J Clin Oncol 2016;34(25):3069-103.

Metastatic Breast Cancer Endocrine Resistance

Primary endocrine resistance:

- Relapse within 2 years of adjuvant endocrine treatment (ET)
- Progressive disease within first 6 months of first-line ET for MBC

Secondary (required) endocrine resistance:

- Relapse while on adjuvant ET but after the first 2 years or a relapse within 12 months after completing adjuvant ET
- PD \geq 6 months after initiation of ET for MBC

International consensus

1. Cardoso F, Senkus E, Costa, A et al. 4th ESO-ESMO International Consensus Guidelines for Advanced Breast Cancer (ABC 4). Ann Oncol. 2018;29(8):1634-1657

Endocrine Therapy in Premenopausal Patients with HER2-Negative Metastatic Breast Cancer

	Oxford		
	LoE	GR	AGO
▪ GnRHa + Fulvestrant + CDK4/6i	2b	B	++
▪ GnRHa + AI + Ribociclib	1b	B	++
▪ GnRHa + AI + Palbociclib / Abemaciclib	3b ^a /5	C	+
▪ GnRHa + Tamoxifen + Palbociclib / Abemaciclib	2b	B	+/-
▪ GnRHa + Tamoxifen	1a	A	+
▪ Ovarian Function Suppression(OFS)	2b	B	+
▪ Tamoxifen	2b	B	+/-
▪ GnRHa + AI (first + second line)	2b	B	+
▪ GnRHa + Fulvestrant	1b	B	+
▪ Aromataseinhibitoren without OFS	3	D	--

GnRHa plus fulvestrant plus palbociclib

1. Turner N et al. Palbociclib in Hormone-Receptor-Positive Advanced Breast Cancer. N Engl J Med 2015; 373:209-219
2. Loibl S, et al. Palbociclib Combined with Fulvestrant in Premenopausal Women with Advanced Breast Cancer and Prior Progression on Endocrine Therapy: PALOMA-3 Results. Oncologist. 2017;22(9):1028-1038.
3. Finn RS et al: Treatment effect of palbociclib plus endocrine therapy by prognostic and intrinsic subtype and biomarker analysis in patients with bone-only disease: a joint analysis of PALOMA-2 and PALOMA-3 clinical trials Breast Cancer Res Treat . 2020 Nov;184(1):23-35. doi: 10.1007/s10549-020-05782-4. Epub 2020 Aug 11.

GnRHa plus AI plus palbociclib

1. Layman RM et al. Comparative effectiveness of palbociclib plus letrozole vs. letrozole for metastatic breast cancer in US-real world clinical practises, ESMO 2019, #329P

GnRHa plus AI/Tamoxifen plus ribociclib

1. Tripathy D et al. First-line ribociclib vs placebo with goserelin and tamoxifen or a non-steroidal aromatase inhibitor in premenopausal women with hormone receptor-positive, HER2-negative advanced breast cancer: Results from the randomized phase III MONALEESA-7 trial. SABCS 2017, GS-2

2. Im SA, Lu YS, Bardia A, et al. Overall Survival with Ribociclib plus Endocrine Therapy in Breast Cancer. N Engl J Med. 2019 Jul 25;381(4):307-316. doi: 10.1056/NEJMoa1903765. PMID:31166679

GnRH plus Fulvestrant + Abemaciclib

1. Sledge GW Jr, Toi M, Neven P, et al. The Effect of Abemaciclib Plus Fulvestrant on Overall Survival in Hormone Receptor-Positive, ERBB2-Negative Breast Cancer That Progressed on Endocrine Therapy-MONARCH 2: A Randomized Clinical Trial. JAMA Oncol. 2019 Sep 29. doi: 10.1001/jamaoncol.2019.4782. [Epub ahead of print] PMID:31563959

GnRHa plus tamoxifen (vs. OFS or tam)

1. Klijn JG, Blamey RW, Boccardo F, et al. Combined tamoxifen and luteinizing hormone-releasing hormone (LHRH) agonist versus LHRH agonist alone in premenopausal advanced breast cancer: a meta-analysis of four randomized trials. J Clin Oncol. 2001;19(2):343-53.
2. Rugo HS, et al. Endocrine Therapy for Hormone Receptor-Positive Metastatic Breast Cancer: American Society of Clinical Oncology Guideline. J Clin Oncol. 2016 ;34(25):3069-103.

Ovarian function suppression (OFS), tamoxifen

1. Taylor CW, Green S, Dalton WS, et al: Multicenter randomized clinical trial of goserelin versus surgical ovariectomy in premenopausal patients with receptor-positive metastatic breast cancer: an intergroup study. J Clin Oncol 1998;16:994-999.
2. Osborne CK: Tamoxifen in the treatment of breast cancer. N Engl J Med 1998;339
3. Crump M, Sawka CA, DeBoer G, et al: An individual patient-based meta-analysis of tamoxifen versus ovarian ablation as first line endocrine therapy for premenopausal women with metastatic breast cancer. Breast Cancer Res Treat 1997;44:201-210.

GnRHa plus AI (first or second line)

1. Forward DP, Cheung KL, Jackson L, et al. Clinical and endocrine data for goserelin plus anastrozole as second-line endocrine therapy for premenopausal advanced breast cancer. Br J Cancer. 2004 ;90(3):590-4.
2. Park IH, Ro J, Lee KS, et al. Phase II parallel group study showing comparable efficacy between premenopausal metastatic breast cancer patients treated with letrozole plus goserelin and postmenopausal patients treated with letrozole alone as first-line hormone therapy. J Clin Oncol. 2010;28(16):2705-11.
3. Carlson RW, et al. Phase II trial of anastrozole plus goserelin in the treatment of hormone receptor-positive, metastatic carcinoma of

the breast in premenopausal women. J Clin Oncol. 2010;28(25):3917-21.

GnRHa plus fulvestrant

1. Bartsch R, Bago-Horvath Z, et al. Ovarian function suppression and fulvestrant as endocrine therapy in premenopausal women with metastatic breast cancer. European Journal of Cancer 48: 1932–1938, 2012.
2. Turner M et al. Palbociclib in Hormone-Receptor–Positive Advanced Breast Cancer. N Engl J Med 2015; 373:209-219
3. Loibl S, et al. Palbociclib Combined with Fulvestrant in Premenopausal Women with Advanced Breast Cancer and Prior Progression on Endocrine Therapy: PALOMA-3 Results. Oncologist. 2017;22(9):1028-1038.



© AGO e. V.
in der DGGG e.V.
sowie
in der DKG e.V.
Guidelines Breast
Version 2021.1E

www.ago-online.de

FORSCHEN
LEHREN
HEILEN

Endocrine Mono-Therapy in Postmenopausal Patients with HER2-Negative Metastatic Breast Cancer

- **Fulvestrant 500 mg**
- **Aromatase inhibitor***
- **Tamoxifen**
- **Fulvestrant 250 mg + Anastrozole**
- **Repeat prior treatments**

Oxford		
LoE	GR	AGO
1b	B	+
1a	A	+
1a	A	+
1b	B	+/-
5	D	+/-

* There is no evidence for superiority of any specific aromatase inhibitor. As everolimus plus exemestane is indicated after AI treatment, a non-steroidal AI should be used in first line.

Fulvestrant 500 mg (vs. anastrozole)

1. Ellis MJ, et al. Fulvestrant 500 mg Versus Anastrozole 1 mg for the First-Line Treatment of Advanced Breast Cancer: Overall Survival Analysis From the Phase II FIRST Study. J Clin Oncol. 2015;33(32):3781-7
2. Robertson JF, et al. Fulvestrant 500 mg versus anastrozole 1 mg for hormone receptor-positive advanced breast cancer (FALCON): an international, randomised, double-blind, phase 3 trial. Lancet. 2016 ;388(10063):2997-3005.

Fulvestrant 500 mg >> 250 mg

1. Di Leo A, et al. Final overall survival: fulvestrant 500 mg vs 250 mg in the randomized CONFIRM trial. J Natl Cancer Inst. 2014;106(1):djt337.

Aromatase inhibitors (3rd generation)*

1. Bonnetterre J, et al: Anastrozole versus Tamoxifen as First-Line Therapy for Advanced Breast Cancer in 668 Postmenopausal Women: Results of the Tamoxifen or Arimidex Randomized Group Efficacy and tolerability Study. J Clin Oncol 2000;18:3748-3757
2. Thürlimann B, et al: Anastrozole (Arimidex) versus tamoxifen as first-line therapy in postmenopausal women with advanced breast cancer: results of the double-blind cross-over SAKK trial 21/95 – a substudy of the TARGET (Tamoxifen or Arimidex Randomized Group Efficacy and Tolerability) trial. Breast Cancer Res Treat 2004;85:247-254

Aromatase inhibitors (3rd generation) (>non-AI)

1. Bonnetterre, J, et al. Anastrozole is superior to tamoxifen as first-line therapy in hormone receptor positive advanced breast carcinoma Cancer 2001 92
2. Mouridsen, H, et al, Phase III study of letrozole versus tamoxifen as first-line therapy of advanced breast cancer in postmenopausal women: analysis of survival and update of efficacy from the International Letrozole Breast Cancer Group Journal of Clinical Oncology. J Clin Oncol. 2003;21(11):2101-9.
3. Paridaens R, et al; European Organization for the Research and Treatment of Cancer (EORTC)- Investigational Drug Branch for Breast Cancer (IDBBC). Mature results of a randomized phase II multicenter study of exemestane versus tamoxifen as first-line hormone therapy for postmenopausal women with metastatic breast cancer. Ann Oncol. 2003 Sep;14(9):1391-8.
4. Gibson L, Lawrence D, Dawson C, et al. Aromatase inhibitors for treatment of advanced breast cancer in postmenopausal women. Cochrane Database Syst Rev. 2009;(4):CD003370.
5. Xu HB, Liu YJ, Li L. Aromatase inhibitor versus tamoxifen in postmenopausal woman with advanced breast cancer: a literature-based meta-analysis. Clin Breast Cancer. 2011;11(4):246-51.
6. Rugo HS, et al. Endocrine Therapy for Hormone Receptor-Positive Metastatic Breast Cancer: American Society of Clinical Oncology Guideline. J Clin Oncol. 2016 ;34(25):3069-103.
7. Sini V, et al. Endocrine therapy in post-menopausal women with metastatic breast cancer: From literature and guidelines to clinical practice. Crit Rev Oncol Hematol. 2016;100:57-68.

Estrogentherapie nach Aromatase inhibitors / fortgeschrittene MaCa

1. Schmidt, M et al: Tumor suppression, dose-limiting toxicity and wellbeing with the fetal estrogen estetrol in patients with advanced breast cancer. Journal of Cancer Research and Clinical Oncology <https://doi.org/10.1007/s00432-020-03472-8>
2. Ellis MJ et al: Lower-dose vs high-dose oral estradiol therapy of hormone receptor-positive, aromatase inhibitor-resistant advanced breast cancer: a phase 2 randomized study. JAMA . 2009 Aug 19;302(7):774-80. doi: 10.1001/jama.2009.1204.

Endocrine-Based Treatment Options for Postmenopausal Patients with HER2-Negative Metastatic Breast Cancer

	Oxford		
	LoE	GR	AGO
▪ CDK4/6-Inhibitor (Abemaciclib, Palbociclib, Ribociclib)			
▪ + non-steroidal AI	1b	B	++
▪ + Fulvestrant	1b	B	++
▪ Abemaciclib monotherapy	3	C	+/-
▪ Alpelisib + Fulvestrant (PIK3CA mutated)	1b	B	+
▪ Everolimus			
▪ + Exemestane	1b	A	+
▪ + Tamoxifen	2b	B	+
▪ + Letrozole	2b	B	+/-
▪ + Fulvestrant	2b ^a	B	+
▪ CDK4/6-Inhibitor beyond progression	5	D	-
▪ CDK4/6-Inhibitor switch based on toxicity	5	D	+/-

CDK4/6 metaanalysis

1. Gao JJ, Cheng J, Bloomquist E, et al. CDK4/6 inhibitor treatment for patients with hormone receptor-positive, HER2-negative, advanced or metastatic breast cancer: a US Food and Drug Administration pooled analysis. *Lancet Oncol*. 2019 Dec 16. pii: S1470-2045(19)30804-6. doi: 10.1016/S1470-2045(19)30804-6. [Epub ahead of print] PMID: 31859246
2. Wang L, Gao S, Li D, et al. CDK4/6 inhibitors plus endocrine therapy improve overall survival in advanced HR+/HER2- breast cancer: A meta-analysis of randomized controlled trials. *Breast J*. 2019 Dec 11. doi: 10.1111/tbj.13703. [Epub ahead of print] No abstract available. PMID: 31828901

CDK4/6 inhibitor management

1. Schmidt M. et al. Management of adverse events during cyclin-dependent kinase 4/6 (CDK4/6) inhibitor-based treatment in breast cancer. *Ther Adv Med Oncol*. 2018 Sep 3;10:1758835918793326. doi: 10.1177/1758835918793326. eCollection 2018. Review. Erratum in: *Ther Adv Med Oncol*. 2018 Dec 03;10:1758835918810116. PMID: 30202447
2. Ellis MJ et al. Lower-dose vs high-dose oral estradiol therapy of hormone receptor-positive, aromatase inhibitor-resistant advanced breast cancer: a phase 2 randomized study. Gao F, Dehdashti F, Jeffe DB, Marcom PK, Carey LA, Dickler MN, Silverman P, Fleming GF, Kommareddy A, Jamalabadi-Majidi S, Crowder R, Siegel BA. *JAMA*. 2009 Aug 19;302(7):774-80. doi: 10.1001/jama.2009.1204.

Letrozole and palbociclib (vs. letrozole alone)

1. Finn RS, et al. Palbociclib and Letrozole in Advanced Breast Cancer. *N Engl J Med*. 2016;375(20):1925-1936.
2. Finn RS, et al. The cyclin-dependent kinase 4/6 inhibitor palbociclib in combination with letrozole versus letrozole alone as first-line treatment of oestrogen receptor-positive, HER2-negative, advanced breast cancer (PALOMA-1/TRIO-18): a randomised phase 2 study. *Lancet Oncol* 2015;16(1):25-35.
3. Im SA, Mukai H, Park IH, et al. Palbociclib Plus Letrozole as First-Line Therapy in Postmenopausal Asian Women With Metastatic Breast Cancer: Results From the Phase III, Randomized PALOMA-2 Study. *J Glob Oncol*. 2019 May;5:1-19. doi: 10.1200/JGO.18.00173. PMID:31125276
4. Rugo HS, Finn RS, Diéras V, et al. Palbociclib plus letrozole as first-line therapy in estrogen receptor-positive/human epidermal growth factor receptor 2-negative advanced breast cancer with extended follow-up. *Breast Cancer Res Treat*. 2019 Apr;174(3):719-729. doi: 10.1007/s10549-018-05125-4. PMID:30632023

Fulvestrant 500 mg plus Palbociclib (vs. Fulvestrant alone)

1. Turner NC, Ro J, André F, et al; PALOMA3 Study Group. Palbociclib in Hormone-Receptor-Positive Advanced Breast Cancer. *N Engl J Med*. 2015 Jul 16;373(3):209-19.
2. Turner NC et al. Overall Survival with Palbociclib and Fulvestrant in Advanced Breast Cancer *N Engl J Med* 2018; 379:1926-1936 DOI: 10.1056/NEJMoa1810527

Letrozol plus Ribociclib

1. Hortobagyi GN, et al. Ribociclib as First-Line Therapy for HR-Positive, Advanced Breast Cancer. *N Engl J Med*. 2016;375(18):1738-1748.
2. Yardley DA, Hart L, Favret A, et al. Efficacy and Safety of Ribociclib With Letrozole in US Patients Enrolled in the MONALEESA-2 Study. *Clin Breast Cancer*. 2019 Aug;19(4):268-277.e1. doi: 10.1016/j.clbc.2019.02.007.

Fulvestrant plus Ribociclib

1. Slamon DJ, Neven P, Chia S, et al. Phase III Randomized Study of Ribociclib and Fulvestrant in Hormone Receptor-Positive, Human Epidermal Growth Factor Receptor 2-Negative Advanced Breast Cancer: MONALEESA-3. *J Clin Oncol*. 2018 Aug 20;36(24):2465-2472.

doi: 10.1200/JCO.2018.78.9909. PMID:29860922

2. Slamon DJ, Neven P, Chia S, et al. Overall Survival with Ribociclib plus Fulvestrant in Advanced Breast Cancer. N Engl J Med. 2019 Dec 11. doi: 10.1056/NEJMoa1911149. [Epub ahead of print]

Fulvestrant plus Abemaciclib

1. Sledge GW Jr, et al. MONARCH 2: Abemaciclib in Combination With Fulvestrant in Women With HR+/HER2- Advanced Breast Cancer Who Had Progressed While Receiving Endocrine Therapy. J Clin Oncol. 2017;35(25):2875-2884.
2. Sledge GW Jr, Toi M, Neven P, et al. The Effect of Abemaciclib Plus Fulvestrant on Overall Survival in Hormone Receptor-Positive, ERBB2-Negative Breast Cancer That Progressed on Endocrine Therapy-MONARCH 2: A Randomized Clinical Trial. JAMA Oncol. 2019 Sep 29. doi: 10.1001/jamaoncol.2019.4782. [Epub ahead of print] PMID:31563959

Non-steroidal AI plus Abemaciclib

1. Goetz MP, et al. MONARCH 3: Abemaciclib As Initial Therapy for Advanced Breast Cancer. J Clin Oncol. 2017 ;35(32):3638-3646.
2. Johnston S, Martin M, Di Leo A, et al. MONARCH 3 final PFS: a randomized study of abemaciclib as initial therapy for advanced breast cancer. NPJ Breast Cancer. 2019 Jan 17;5:5. doi: 10.1038/s41523-018-0097-z. eCollection 2019. PMID:30675515

CDK4/6i metaanalysis

1. Petrelli F, Ghidini A, Pedersini R, et al. Comparative efficacy of palbociclib, ribociclib and abemaciclib for ER+ metastatic breast cancer: an adjusted indirect analysis of randomized controlled trials. Breast Cancer Res Treat. 2019 Apr;174(3):597-604. doi: 10.1007/s10549-019-05133-y. PMID:30659432
2. Rossi V, Berchialla P, Giannarelli D, et al. Should All Patients With HR-Positive HER2-Negative Metastatic Breast Cancer Receive CDK 4/6 Inhibitor As First-Line Based Therapy? A Network Meta-Analysis of Data from the PALOMA 2, MONALEESA 2, MONALEESA 7, MONARCH 3, FALCON, SWOG and FACT Trials. Cancers (Basel). 2019 Oct 26;11(11). pii: E1661. doi: 10.3390/cancers11111661.

CDK4/6i after CDK4/6i

1. Wander SA, Zangardi M, Niemierko A et al. A multicenter analysis of abemaciclib after progression on palbociclib in patients (pts) with hormone receptor-positive (HR+)/HER2- metastatic breast cancer (MBC). DOI: 10.1200/JCO.2019.37.15_suppl.1057, JCO 37

Exemestane and everolimus (vs. exemestane alone)

1. Baselga J, Campone M et al. Everolimus in postmenopausal hormone-receptor-positive advanced breast cancer. N Engl J Med.;366(6):520-9. 2012
2. Jerusalem G, et al. Safety of everolimus plus exemestane in patients with hormone-receptor-positive, HER2-negative locally advanced or metastatic breast cancer progressing on prior non-steroidal aromatase inhibitors: primary results of a phase IIIb, open-label, single-arm, expanded-access multicenter trial (BALLET). Ann Oncol. 2016;27(9):1719-25

Tamoxifen and everolimus

1. Bachelot T, et al. Randomized Phase II Trial of Everolimus in Combination With Tamoxifen in Patients With Hormone Receptor-Positive, Human Epidermal Growth Factor Receptor 2-Negative Metastatic Breast Cancer With Prior Exposure to Aromatase Inhibitors: A GINECO Study. J Clin Oncol 2012; 30: 2718-2724.

Fulvestrant and everolimus

1. Kornblum NS, et al. PrECOG 0102: A randomized, double-blind, phase II trial of fulvestrant plus everolimus or placebo in postmenopausal women with hormone receptor (HR)-positive, HER2-negative metastatic breast cancer (MBC) resistant to aromatase inhibitor (AI) therapy. SABCs 2016,#S1-02

Letrozole and everolimus

1. Gradishar WJ, et al. BOLERO-4: Multicenter, open-label, phase II study of everolimus plus letrozole as first-line therapy in ER+, HER2-metastatic breast cancer. J Clin Oncol 31, 2013 (suppl; abstr TPS661)

Abemaciclib Monotherapy

1. Dickler MN, et al. MONARCH 1, A Phase II Study of Abemaciclib, a CDK4 and CDK6 Inhibitor, as a Single Agent, in Patients with Refractory HR⁺/HER2⁻ Metastatic Breast Cancer. Clin Cancer Res. 2017;23(17):5218-5224.

Endocrine Therapy in Postmenopausal HER2-Negative Metastatic Breast Cancer in Combination with Bevacizumab

	Oxford		
	LoE	GR	AGO
▪ Maintenance bevacizumab plus endocrine therapy after remission with chemotherapy and bevacizumab	1b	B	+/-
▪ Bevacizumab plus endocrine treatment as first line therapy for advanced disease	1b	B	+/-

Maintenance of bevacizumab plus endocrine therapy

1. Tredan O, et al. A phase III trial of exemestane plus bevacizumab maintenance therapy in patients with metastatic breast cancer after first-line taxane and bevacizumab: a GINECO group study. Ann Oncol 2016; 27(6):1020–1029.

Bevacizumab plus endocrine treatment as first line

1. Martín M, Loibl S, et al. Bevacizumab plus endocrine treatment as first line therapy for advanced disease Phase III trial evaluating the addition of bevacizumab to endocrine therapy as first-line treatment for advanced breast cancer: the letrozole/fulvestrant and avastin (LEA) study. J Clin Oncol. 2015 ;33(9):1045-52.
2. Dickler MN, et al. Phase III Trial Evaluating Letrozole As First-Line Endocrine Therapy With or Without Bevacizumab for the Treatment of Postmenopausal Women With Hormone Receptor-Positive Advanced-Stage Breast Cancer: CALGB 40503 (Alliance). J Clin Oncol. 2016;34(22):2602-9.

PARP Inhibitors in Patients with HER2-negative, gBRCA-Mutant, Metastatic Breast Cancer

■ Olaparib

Oxford		
LoE	GR	AGO
1b	A	++

■ Talazoparib

Oxford		
LoE	GR	AGO
1b	B	++

Olaparib

1. Robson M, et al. Olaparib for Metastatic Breast Cancer in Patients with a Germline BRCA Mutation. N Engl J Med. 2017;377(6):523-533.
2. Robson ME, Tung N, Conte P, et al. OlympiAD final overall survival and tolerability results: Olaparib versus chemotherapy treatment of physician's choice in patients with a germline BRCA mutation and HER2-negative metastatic breast cancer. Ann Oncol. 2019 Apr 1;30(4):558-566. doi: 10.1093/annonc/mdz012. PMID:30689707
3. Robson M, Ruddy KJ, Im SA, et al. Patient-reported outcomes in patients with a germline BRCA mutation and HER2-negative metastatic breast cancer receiving olaparib versus chemotherapy in the OlympiAD trial. Eur J Cancer. 2019 Oct;120:20-30. doi: 10.1016/j.ejca.2019.06.023. PMID:31446213

Talazoparib

1. Litton J. et al. Talazoparib in Patients with Advanced Breast Cancer and a Germline BRCA Mutation. N Engl J Med 2018; 379:753-763 DOI: 10.1056/NEJMoa1802905
2. Turner NC, Telli ML, Rugo HS, et al.; ABRAZO Study Group. A Phase II Study of Talazoparib after Platinum or Cytotoxic Nonplatinum Regimens in Patients with Advanced Breast Cancer and Germline *BRCA1/2* Mutations (ABRAZO). Clin Cancer Res. 2019 May

1;25(9):2717-2724. doi: 10.1158/1078-0432.CCR-18-1891. PMID:30563931

3. Ettl J, Quek RGW, Lee KH, et al., Quality of life with talazoparib versus physician's choice of chemotherapy in patients with advanced breast cancer and germline BRCA1/2 mutation: patient-reported outcomes from the EMBRACA phase III trial. *Ann Oncol*. 2018 Sep 1;29(9):1939-1947. doi: 10.1093/annonc/mdy257. PMID:30124753
4. Hurvitz SA, Gonçalves A, Rugo HS, et al., Talazoparib in Patients with a Germline *BRCA*-Mutated Advanced Breast Cancer: Detailed Safety Analyses from the Phase III EMBRACA Trial. *Oncologist*. 2019 Nov 25. pii: theoncologist.2019-0493. doi: 10.1634/theoncologist.2019-0493. [Epub ahead of print] PMID:31767793



© AGO e. V.
in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

FORSCHEN
LEHREN
HEILEN

Diagnosis and Treatment of Patients with early and advanced Breast Cancer

HER2-Positive and HR-Positive Metastatic Breast Cancer

Endocrine Therapy in Postmenopausal HER2-Positive Metastatic Breast Cancer Patients

	Oxford		
	LoE	GR	AGO
▪ Anastrozole + trastuzumab	1b	B	+/-
▪ Letrozole + trastuzumab	2b	B	+/-
▪ Letrozole + lapatinib	1b	B	+/-
▪ Fulvestrant + lapatinib	1b	B	+/-
▪ Abemaciclib + fulvestrant + trastuzumab (after T-DM1)	2b^a	B	+/-
▪ Aromatase inhibitors + trastuzumab / pertuzumab*	2b	B	+/-

Poor efficacy of endocrine therapy alone.

Consider induction chemotherapy + anti-HER2-therapy (followed by endocrine + anti-HER2-therapy as maintenance therapy)!

* Study participation recommended

Anastrozole and trastuzumab

1. Kaufman B, et al. Trastuzumab plus anastrozole versus anastrozole alone for the treatment of postmenopausal women with human epidermal growth factor receptor 2-positive, hormone receptor-positive metastatic breast cancer: results from the randomized phase III TAnDEM study. J Clin Oncol. 2009 Nov 20;27(33):5529-37.
2. Giordano SH, et al. American Society of Clinical Oncology. Systemic therapy for patients with advanced human epidermal growth factor receptor 2-positive breast cancer: American Society of Clinical Oncology clinical practice guideline. J Clin Oncol. 2014 Jul 1;32(19):2078-99.
3. Riemsma R, et al. Systematic review of lapatinib in combination with letrozole compared with other first-line treatments for hormone receptor positive (HR+) and HER2+ advanced or metastatic breast cancer (MBC). Curr Med Res Opin. 2012 Aug;28(8):1263-79.

Letrozole and trastuzumab

1. Huober J, et al. Higher efficacy of letrozole in combination with trastuzumab compared to letrozole monotherapy as first-line treatment in patients with HER2-positive, hormone-receptor-positive metastatic breast cancer - results of the eLECTRA trial. Breast. 2012 ;21(1):27-33.
2. Giordano SH, et al. American Society of Clinical Oncology. Systemic therapy for patients with advanced human epidermal growth factor receptor 2-positive breast cancer: American Society of Clinical Oncology clinical practice guideline. J Clin Oncol. 2014 Jul

1;32(19):2078-99.

3. Riemsma R, et al. Systematic review of lapatinib in combination with letrozole compared with other first-line treatments for hormone receptor positive(HR+) and HER2+ advanced or metastatic breast cancer(MBC). Curr Med Res Opin. 2012 Aug;28(8):1263-79.

Letrozole and lapatinib

1. Johnston S, Pippen J Jr, Pivot X, et al. Lapatinib combined with letrozole versus letrozole and placebo as first-line therapy for postmenopausal hormone receptor-positive metastatic breast cancer. J Clin Oncol. 2009 Nov 20;27(33):5538-46.
2. Riemsma R, Forbes CA, Amonkar MM, et al. Systematic review of lapatinib in combination with letrozole compared with other first-line treatments for hormone receptor positive(HR+) and HER2+ advanced or metastatic breast cancer(MBC). Curr Med Res Opin. 2012 Aug;28(8):1263-79.
3. Grassadonia A, Caporale M, Tinari N, et al. Effect of targeted agents on the endocrine response of breast cancer in the neoadjuvant setting: a systematic review. J Cancer. 2015 May 12;6(6):575-82.
4. Giordano SH, Temin S, Kirshner JJ, et al; American Society of Clinical Oncology. Systemic therapy for patients with advanced human epidermal growth factor receptor 2-positive breast cancer: American Society of Clinical Oncology clinical practice guideline. J Clin Oncol. 2014 Jul 1;32(19):2078-99.

Fulvestrant and lapatinib

1. Burstein HJ, Cirincione CT, Barry WT et al: Endocrine Therapy With or Without Inhibition of Epidermal Growth Factor Receptor and Human Epidermal Growth Factor Receptor 2: A Randomized, Double-Blind, Placebo-Controlled Phase III Trial of Fulvestrant With or Without Lapatinib for Postmenopausal Women With Hormone Receptor-Positive Advanced Breast Cancer-CALGB 40302 (Alliance). J Clin Oncol 32:3959-3966 (2014)

AI and trastuzumab/pertuzumab

1. Rimawi M, Ferrero JM, de la Haba-Rodriguez J, et al.; PERTAIN Study Group. First-Line Trastuzumab Plus an Aromatase Inhibitor, With or Without Pertuzumab, in Human Epidermal Growth Factor Receptor 2-Positive and Hormone Receptor-Positive Metastatic or Locally Advanced Breast Cancer (PERTAIN): A Randomized, Open-Label Phase II Trial. J Clin Oncol. 2018 Oct 1;36(28):2826-2835. doi: 10.1200/JCO.2017.76.7863. PMID:30106636

Abemaciclib plus Fulvestrant plus Trastuzumab

1. Tolaney S, Wardley AM, Zambelli S et al., monarchHER: A randomized Phase 2 study of abemaciclib plus trastuzumab with or without fulvestrant versus trastuzumab plus standard-of-care chemotherapy in women with HR+, HER2+ advanced breast cancer (ABC). Ann Oncol 2019, 30 (suppl_5): v851-v934. 10.1093/annonc/mdz394

Concomitant or Sequential Endocrine-Cytostatic Treatment

	Oxford		
	LoE	GR	AGO
<ul style="list-style-type: none"> Concomitant endocrine-cytotoxic treatment <ul style="list-style-type: none"> May increase response rate and progression free interval but not overall survival May increase toxicity 	1b	A	-
<ul style="list-style-type: none"> Endocrine maintenance therapy after chemotherapy +/- anti-HER2 therapy-induced response +/- anti HER2 therapy <ul style="list-style-type: none"> Increases progression-free interval 	2b	B	+

Concomitant endocrine-cytotoxic treatment

1. Sledge GW, Hu P, Falkson G, et al. Comparison of chemotherapy with chemohormonal therapy as first-line therapy for metastatic, hormone-sensitive breast cancer: An eastern cooperative oncology group study. J Clin Oncol 18, 262-266, 2000.
2. Partridge AH, Burstein HJ, Winer EP. Side effects of chemotherapy and combined chemohormonal therapy in women with early-stage breast cancer. J Natl Cancer Inst Monogr. 2001;(30):135-42.
3. Boccardo F1, Amoroso D, Rubagotti A, et al. Endocrine therapy of breast cancer. The experience of the Italian Cooperative Group for Chemohormonal Therapy of Early Breast Cancer (GROCTA). Ann N Y Acad Sci. 1993 Nov 30;698:318-29.

Maintenance endocrine therapy after chemotherapy induced response

1. Sutherland S, Miles D, Makris A. Use of maintenance endocrine therapy after chemotherapy in metastatic breast cancer. Eur J Cancer. 2016 Dec;69:216-222.
2. Rossi S, Schinzari G, Basso M, et al. Maintenance hormonal and chemotherapy treatment in metastatic breast cancer: a systematic review. Future Oncol. 2016 May;12(10):1299-307