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Guidelines Breast  
Version 2021.1D

## Diagnostik und Therapie früher und fortgeschritten Mammakarzinome

### Onkoplastische und rekonstruktive Mammachirurgie

EINZELHEIT  
LETTEN  
VIELEN



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## Plastisch-rekonstruktive Aspekte nach Mastektomie

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## Definition der onkoplastischen Operation

**Einsatz plastischer operativer Techniken zum Zeitpunkt der Tumorentfernung, um sichere Resektionsgrenzen zu erreichen und eine ästhetische Brustform zu ermöglichen.**

**Fokus auf günstige Narbenplatzierung, adäquate Weichteilformierung, Wahl des geeigneten Wiederaufbauverfahrens (auch unter der Bedingung einer Radiotherapy) und Rekonstruktion der Gegenseite, um eine Symmetrie zu erreichen.**

1. Bertozzi N, et al. Oncoplastic breast surgery: comprehensive review. 2017; 21(11): 2572-2585.
2. Kuerer H et al. Optimizing breast cancer adjuvant radiation and integration of breast and reconstructive surgery. ASCO Educational Book 2017

The screenshot shows a page titled "Classifications" with a green header bar. On the left, there is a sidebar with the logo of the German Society of Plastic, Reconstructive and Aesthetic Surgery (DGP) and text indicating it is a member of various organizations like DGO, DGK, and DGU. Below this is the URL "www.dgp-online.de". The main content area contains two sections: "1. By Hoffmann/Wallwiener:" and "2. By Clough:". Each section includes a brief description and a reference link. At the bottom right of the main content area, there is a small note: "Hoffmann D et al., BMC 2009; Clough KB et al., Ann Surg Oncol 2010".

## Classifications

**1. By Hoffmann/Wallwiener:**  
Classification by reconstructive surgery complexity with respect to breast conservation and mastectomy: PubMed Central, Figure 1:  
**BMC Cancer.** 2009; 9: 108. Published online 2009 Apr 8.  
doi: 10.1186/1471-2407-9-108 (nih.gov)

**2. By Clough:**  
Oncoplastic classification for breast conservation according to relative resection volume: Level 1: < 20% of breast volume resection ("simple oncoplastic surgery") and Level 2 > 20% of breast volume resection with quadrant per quadrant techniques of mastopexy.

Hoffmann D et al., BMC 2009; Clough KB et al., Ann Surg Oncol 2010

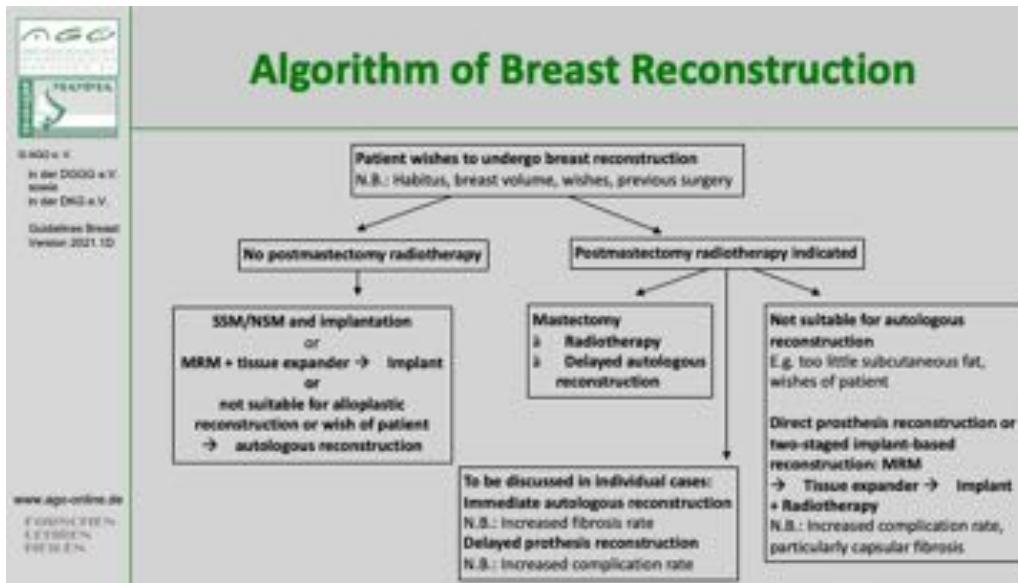
1. Hoffmann D et al Classifying breast cancer surgery: a novel, complexity-based system for oncological, oncoplastic and reconstructive procedures, and proof of principle by analysis of 1225 operations in 1166 patients. *BMC Cancer.* 2009 Apr 8;9:108. doi: 10.1186/1471-2407-9-108.
2. Clough KB et al Improving breast cancer surgery: a classification and quadrant per quadrant atlas for oncoplastic surgery. *Ann Surg Oncol.* 2010 May;17(5):1375-91. doi: 10.1245/s10434-009-0792-y. Epub 2010 Feb 6.
3. Weber WP et al First international consensus conference on standardization of oncoplastic breast conserving surgery. *Breast Cancer Res Treat.* 2017 Aug;165(1):139-149.



## Onkoplastische brusterhaltende Operation (OPS)

	Oxford		
	LoE	GR	AGO
• OPS kann in ausgewählten Fällen eine Mastektomie ersetzen	2b	B	+
• OPS und BEO sind onkologisch gleichwertig	2b	B	+
• Das ästhetische Outcome der OPS ist in ausgewählten Fällen günstiger	2b	B	+
• OPS und BEO Komplikationsraten sind vergleichbar	3b	C	+

1. Gulcelik MA et al Feasibility of level II oncoplastic techniques in the surgical management of locally advanced breast cancer after neoadjuvant treatment. *Int J Clin Pract.* 2021 Jan 6;e13987. doi: 10.1111/ijcp.13987.
2. Kosasih S et al Is oncoplastic breast conserving surgery oncologically safe? A meta-analysis of 18,103 patients. *Am J Surg.* 2020 Aug;220(2):385-392. doi: 10.1016/j.amjsurg.2019.12.019. Epub 2020 Jan 2.
3. Aristokleous I et al Quality of life after oncoplastic breast-conserving surgery: a systematic review. *ANZ J Surg.* 2019 Jun;89(6):639-646. doi: 10.1111/ans.15097. Epub 2019 Apr 12.
4. Mansell J et al Oncoplastic breast conservation surgery is oncologically safe when compared to wide local excision and mastectomy. *Breast.* 2017 Apr;32:179-185. doi: 10.1016/j.breast.2017.02.006. Epub 2017 Feb 17.
5. Piper ML et al Outcomes Following Oncoplastic Reduction Mammoplasty: A Systematic Review. *Ann Plast Surg.* 2016 May;76 Suppl 3:S222-6. doi: 10.1097/SAP.0000000000000720.
6. Wijgman DJ et al Short term safety of oncoplastic breast conserving surgery for larger tumors. *Eur J Surg Oncol.* 2017 Apr;43(4):665-671. doi: 10.1016/j.ejso.2016.11.021. Epub 2016 Dec 18.
7. Crown A et al Oncoplastic Breast-Conserving Surgery Reduces Mastectomy and Postoperative Re-excision Rates. *Ann Surg Oncol.* 2015 Oct;22(10):3363-8. doi: 10.1245/s10434-015-4738-2.



1. El-Sabawi B, et al. Radiation and breast reconstruction: Algorithmic approach and evidence-based outcomes. *J Surg Oncol.* 2016; 113(8):906-12
2. Gerber B, et al. Breast Reconstruction Following Cancer Treatment. *Dtsch Arztebl Int.* 2015; 112(35-36):593-600
3. Kuerer H , et al. Optimizing breast cancer adjuvant radiation and integration of breast and reconstructive surgery. ASCO Educational Book 2017; Memorial Sloan Kettering Cancer Center, Fig. 2 und 3
4. Cordeiro P, et al. What is the optimum timing of postmastectomy radiotherapy in two-stage prosthetic reconstruction: radiation to the tissue expander or permanent implant? *Plast Reconstr Surg.* 2015 Jun;135(6):1509-1517. doi: 10.1097/PRS.0000000000001278. PMID: 25742523
5. Bennett KG, Qi J, Kim HM, et al.: Comparison of 2-Year Complication Rates Among Common Techniques for Postmastectomy Breast Reconstruction. *JAMA Surg.* 2018 Oct 1;153(10):901-908. doi: 10.1001/jamasurg.2018.1687.
6. He WY et al. Complications and Patient-reported Outcomes after TRAM and DIEP Flaps: A Systematic Review and Meta-analysis. *Plast Reconstr Surg Glob Open.* 2020 Oct 29;8(10):e3120. doi: 10.1097/GOX.0000000000003120. eCollection 2020 Oct. PMID: 33173667



## Brustrekonstruktion Grundsätze Gute klinische Praxis

### AGO: ++

- Planung der Rekonstruktion im interdisziplinären Tumorkonferenz vor einer Mastektomie
- Beratung hinsichtlich aller OP-Techniken, sowie deren Vor- und Nachteile
- Bevorzugung einer autologen Rekonstruktion bei Z.n. oder geplanter Radiotherapie
- Möglichkeit zum Einholen einer Zweitmeinung
- Besprechung einer neoadjuvanten Systemtherapie bei ungünstiger Tumor-Brust-Relation
- Berücksichtigung der kontralateralen Brust:
  - mögliche Angleichungs-/Folge-OPs zur Symmetrieverstellung besprechen; Ld.R. sekundär im Abstand von mindestens 3-6 Monaten (Cave: Notwendigkeit von Nachresektionen, Effekte der Radiotherapie der betroffenen Seite berücksichtigen)
- Bevorzugung einer die Patientin wenig belastenden OP-Technik mit langfristig stabilem ästhetischen Ergebnis (BEO / OPS ist gegenüber einer Mastektomie zu präferieren)
- Cave: keine Verzögerung der adjuvanten Therapie durch die Rekonstruktion
- Erfassung der Ergebnisse, z.B. mit PROM
- Gewährleistung der onkologischen Sicherheit

1. AWMF Leitlinien: S3-LL. Brustrekonstruktion mit Eigengewebe. Registernummer 015 – 075, Stand: 01.04.2015 , gültig bis 31.03.2020
2. Bertozzi N et al. Oncoplastic breast surgery: comprehensive review. Eur Rev Med Pharmacol Sci. 2017; 21(11):2572-2585.
3. Smith BL et al. Oncologic safety of nipple-sparing mastectomy in women with breast cancer. J Am Coll Surg 2017 Sep;225(3):361-365. doi: 10.1016/j.jamcollsurg.2017.06.013. Epub 2017 Jul 17. PMID: 28728962
4. Colwell AS et al. Nipple-sparing mastectomy and direct to implant breast reconstruction. Plast Reconstr Surg. 2017; 140(5S Advances in Breast Reconstruction):44S-50S.
5. Brice Jabo, Ann C. Lin, Mayada A. Aljehani et al. Impact of Breast Reconstruction on Time to Definitive Surgical Treatment, Adjuvant Therapy, and Breast Cancer Outcomes. Ann Surg Oncol 2018 Oct;25(10):3096-3105.
6. Cordova LZ, Hunter-Smith DJ, Rozen WM. Patient reported outcome measures (PROMs) following mastectomy with breast reconstruction or without reconstruction: a systematic review. Gland Surg 2019;8(4):441-451
7. Khajuria A, Prokopenko M, Greenfield M et al. Meta-analysis of Clinical, Patient-Reported Outcomes

- and Cost of DIEP versus Implant-based Breast Reconstruction. *Plast Reconstr Surg Glob Open* 2019;7:e2486
8. Phan R, Hunter-Smith DJ, Rozen WM. The use of Patient Reported Outcome Measures in assessing patient outcomes when comparing autologous to alloplastic breast reconstruction: a systematic review. *Gland Surg* 2019;8(4):452-460



## Möglichkeiten der Rekonstruktion nach Mastektomie

	Oxford		
	LoE	GR	AGO
• Einsatz von mit Silikongel gefüllten Implantaten einzeitig (primär) oder zweizeitig nach Expander	2a	B	+
▪ Sicherheit vergleichbar mit Kochsalzimplantaten	2b	B	
• Autologer Gewebetransfer	2a	B	+
• Gestielter Gewebetransfer	2a	B	+
• Freier Gewebetransfer (mit Gefäßanastomosen)	2a	B	+
• Autologer Gewebetransfer kombiniert mit Implantaten	3a	C	+/-

Cave: BMI > 30, Raucher, Diabetes, Strahlentherapie, Alter, bilaterales ME

1. Wilkins EG, et al. Complications in Postmastectomy Breast Reconstruction: One-year Outcomes of the Mastectomy Reconstruction Outcomes Consortium (MROC) Study. Ann Surg. 2018 Jan;267(1):164-170. doi: 10.1097/SLA.0000000000002033.PMID: 27906762
2. Zhu L, et al. Comparison of subcutaneous versus submuscular expander placement in the first stage of immediate breast reconstruction. J Plast Reconstr Aesthet Surg. 2016; 69(4):e77-86.
3. Singh N, et al. Five-Year Safety Data for More than 55,000 Subjects following Breast Implantation: Comparison of Rare Adverse Event Rates with Silicone Implants versus National Norms and Saline Implants. Plast Reconstr Surg. 2017; 140(4):666-679.
4. Potter S et al. Short-term safety outcomes of mastectomy and immediate implant-based breast reconstruction with and without mesh (iBRA): a multicentre, prospective cohort study. Lancet Oncol 2019 Jan 9. pii: S1470-2045(18)30781-2.
5. Porter BE et al. Comparison of Saline Expanders and Air Expanders for Breast Reconstruction. Ann Plast Surg. 2020 Jun;84(6S Suppl 5):S396-S400. doi: 10.1097/SAP.0000000000002154.PMID: 31868761



## Zeitpunkt der Rekonstruktion

	Oxford		
	LoE	GR	AGO
▪ Sofortrekonstruktion	3b	B	++
▪ Obligat bei SSM/NSM			
▪ Vermeiden des Postmastektomie-Syndroms			
▪ Spätrekonstruktion (zweizeitig)	3b	B	++
▪ Keine Verzögerung von adjuvanten Therapien (CHT, RT)			
▪ Nachteil: Verlust des Hautmantels			
▪ Verzögerte Rekonstruktion (Platzhalter vor definitiver Rekonstruktion) („Delayed-immediate BR“)	3b	B	+

1. Jaggi R et al. Complications After Mastectomy and Immediate Breast Reconstruction for Breast Cancer: A Claims-Based Analysis. Ann Surg. 2016; 263(2):219-27.
2. Maione L et al. What Is the Optimum Timing of Postmastectomy Radiotherapy in Two-Stage Prosthetic Reconstruction: Radiation to the Tissue Expander or Permanent Implant? Plast Reconstr Surg. 2016; 138(1):150e-1e.
3. Ribuffo D et al. Comparison of Delayed and Immediate Tissue Expander Breast Reconstruction in the Setting of Postmastectomy Radiation Therapy. Ann Plast Surg. 2016; 76(6):743-4.
4. Sharpe SM et al. Impact of bilateral versus unilateral mastectomy on short term outcomes and adjuvant therapy, 2003–2010: a report from the National Cancer Data Base. Ann Surg Oncol. 2014; 21:2920–7.
5. Zhong T et al. A Comparison of Surgical Complications Between Immediate Breast Reconstruction and Mastectomy: The Impact on Delivery of Chemotherapy-An Analysis of 391 Procedures. Ann Surg Oncol. 2012; 19(2):560-6.
6. D'Souza N et al. Immediate versus delayed reconstruction following surgery for breast cancer. Cochrane Database Syst Rev. 2011; (7):CD008674.
7. Srinivasa DR et al. Direct to implant versus two stage tissue expander/implant reconstruction: 2 year

- risks and patient reported outcomes from a prospective, multicenter study. *Plast Reconstr Surg.* 2017; 140(5):869-877.
8. Negenborn VL, Young-Afat DA, Dikmans REG et al: Quality of life and patient satisfaction after one-stage implant-based breast reconstruction with an acellular dermal matrix versus two-stage breast reconstruction (BRIOS): primary outcome of a randomised, controlled trial. *Lancet Oncol* 2018 Sep;19(9):1205-1214.



## Zeitpunkt der Rekonstruktion mit Implantaten in Bezug zur Strahlentherapie

	Oxford		
	LoE	GR	AGO
• Implantat-Rekonstruktion (IR)			
• IR ohne Strahlentherapie (RT)	2a	B	+
• IR vor RT	2a	B	++
• IR nach RT	2a	B	+
• IR nach sekundärer Mastektomie nach BET	2b	B	+/-
• Perioperative antibiotische Prophylaxe (max. 24 Stunden)	2a	B	+/-
	2a	B	+

### Radiation:

1. Santosa KB et al. Postmastectomy Radiation Therapy and Two-Stage Implant-Based Breast Reconstruction: Is There a Better Time to Irradiate? *Plast Reconstr Surg.* 2016; 138(4):761-9.
2. Maione L et al. What Is the Optimum Timing of Postmastectomy Radiotherapy in Two-Stage Prosthetic Reconstruction: Radiation to the Tissue Expander or Permanent Implant? *Plast Reconstr Surg.* 2016; 138(1):150e-1e.
3. El-Sabawi B et al. Radiation and breast reconstruction: Algorithmic approach and evidence-based outcomes. *J Surg Oncol.* 2016; 113(8):906-12.
4. Lee KT, Mun GH. Prosthetic breast reconstruction in previously irradiated breasts: A meta-analysis. *J Surg Oncol.* 2015; 112(5):468-75.
5. Albornoz CR et al. Implant breast reconstruction and radiation: a multicenter analysis of long-term health-related quality of life and satisfaction. *Ann Surg Oncol.* 2014; 21(7):2159-64.
6. Valdatta L et al. Acellular dermal matrices and radiotherapy in breast reconstruction: a systematic review and meta-analysis of the literature. *Plast Surg Int.* 2014; 472604.
7. Kkelley BP et al. A systematic review of morbidity associated with autologous breast reconstruction before and after exposure to radiotherapy: are current practices ideal? *Ann Surg Oncol.* 2014;

- 21(5):1732-8.
8. Berbers J et al. Reconstruction: before or after postmastectomy radiotherapy? A systematic review of the literature. Eur J Cancer. 2014; 50(16):2752-62.
  9. Eriksson M et al. Radiotherapy in implant-based immediate breast reconstruction: risk factors, surgical outcomes, and patient-reported outcome measures in a large Swedish multicenter cohort. Breast Cancer Res Treat. 2013; 142(3):591-601.
  10. Momoh AO et al. Delayed autologous breast reconstruction after postmastectomy radiation therapy: is there an optimal time? Ann Plast Surg. 2012; 69(1):14-8.
  11. Mirzabeigi MN et al. Extended trimethoprim/sulfamethoxazole prophylaxis for implant reconstruction in the previously irradiated chest wall. Plast Reconstr Surg. 2012; 129(1):1e-7e.
  12. Barry M, Kell MR. Radiotherapy and breast reconstruction: a meta-analysis. Breast Cancer Res Treat. 2011; 127(1):15-22.
  13. Magill LJ et al. Determining the outcomes of post-mastectomy radiation therapy delivered to the definitive implant in patients undergoing one- and two-stage implant-based breast reconstruction: A systematic review and meta-analysis. J Plast Reconstr Aesthet Surg. 2017; 70(10):1329-1335.
  14. Jaggi R et al. Impact of Radiotherapy on Complications and Patient-Reported Outcomes After Breast Reconstruction. J Natl Cancer Inst. 2018; 110(2).
  15. Batenburg MCT et al. on behalf of the UMBRELLA study group. Patient-reported cosmetic satisfaction and the long-term association with quality of life in irradiated breast cancer patients. Breast Cancer Research and Treatment <https://doi.org/10.1007/s10549-019-05470-y>

Prophylactic antibiotics:

1. Phillips BT, Halvorsen EG. Antibiotic Prophylaxis following Implant-Based Breast Reconstruction: What Is the Evidence? Plast Reconstr Surg. 2016; 138(4):751-7.
2. Hunter JG. Discussion: Antibiotic Prophylaxis following Implant-Based Breast Reconstruction: What Is the Evidence? Plast Reconstr Surg. 2016; 138(4):758-9.
3. Phillips BT, et al. Prophylactic Postoperative Antibiotics Necessary for Immediate Breast Reconstruction? Results of a Prospective Randomized Clinical Trial. J Am Coll Surg. 2016; 222(6):1116-24.
4. Townley WA, et al. single pre-operative antibiotic dose is as effective as continued antibiotic prophylaxis in implant-

- based breast reconstruction: A matched cohort study. *J Plast Reconstr Aesthet Surg.* 2015; 68(5):673-8.
5. Hai Y, Chong W, Lazar MA. Extended Prophylactic Antibiotics for Mastectomy with Immediate Breast Reconstruction: A Meta-analysis. *Plast Reconstr Surg Glob Open.* 2020 Jan 27;8(1):e2613. doi: 10.1097/GOX.0000000000002613. eCollection 2020 Jan. PMID: 32095414



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## Metaanalysis of Prophylactic Antibiotics >24h in Implant-based Immediate Breast Reconstruction (IBR)

- 11 studies (15,966 mastectomy procedures)
- Three studies comparing topical antibiotics with no topical antibiotics demonstrated statistical significance ( $RR = 0.26$ , 95% CI: 0.12–0.60,  $P = 0.001$ )
- 8 studies comparing extended systemic antibiotics with standard of care found no statistical significance ( $RR = 0.80$ , 95% CI: 0.60–1.08,  $P = 0.13$ ).

### LoE 2a B

In the setting of immediate breast reconstruction (IBR) following mastectomy, there is insufficient evidence for the use of extended prophylactic antibiotics to reduce surgical site infection (SSI) rates. Well-designed randomized controlled trials in patients undergoing IBR should be conducted to determine the appropriate regimen and/or duration of prophylactic antibiotics on SSI outcomes.

Hai Y et al. Plast Reconstr Surg Glob Open. 2020 Jan 27;8(1):e2613. doi: 10.1097/GOX.0000000000002613. eCollection 2020 Jan. PMID: 32095414

1. Hai Y, Chong W, Lazar MA. Extended Prophylactic Antibiotics for Mastectomy with Immediate Breast Reconstruction: A Meta-analysis. *Plast Reconstr Surg Glob Open*. 2020 Jan 27;8(1):e2613. doi: 10.1097/GOX.0000000000002613. eCollection 2020 Jan. PMID: 32095414

**Radiotherapy and Implant-based Reconstruction**

**Cave: Hohe Komplikationsrate in Kombination mit Radiotherapie  
(Kapselkontraktur, Revisionsoperationen, Versagen der Rekonstruktion, reduzierte Kosmetik und Patientenzufriedenheit)**

**Cave: Niedrigere Patientenzufriedenheit bei  
Implantatrekonstruktion plus Radiotherapie im Vergleich zur autologen Rekonstruktion plus Radiotherapie**

**LoE 2b B**

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1. Magill LJ et al. Determining the outcomes of post-mastectomy radiation therapy delivered to the definitive implant in patients undergoing one- and two-stage implant-based breast reconstruction: A systematic review and meta-analysis. *J Plast Reconstr Aesthet Surg.* 2017; 70(10):1329-1335.
2. Jagsi R et al. Impact of Radiotherapy on Complications and Patient-Reported Outcomes After Breast Reconstruction. *J Natl Cancer Inst.* 2018; 110(2).
3. Sinnott CJ et al. Impact of Postmastectomy Radiation Therapy in Prepectoral Versus Subpectoral Implant-Based Breast Reconstruction. *Ann Surg Oncol* 2018 Oct;25(10):2899-2908
4. Naoum GE, Salama L, Niemierko A, et al. Single Stage Direct-to-Implant Breast Reconstruction Has Lower Complication Rates Than Tissue Expander and Implant and Comparable Rates to Autologous Reconstruction in Patients Receiving Postmastectomy Radiation. *Int J Radiat Oncol Biol Phys.* 2020 Mar 1;106(3):514-524. doi: 10.1016/j.ijrobp.2019.11.008. Epub 2019 Nov 19. PMID: 31756414
5. J et al. Determining the outcomes of post-mastectomy radiation therapy delivered to the definitive implant in patients undergoing one- and two-stage implant-based breast reconstruction: A systematic review and meta-analysis. *J Plast Reconstr Aesthet Surg.* 2017; 70(10):1329-1335.
6. Jagsi R et al. Impact of Radiotherapy on Complications and Patient-Reported Outcomes After Breast Reconstruction. *J Natl Cancer Inst.* 2018; 110(2).

7. Sinnott CJ et al. Impact of Postmastectomy Radiation Therapy in Prepectoral Versus Subpectoral Implant-Based Breast Reconstruction. *Ann Surg Oncol* 2018 Oct;25(10):2899-2908
8. Naoum GE, Salama L, Niemierko A, et al. Single Stage Direct-to-Implant Breast Reconstruction Has Lower Complication Rates Than Tissue Expander and Implant and Comparable Rates to Autologous Reconstruction in Patients Receiving Postmastectomy Radiation. *Int J Radiat Oncol Biol Phys.* 2020 Mar 1;106(3):514-524. doi: 10.1016/j.ijrobp.2019.11.008. Epub 2019 Nov 19. PMID: 31756414



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## Possible Associations between Implants and rare Diseases

- US FDA Breast Implant Postapproval Studies (LPAS)  
*Long-term Outcomes in 99,993 Patients*  
(Primary Augmentation: N= 71,937 / Primary Reconstruction: N= 9942)
  - 56% of implants were silicone implants
- Possible Associations:
  - Sjogren syndrome: (SIR\*8.14)
  - scleroderma: (SIR 7.00)
  - rheumatoid arthritis: (SIR5.96)
  - stillbirth: (SIR4.50)
  - melanoma: (SIR3.71)
- At 7 years, reoperation rate is 11.7% for primary augmentation, and 25% for primary/revision reconstruction.
- One case of BIA-ALCL

Associations need to be further analyzed with patient-level data to provide conclusive evidence !

\*Standardized incidence ratio

### Statistical Analysis:

LPAS data is expressed relative to normative population rates using standardized incidence ratios (SIRs)  
Systemic harm rates in the study population are calculated per 10,000 person-years.

Normative population rates for systemic harms, self-harm, and reproductive outcomes are obtained from the literature; rates reflect LPAS demographics for female sex, age, and race in the United States.

1. Coroneos CJ et al. US FDA Breast Implant Postapproval Studies: Long-term Outcomes in 99,993 Patients. Ann Surg 2019 Jan;269(1):30-36.



**Possible Associations between Implants and rare Diseases**

**Rare Systemic Harms Compared With the General Population:**

	Manufacturer	Study Events	Study Event Rate (Per 10,000 Person-Yr)	General Population Event Rate (Per 10,000 Person-Yr)	SE	95% CI	p value
Breast implants	Allergan	9	1.8	112.8	0.02	0.01-0.03	<0.001
	Mentor	307	28.4				
Systemic amyloidosis	Allergan	9	0.8	5.8	0.15	0.04-0.18	<0.001
	Mentor	249	32.2				
Osteosarcoma	Mentor	56	0.7	0.6	1.00	0.15-0.35	<0.001
	Mentor	47	1.7				
Lymphoma syndrome	Mentor	56	0.7	8.14	6.24-10.44	<0.001	
	Allergan	9	0.6				
Systemic lupus erythematosus	Allergan	9	0.6	5.4	0.11	0.02-0.32	<0.001
	Mentor	34	8.0				
Cancer	Allergan	50	10.0	41.3	0.39	0.31-0.48	<0.001
	Mentor	522	61.8				
Breast cancer	Mentor	238	11.9	12.5	0.15	0.02-0.35	0.26
	Mentor	5	0.6				
Lung cancer	Mentor	9	0.6	5.3	0.12	0.04-0.27	<0.001
	Mentor	3	0.8				
Skin cancer	Mentor	9	0.8	0.6	0.07	0.05-0.95	<0.001
	Mentor	35	7.8				
Meningitis	Mentor	35	0.8	2.3	0.15	2.07-2.71	<0.001
	Allergan	9	0.6				
Neurological disorder	Allergan	9	0.6	22.5	0.18	0.06-0.35	<0.001
	Mentor	204	21.8				
Multiple sclerosis	Mentor	47	4.3	2.5	1.72	1.36-2.89	0.001
	Mentor	37	1.5				
Migraine	Mentor	37	1.5	0.8	1.00	1.06-0.00	<0.001

Allergan follow-up 2 years  
Mentor follow-up 7 years

- Coroneos CJ et al. US FDA Breast Implant Postapproval Studies: Long-term Outcomes in 99,993 Patients. Ann Surg 2019 Jan;269(1):30-36.



## Brust-Implantat-assoziiertes großzellig-anaplastisches Lymphom (BIA-ALCL)

- Etwa 10.000.000 Implantaträgerinnen weltweit
- Seltens, 3% aller Non-Hodgkin-Lymphome, 0,04–0,5% aller malignen Brusterkrankungen
- geschätzte jährliche Inzidenz 0,6–1,2 je 100.000 Frauen mit Implantaten (medianes Patientenalter 54 J.)
- 1:3.000-30.000 bei Frauen mit texturierten Implantaten (CAVE: Underreporting!)
- Auftreten überwiegend bei texturierten Implantaten
- 5-Jahres-OAS 89%
- Intervall zur Lymphomdiagnose: 8 Jahre (Median)
- Klinische Präsentation
  - Schwellung und Serom (60%)
  - Tumoröse Raumforderung (17%)
  - Serom und Raumforderung (20%)
  - Axilläre Lymphadenopathie (20%)
- Histologisch: CD30+ / ALK- T-Zell-Lymphom
- Meldepflicht als SAE nach §3 MPSV an das BfArM

### Reviews

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[https://www.bfarm.de/SharedDocs/Risikoinformationen/Medizinprodukte/DE/Brustimplantate\\_ALCL\\_FDA.html](https://www.bfarm.de/SharedDocs/Risikoinformationen/Medizinprodukte/DE/Brustimplantate_ALCL_FDA.html)  
(access 30.01.2021)

**BIA-ALCL - Implantoberflächen**

- The cause of BIA-ALCL is not established; however, it has been proposed that lymphomagenesis may be driven by a chronic inflammatory reaction induced by capsule contents or surface. The risk for BIA-ALCL has been shown to be significantly higher for implants with grade 3 and 4 surfaces.

Process	Polyurethane foam	Salt Loss (Biocell/Eurosilicone)	Gas Diffusion	Salt Loss (Nagotex)	Imprinting	Smooth/Nano
Surface Area	high	intermediate	intermediate	low	low	minimal
Roughness	high	intermediate	low	low	low	minimal
SURFACE TYPE	4	3	3	2	2	1

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## BIA-ALCL– Diagnostik

	Oxford		
	LoE	GR	AGO
• Sonographie (Abklärung neu aufgetretener Serome 1 Jahr nach Implantateinlage, Herdbefund (Sensitivität: 84%, Spezifität: 75%))	3a	D	++
• Mamma-MRT bei Bestätigung Verdachtsdiagnose	3a	D	++
• Staging (Bildgebung, z.B. CT, PET-CT)	3a	D	++
• Erguss-Zytologie bei Spätserom	3a	D	++
• Untersuchung von mind. 50ml			
• komplette Auflösung			
• Flowzytometrie (T-Zell-Klon)			
• BIA-ALCL spezifische zytol. Diagnostik (CD 30+)			
• Stanzbiopsie bei soliden Herdbefunden	3a	D	++
• Lymphomdiagnostik am Resektat und histologisches Staging			
• Dokumentation des Implantates (Hersteller, Größe, Füllung, Oberfläche, Batch-Nummer) und Eingabe in Register	5	D	++

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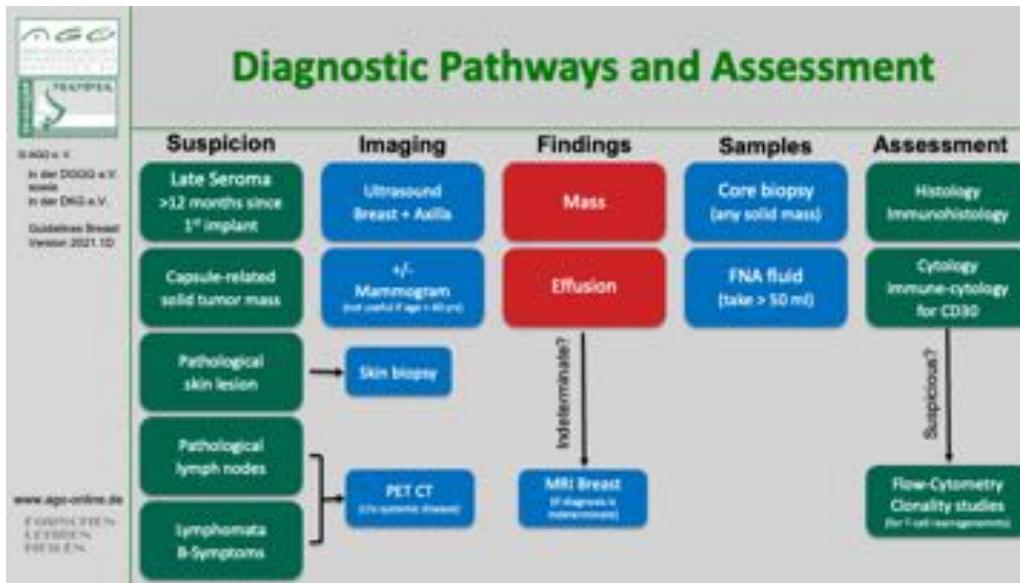


## BIA-ALCL – Therapie

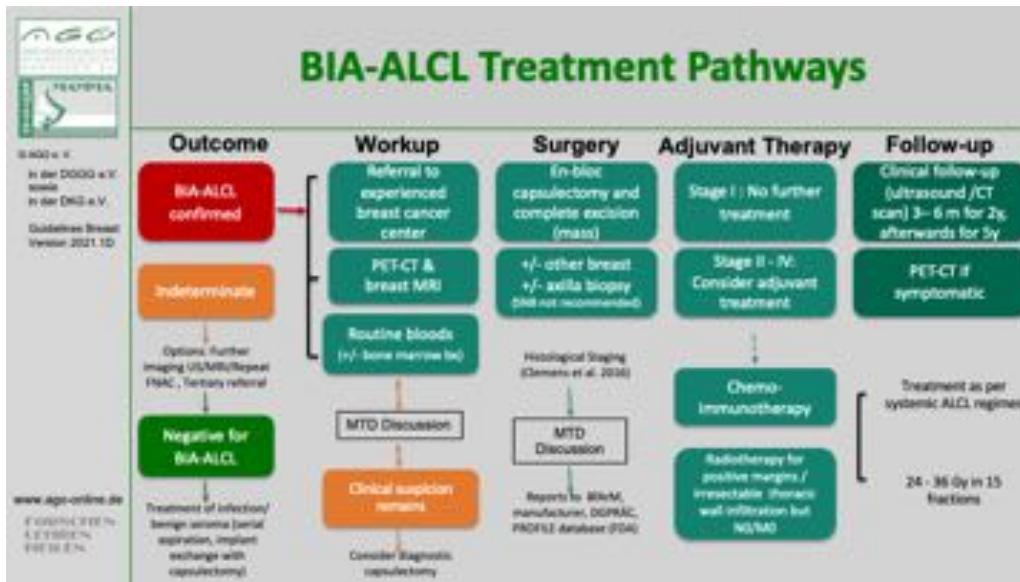
	Oxford		
	Leit	GR	AGO
• Implantatentfernung und vollständige Kapsulektomie einschließlich Tumorentfernung	3a	C	++
• Entfernung suspekter Lymphknoten, keine routine-mäßige Sentinel-Node Biopsie, keine Axilladissektion	4	D	++
• Polychemotherapie (z.B. CHOP) bei extrakapsulärer Tumorausbreitung	4	D	+
• Radiatio bei unresektablen Tumoren oder R1	5	D	+/-
• Vorstellung im interdisziplinären Tumorboard (inkl. Lymphomspezialist)	5	D	++

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**TNM Staging of BIA-ALCL**

Tumor extent (cT/pT)	TNM-Kategorie	Definition	Stage	Definition
	T1	Confined to seroma or a layer on luminal side of capsule	I A	T1 N0 M0
	T2	Early capsule infiltration	I B	T2 N0 M0
	T3	Cell aggregates or sheets infiltrating the capsule	I C	T3 N0 M0
	T4	Lymphoma infiltrates beyond the capsule	II A	T4 N0 M0
Regional lymph nodes (cN/pN)	N0	No lymph node involvement	II B	T3-3 N1 M0
	N1	One regional lymph node positive	II I	T4 N1-2 M0
	N2	Multiple regional lymph nodes positive	IV	T any N any M0
Metastasis (cM/pM)	M0	No distant spread		
	M1	Spread to other organs or distant sites		

[www.dgp-online.de](http://www.dgp-online.de)  
FÖRDERER DER DRG  
FÖRDERER DER DGKZ

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AGO e.V.  
in der DGG e.V.  
in der DGE e.V.  
Guidelines Breast  
Version 2021.1D

## BIA-ALCL – EUSOMA-Recommendation

- Despite an increase of BIA-ALCL in association with texture implants  
the use of textured implants is still permitted!

„For the moment, textured implants can safely continue to be used with patient's fully informed consent, and that women that have these type of implants already in place don't need to remove or substitute them, which would undoubtedly cause harm to many tens of thousands of women, to prevent an exceptionally rare, largely curable and currently poorly understood disease.“

[www.ago-online.de](http://www.ago-online.de)  
EUSOMA POSITION  
LETTER FROM  
THE AGO

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## Netze und ADMs mit Implantatrekonstruktion- Endpunkt QoL / Komplikationen

	Oxford		
	LoE	GR	AGO
▪ Subkutane Loge der subpektoralen Loge überlegen	3b	C	+/-
▪ Azelluläre Dermis (ADM)			
▪ subpektoral	1b	A	+/-
▪ subkutan	2b	B	+/-
▪ Synthetische Netze			
▪ subpektoral	2b	B	+*
▪ subkutan	2b	B	+*

\* Teilnahme an Studien empfohlen

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## Lipotransfer

- Lipotransfer nach ME und Rekonstruktion
- Lipotransfer nach brusterhaltender Therapie
- Mit Stammzellen (ACS) angereicherte, autologe Fettgewebstransplantation vs. ohne Stammzellen

Oxford		
LoE	GR	AGO
2a	B	+
2a	B	+
2a	B	-

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## Gestielte Lappen zur Rekonstruktion

	Oxford		
	LoE	GR	AGO
<b>Brustrekonstruktion (BR) mit autologem Gewebe</b>			
▪ TRAM, Latissimus-dorsi-Lappen (können muskel-sparend präpariert werden)	2a	C	+
▪ Delayed-TRAM bei Risikopatientinnen	3a	B	+
▪ Ipsilateral gestielter TRAM	2a	B	+
▪ Radiotherapie:			
▪ BR nach RT	2a	B	+
▪ BR vor RT	2a	B	+/-
(erhöhte Rate an Fibrosen, Wundheilungsstörungen, Lipoidnekrosen, reduziertes ästhetisches Outcome)			

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## Freie Lappen zur Rekonstruktion

	Oxford LoE	GR	AGO
<b>Freier Gewebetransfer</b>			
• DIEP	2a	B	+
• Freier TRAM	2a	B	+
• SIEA	3a	C	+/-
• Gluteallappen (SGAP- / IGAP, FCI)	4	C	+/-
• Free gracilis flap (TMG)	4	C	+/-
• Nutzung von ICG* Angiographie zur Perfusionsbeurteilung	2a	B	+
<b>Vorteile</b>			
• Freier TRAM und DIEP sind potenziell muskelparend; DIEP hat niedrige Rate an Hernien, vor allem bei Adipositas			
<b>Nachteile</b>			
• Zeit- und personalintensive mikrochirurgische Techniken			
• Aufwendige postoperative Überwachung			
• RT vor Rekonstruktion erhöht Rate vaskulärer Komplikationen			

\*ICG: Indocyaningrün

1. Lee KT, Mun GH. Effects of Obesity on Postoperative Complications After Breast Reconstruction Using Free Muscle-Sparing Transverse Rectus Abdominis Myocutaneous, Deep Inferior Epigastric Perforator, and Superficial Inferior Epigastric Artery Flap: A Systematic Review and Meta-analysis. Ann Plast Surg. 2016; 76(5):576-84.
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## Gestielter vs. freier Gewebetransfer

Oxford		
LoE	GR	AGO
3a	A	++

- Muskelsparende Techniken und sorgfältiger Verschluss der Bauchdecke führen zu niedrigen Komplikationsraten unabhängig von der verwendeten Methode
- Autologer Gewebetransfer von der Bauchdecke hat die höchste Zufriedenheitsrate (PROM)
- Morbidität der Spenderregion (z.B. reduzierte Muskelfunktion) kann bei allen Lappentechniken auftreten

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  9. Phan R et al. The use of Patient Reported Outcome Measures in assessing patient outcomes when comparing autologous to alloplastic breast reconstruction: a systematic review. *Gland Surg* 2019;8(4):452-460
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## Haut / Nippel-sparende Mastektomie (SSM/NSM) und Rekonstruktion

	Oxford		
	LoE	GR	AGO
▪ Hautsparende Mastektomie (SSM/NSM)			
▪ Sicher (gleiche Rezidivrate wie bei MX bei geeigneter Pat.auswahl)	2b	B	++
▪ Höhere Lebensqualität für Patientin	2b	B	++
▪ Erhalt des Mamillen-Areola-Komplex (MAK) unter bestimmten Bedingungen	2b	B	++
▪ Möglich nach Mastopexie / Reduktionsplastik	*	C	++
▪ Nutzung vom ICG* zur Vorhersage von Nekrosen	1b	B	*
▪ Hautschnitte → verschiedene Möglichkeiten:			
▪ Periareolär			
▪ Hemi-Periareolär mit/ ohne medialer/ lateraler Erweiterung			
▪ Reduktionschnittbild: „inverses T“ oder vertikal			
▪ Inferior-lateraler Zugang / Inframammärfalte			
▪ Niedrige Incidenz von Komplikationen			
* ICG = Indocyaningrün			

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- Green Angiography Imaging. *Plast Reconstr Surg Glob Open*. 2017; 5(4):e1321.
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  - 12. Pruijboom T et al. Indocyanine green angiography for preventing postoperative mastectomy skin flap necrosis in immediate breast reconstruction. *Cochrane Database Syst Rev*. 2020 Apr 22;4(4):CD013280. doi: 10.1002/14651858.CD013280.pub2.PMID: 32320056



## Prävention und Therapie der Kapselfibrose

	Oxford		
	LoE	GR	AGO
<b>• Prävention</b>			
• Texturierte Implantate [Cave: Aufklärung BIA-ALCL]	1a	A	+
• Azelluläre dermale Matrix (ADM) vs. nil	2a	B	+
• Synthetisches Netz vs. nil	3a	C	+
• Lokale Antibiotika/Antiseptika	2a	B	+
• PVP (Povidone-Iodine)	2a	B	+/-
• Leukotrien-Antagonisten	2a	B	+/-
• Brustmassage	3a	C	-
<b>• Chirurgische Interventionen</b>			
• Kapsulektomie	3b	C	+
• Kapsulotomie [Cave: Ausschluss BIA-ALCL]	3b	C	+

### Povidone-Iodine:

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Topical antibiotic irrigation:

1. Samargandi OA et al. Antibiotic Irrigation of Pocket for Implant-Based Breast Augmentation to Prevent Capsular Contracture: A Systematic Review. *Plast Surg (Oakv)*. 2018 May;26(2):110-119. doi: 10.1177/2292550317747854. Epub 2018 Jan 18. PMID: 29845049
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Breast massage:

1. Sood A et al. Breast Massage, Implant Displacement, and Prevention of Capsular Contracture After Breast Augmentation With Implants: A Review of the Literature. *Eplasty*. 2017 Dec 21;17:e41. eCollection 2017. PMID: 29348783

Textured implants:

1. Liu X et al. Comparison of the postoperative incidence rate of capsular contracture among different breast implants: a cumulative meta-analysis. *PLoS One*. 2015 Feb 13;10(2):e0116071. doi: 10.1371/journal.pone.0116071. eCollection 2015. PMID: 25680100
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Leukotriene antagonists:

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Capsulectomy and capsulotomy:

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ADM:

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## Serome nach Implantatrekonstruktion I

	Oxford	
	LoE	GR
• Inzidenz: ca. 5-10% (2-50%)	2a	B
<b>Einflussfaktoren:</b>		
• Z. n. Radiatio erhöht Risiko (RR ca. 3)	2a	B
• Adipositas erhöht Risiko (z. B. BMI > 30 vs. < 30; RR ca. 3)	2a	B
• Einsatz von ADM erhöht Risiko (RR ca. 3)	2a	B
• Glatte Expander erhöhen Risiko (RR ca. 5)	3b	C
• Z.n. neoadjuvanter Chemotherapie erhöht Risiko eher nicht	2a	B
• Subcutane Loge erhöht Risiko eher nicht	2b	B

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## Serome nach Implantatrekonstruktion II

	Oxford		
	LoE	GR	AGO
<b>Prävention</b>			
▪ Drainage mit wenig, mehr oder keinem Vakuum	3b	C	+
▪ Entfernung der Drainage bei Fördermenge <30ml	2b	B	+
<b>Therapie</b>			
▪ Repetitive Serompunktionen oder Drainagen-Einlage	4	C	+
▪ Druckverband	5	D	+/-
▪ Revision mit Kapsulektomie (ultima ratio)	5	D	+
▪ Revision mit Implantatentfernung (ultima ratio)	5	D	+

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## Risiko-reduzierende bilaterale Mastektomie für nicht erkrankte Frauen (RRBM)

	Oxford		
	LoE	GR	AGO
RRBM verringert die Brustkrebsinzidenz	2b	B	++
RRBM bei BRCA1/2 Mutationsträgerinnen	2a	B	+*
RRBM bei hohem Mammakarzinomrisiko (individuelle Entscheidung in Abhängigkeit von Mutationsstatus und familiärer Belastung – z.B. high-risk/moderate Gene/Hodgkin-Lymphom)	4	D	+/-*
Hohes Risiko und keine Beratung in spezialisierten Zentren*	5	D	-
Nicht direktive Beratung vor RRBM	2b	B	++*
RRBM sollte im Zusammenhang mit anderen Risiko-reduzierenden Op. wie BSO und vorbestehenden Erkrankungen geschehen werden	2a	A	++*
Weitere Notwendigkeit der Fortbildung von Ärztinnen und Ärzten in Bezug auf Möglichkeiten und Vorteile der RRBM	1b	A	++

\* Beratung, Risikoberechnung und Nachsorge in spezialisierten Zentren empfohlen

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## Chirurgische Prävention bei gesunden **BRCA1/2** Mutationsträgerinnen

	Oxford		
	LoE	GR	AGO
▪ Risiko-reduzierende bilaterale Salpingo-Oophorektomie (RRSO)**	2a	B	*
▪ reduziert die Eierstockkrebsinzidenz und -mortalität			++*
▪ reduziert die Gesamtmortalität			++*
▪ Risiko-reduzierende bilaterale Mastektomie (RRBM)			
▪ reduziert die Brustkrebsinzidenz	2b	B	+*
▪ reduziert die Mortalität bei BRCA1 Mutationsträgerinnen***	2b	B	+*

\* Studieninhalte empfohlen  
\*\* Die RRSO wird ab ca. 35 Jahren für BRCA1 und ab ca. 40 Jahren für BRCA2 Mutationsträgerinnen unter Berücksichtigung des Erkrankungsalters in der Familie und des Familienplanungs-Status empfohlen.  
\*\*\* Für BRCA2 Mutationsträgerinnen konnte keine Mortalitätsreduktion gezeigt werden. RRM Beratung sollte individualisiert durchgeführt werden.

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## Risiko-reduzierende Interventionen bei erkrankten *BRCA1/2* Mutationsträgerinnen

	Oxford		
	LoE	GR	AGO
▪ Risikoreduzierende Salpingo-Oophorektomie (RRSO)	2b	B	+*
- reduziert Eierstockkrebsinzidenz und -mortalität			
- reduziert die Gesamt mortalität (gegenläufige Ergebnisse bzgl. kontralateraler Brustkrebsinzidenz)			
▪ Risikoreduzierende kontralaterale Mastektomie (RRCM)*	2b	B	+*
reduziert kontralaterale Brustkrebsinzidenz und die Mortalität			
▪ Tamoxifen (reduziert kontralaterale Brustkrebsinzidenz)	2b	B	+/-
▪ Indikationsstellung für RRCM sollte Alter, Ersterkrankungsalter und betroffenes Gen berücksichtigen.	2a	B	++*
▪ Risikoreduzierende bilaterale Mastektomie nach Ovarialkarzinom	4	C	+/-**

\* Gesamtprognose muss berücksichtigt werden, Studienteilnahme empfohlen

\*\* in Abhängigkeit vom Tumorstadium (FIGO I/II), rezidivfreier Zeit ( $\geq 5$  Jahre), Alter

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## Formen der Risiko-reduzierenden (bilateralen) Mastektomie (RRBM)

Oxford  
LoE GR AGO

RRBM reduziert die Inzidenz von MaCa und wahrscheinlich auch MaCa-bedingte Mortalität\*\*

▪ Einfache Mastektomie	2b	B	+
▪ RRBM mittels SSM*	2b	C	+
▪ RRBM mittels NSM* (MAK <sup>#</sup> erhaltend)	2b	C	+
▪ Kontralaterale prophylaktische Mastektomie	4	C	+/-

\* SSM / NSM: Skin-/Nipple-Sparing Mastectomy

<sup>#</sup> MAK: Mamillen-Areola-Komplex

\*\* In Abhängigkeit von Vorerkrankungen, z.B. bei vorbestehendem Ovarialkarzinom 1-2%

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