



Screened data bases

Pubmed 2007 - 2019, ASCO 2010 – 2019, SABCS 2010 – 2019, Cochrane Data Base (2019)

Screened guidelines

1. ABC Consensus Guidelines for Advanced Breast Cancer (ABC 1-4): Cardoso F, Costa A, Senkus E et al. 3rd ESO-ESMO International Consensus Guidelines for Advanced Breast Cancer (ABC 3). Ann Oncol. 2017 Jan 1;28(1):16-33.
2. Thomssen C. et al. ABC5 Consensus: assessment by a German Group of Experts. Breast Care (Basel). 2020
3. ASCO (American Association of Clinical Oncology, Practice Guidelines, 2019) <http://www.asco.org>
4. American Society of Clinical Oncology Clinical Practice Survivorship Guidelines, Endorsements and Adaptations: <https://www.asco.org/practice-policy/cancer-care-initiatives/prevention-survivorship/survivorship-compendium-0>
5. 2016 Updated American Society of Clinical Oncology/Oncology Nursing Society Chemotherapy Administration Safety Standards, Including Standards for Pediatric Oncology: <http://ascopubs.org/doi/pdfdirect/10.1200/JOP.2016.017905>
6. Hershman DL, Lacchetti C, Dworkin RH et al. American Society of Clinical Oncology. Prevention and management of chemotherapy-induced peripheral neuropathy in survivors of adult cancers: American Society of Clinical Oncology clinical practice guideline. J Clin Oncol. 2014 Jun 20;32(18):1941-67.
7. NCCN (National Comprehensive Cancer Network , 2019): <http://www.nccn.org>

8. S3-Leitlinie: Supportive Therapie:

Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Supportive Therapie bei onkologischen PatientInnen - Langversion 1.2 – November 2019 AWMF-Registernummer: 032/054OL Zugriff 26.12.2019



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ALLE RECHTE
VORBEHALTEN

Supportive Therapie und Nebenwirkungsmanagement

- **Version 2002–2020:**

Albert / Bauerfeind / Brunnert / Bischoff / Costa / Dall / Diel / Fersis /
Friedrich / Friedrichs / Gerber / Göhring / Hanf / Harbeck / Heinrich /
Hoover / Jackisch / Lisboa / Lück / Lüftner / von Minckwitz / Möbus /
Müller / Nitz / Oberhoff / Rody / Schaller / Scharl / Schmidt / Schneeweiss
/ Schütz / Solomayer / Souchon / Stickeler / Thomssen / Untch

- **Version 2021:**

Mundhenke / Nitz




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▪ Leitlinien - Umfeld



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 FÜR KLINISCHE
 LEITLINIEN
 UND EVIDENZ

Leitlinien – Umfeld

Nationale und internationale spezifische Leitlinien befassen sich mit verschiedenen Aspekten der evidenzbasierten supportiven Therapie von Karzinompatientinnen und -patienten

Ohne Anspruch auf Vollständigkeit werden derartige (bes. deutsche) Leitlinienwerke genannt

Hier soll insbesondere auf die Aspekte Wert gelegt werden, die Brustkrebspatientinnen betreffen:

- **S3-Leitlinie: Supportive Therapie bei onkologischen Patientinnen
Langversion 1.3 – Februar 2020 AWMF-Registernummer: 032/054OL**

1. S3-Leitlinie: Supportive Therapie:
 Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Supportive Therapie bei onkologischen PatientInnen - Langversion 1.2 – November 2019 AWMF-Registernummer: 032/054OL Zugriff 26.12.2019
https://www.leitlinienprogramm-onkologie.de/fileadmin/user_upload/Downloads/Leitlinien/Supportivtherapie/LL_Supportiv_Langversion_1.2.pdf



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LEBENS
LEBENS
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- **Toxizitätsbeurteilung**
 - Akute Toxizität (NCI-CTCAE)
 - Langzeittoxizität (ICPC, ICD-GM)

practitioner. J Obstet Gynecol Neonatal Nurs. 2014 May-Jun;43(3):382-98.

4. Hematopoietic Cell Transplantation Guidelines Taskforce, Auditory and Vision Guidelines Taskforce, Cardiopulmonary Guidelines Taskforce, Endocrine Guidelines Taskforce, Genitourinary and Renal Guidelines Taskforce, Oral, Dental, Gastrointestinal and Hepatic Guidelines Taskforce, et al. Late Effects Surveillance Recommendations among Survivors of Childhood Hematopoietic Cell Transplantation: A Children's Oncology Group Report. Author manuscript; available in PMC 2017 May 1. Published in final edited form as: Biol Blood Marrow Transplant. 2016 May; 22(5): 782–795.
5. Inge Spronk, Joke C Korevaar, Francois G Schellevis, et al. Evidence-based recommendations on care for breast cancer survivors for primary care providers: a review of evidence-based breast cancer guidelines. BMJ Open. 2017; 7(12): e015118.
6. M.J. Heins, J.C. Korevaar, P.M. Rijken, et al. For which health problems do cancer survivors visit their General Practitioner? European Journal of Cancer (2013) 49, 211– 218.



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 LEISTUNGEN
 UND FÜR

Akute Toxizität (NCI CTCAE vs 5.0, 2017)

(Allgemeine Terminologiekriterien unerwünschter Ereignisse)

- **Grad 1**
Mild; asymptomatisch oder wenig symptomatisch; lediglich klinische oder diagnostische Beobachtung; eine Intervention ist nicht indiziert.
- **Grad 2**
Mäßig; minimale, lokale oder nicht-invasive Intervention notwendig; Beeinträchtigung des täglichen Lebens (wie Einkauf, Essenszubereitung etc. (limiting age-appropriate instrumental ADL*).
- **Grad 3**
Schwerwiegend oder medizinisch signifikant, aber nicht akut lebensbedrohlich; Klinikaufenthalt oder Verlängerung des Klinik-Aufenthaltes; physisch „außer Gefecht gesetzt“ (limiting self care ADL**).
- **Grade 4**
Lebensbedrohliche Folgen; eine Intervention ist dringend notwendig
- **Grad 5**
Nebenwirkungsbedingter Tod

Activities of Daily Living (ADL)

* Instrumental ADL refer to preparing meals, shopping for groceries or clothes, using the telephone, managing money, etc.

** Self care ADL refer to bathing, dressing and undressing, feeding self, using the toilet, taking medications, and not bedridden.

1. NCI, Bethesda, USA, Common Terminology Criteria for Adverse Events v5.0 (CTCAE; published 2017); https://ctep.cancer.gov/protocolDevelopment/electronic_applications/ctc.htm#ctc_50 (Download 18.01.2018)

- **Substanzspezifische/Kombinationsspezifische Nebenwirkungen
(teilweise lt. Fachinformationen gemäß MedDRA*)**

* MedDRA - Medical Dictionary for Regulatory Activities

*MedDRA - Medical Dictionary for Regulatory Activities

<https://www.meddra.org/>

Chemotherapie – Akute Toxizitäten I

Substanz	Symptomengruppe												
	Lebensbedrohliche Komplikationen	Lebensbedrohliche Komplikationen	Lebensbedrohliche Komplikationen	Lebensbedrohliche Komplikationen	Lebensbedrohliche Komplikationen	Lebensbedrohliche Komplikationen	Lebensbedrohliche Komplikationen	Lebensbedrohliche Komplikationen	Lebensbedrohliche Komplikationen	Lebensbedrohliche Komplikationen	Lebensbedrohliche Komplikationen	Lebensbedrohliche Komplikationen	Lebensbedrohliche Komplikationen
Alkylantien	4	3	3	3	3	3	3	3	3	3	3	3	3
Cyclophosphamid	4	3	3	3	3	3	3	3	3	3	3	3	3
Antimetabolite	4	3	3	3	3	3	3	3	3	3	3	3	3
Methotrexat	4	3	3	3	3	3	3	3	3	3	3	3	3
5-Fluorouracil	4	3	3	3	3	3	3	3	3	3	3	3	3
Capecitabin	4	3	3	3	3	3	3	3	3	3	3	3	3
Gemcitabin	4	3	3	3	3	3	3	3	3	3	3	3	3
Platin-Komplexe	4	3	3	3	3	3	3	3	3	3	3	3	3
Cisplatin	4	3	3	3	3	3	3	3	3	3	3	3	3
Carboplatin	4	3	3	3	3	3	3	3	3	3	3	3	3
Anthracycline / Anthracenone	4	3	3	3	3	3	3	3	3	3	3	3	3
Epi-/Etoposid	4	3	3	3	3	3	3	3	3	3	3	3	3
Ureteren, Ovarien	4	3	3	3	3	3	3	3	3	3	3	3	3
PEG-Ureteren, Ovarien	4	3	3	3	3	3	3	3	3	3	3	3	3
Silbernitrat	4	3	3	3	3	3	3	3	3	3	3	3	3
Taxane	4	3	3	3	3	3	3	3	3	3	3	3	3
Docetaxel	4	3	3	3	3	3	3	3	3	3	3	3	3
Docetaxel	4	3	3	3	3	3	3	3	3	3	3	3	3
Docetaxel	4	3	3	3	3	3	3	3	3	3	3	3	3
Andere Spinalgefäße	4	3	3	3	3	3	3	3	3	3	3	3	3
Venenkatheter (VKT)	4	3	3	3	3	3	3	3	3	3	3	3	3
Infusionen	4	3	3	3	3	3	3	3	3	3	3	3	3

Die Liste und Gradierung der Nebenwirkungen ist nach Symptomengruppen, MedDRA Terminologie und den folgenden Häufigkeitskategorien dargestellt:
 4: Sehr selten (<1/10.000); 3: Selten (>1/10.000 bis <1/1.000); 2: Gelegentlich (>1/1.000 bis <1/100); 1: Häufig (>1/100 bis <1/10); 0: Sehr häufig (>1/10).
 - Nicht bekannt (insgesamt auf Grundlage der verfügbaren Daten nicht abschätzbar)

Nebenwirkungskategorien - MedDRA (Medical Dictionary for Regulatory Activities)

MedDRA: <https://www.meddra.org/> bzw.

https://www.meddra.org/sites/default/files/guidance/file/intguide_20_1_english_0.pdf

Quellen für die Fachinformationen (Download 19.01.2018)

Cyclophosphamid: http://www.baxter.de/de_DE/assets/downloads/fachinformation/endoxan.pdf

Methotrexat: https://www.gelbe-liste.de/produkte/MTX-HEXAL-10-mg-Tabletten_117469/fachinformation

5-Fluorouracil: https://www.gelbe-liste.de/produkte/Fluorouracil-HEXAL-50-mg-ml-Injektionsloesung-100-ml_546519/fachinformation

Capecitabin: <https://www.zentiva.de/Produkte/Capecitabin-Zentiva/Downloads?id=a63946ee-51ce-46ac-8184-a468b705ed9b>

Gemcitabin: <http://www.success-studie.de/b/downloads/Fachinfo/GemzarFI07Jan.pdf>

Cisplatin: https://www.gelbe-liste.de/produkte/Cisplatin-Teva-1-mg-ml-Konzentrat-zur-Herstellung-einer-Infusionsloesung-100-ml_543960/fachinformation

Carboplatin: <http://www.teva.de/index.php?eID=dumpFile&t=f&f=37532&g=-1&r=11068%2C11068&token=eebf22e78f1cc8d9935d59c087e80630146f49e>

Epirubicin:

Doxorubicin:

Liposomales Doxorubicin: https://www.gelbe-liste.de/produkte/Myocet-50-mg-Pulver-Dispersion-u-Loesungsmittel-fuer-ein-Konzentrat-zur-Herstellung-einer-Infusionsdispersion_359323/fachinformation

PEG-lipo. Doxorubicin: https://www.gelbe-liste.de/produkte/Caelyx-2-mg-ml-Konzentrat-zur-Herstellung-einer-Infusionsloesung-10-ml_121890/fachinformation

Mitoxantron: https://www.gelbe-liste.de/produkte/Mitoxantron-Teva-2-mg-ml-Injektionsloesung-15ml_543783/fachinformation

Paclitaxel: <https://medikamio.com/de-de/medikamente/paclitaxel-ratiopharm/pil>

Nab-Paclitaxel: https://www.gelbe-liste.de/produkte/Abraxane-5-mg-ml-Pulver-zur-Herstellung-einer-Infusionssuspension_514889/fachinformation

Docetaxel: <https://mein.sanofi.de/produkte/Taxotere/Downloads?id=89447754-dfb2-450b-b35a-36950de8a74d>

Vinorelbin: <http://www.detect-studien.de/dokumente/d3/fachinfo/Navelbine.pdf>

Eribulin: http://www.detect-studien.de/dokumente/d4/fachinfo/Fachinfo_Eribulin_Halaven.pdf

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1. Azim HA Jr, de Azambuja E, Colozza M, et al.: Long-term toxic effects of adjuvant chemotherapy in breast cancer. Ann Oncol. 2011 Sep;22(9):1939-47.
2. Petrelli F et al: Mortality, leukemic risk, and cardiovascular toxicity of adjuvant anthracycline and taxane chemotherapy in breast cancer: a meta-analysis. Breast Cancer Res Treat. 2012 Sep;135(2):335-46
3. Jim HS et al: Meta-analysis of cognitive functioning in breast cancer survivors previously treated with standard-dose chemotherapy. J Clin Oncol. 2012 Oct 10;30(29):3578-87
4. Cortes J, O'Shaughnessy J, Loesch D et al. Eribulin monotherapy versus treatment of physician's choice in patients with metastatic breast cancer (EMBRACE): a phase 3 open-label randomised study. Lancet. 2011;377:914-23
5. Link, H. and S. Schmitz (2013). "Treatment of cancer-associated anaemia: results from a two-day cross-sectional survey in Germany." Onkologie 36(5): 266-272.
6. Fox P, Darley A, Furlong E, et al: The assessment and management of chemotherapy-related toxicities in patients with breast cancer, colorectal cancer, and Hodgkin's and non-Hodgkin's lymphomas: A scoping review. Eur J Oncol Nurs. 2017 Feb;26:63-82. doi: 10.1016/j.ejon.2016.12.008. Epub 2016 Dec 22.
7. Maeda S, Saimura M, Minami S, et al. Efficacy and safety of eribulin as first- to third-line treatment in patients with advanced or

metastatic breast cancer previously treated with anthracyclines and taxanes. See comment in PubMed Commons below Breast. 2017 Jan 2;32:66-72. doi: 10.1016/j.breast.2016.12.017.

8. Zhang XH, Hao S, Gao B, et al. A network meta-analysis for toxicity of eight chemotherapy regimens in the treatment of metastatic/advanced breast cancer. *Oncotarget*. 2016 Dec 20;7(51):84533-84543. doi: 10.18632/oncotarget.13023.
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10. Crawford J.
11. NCCN, editor. NCCNR Practice Guidelines in Oncology - v.1.2011; Myeloid Growth Factors. National Comprehensive Cancer Network 2011. 18-7-2011.
12. Madeddu C, Deidda M, Piras A, et al. Pathophysiology of cardiotoxicity induced by nonanthracycline chemotherapy. *J Cardiovasc Med (Hagerstown)*. 2016 May;17 Suppl 1 Special issue on Cardiotoxicity from Antiblastic Drugs and Cardioprotection:e12-e18. Review.

Chemotherapie – Akute Toxizitäten II



Substanz	Systemtoxizitäten										Neurotoxizitäten
	Herz-Kreislaufsystem	Blut	Leber und Galle	Nieren	Verdauungstrakt	Atmungsorganen	Endokrin	Stoffwechsel	Immunsystem	Andere	
Antibiotika	3	4	4	5	-	5	-	4	5	-	Hypersensibilisierung
Cyclophosphamid	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Antimetabolite	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Methotrexat	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
5-Fluorouracil	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Capecitabin	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Gemcitabin	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Platin-Komplexe	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Cisplatin	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Carboplatin	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Anthracycline / Anthracenone	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Epi-/Doxorubicin	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Epi-/Doxorubicin	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Fluorouracil	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Mitomycin	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Taxane	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Paclitaxel	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Docetaxel	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Andere Antineoplastische	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Vincristin IV (PGE)	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Vinorelbine IV (PGE)	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz
Erlotinib	4	5	5	4	5	5	-	5	5	-	Mukositis, Blasen "blind spots", Fieber, Nausea, Herz

Die Güte und Gradierung der Nebenwirkungen ist nach Systemtoxizitäten, MedDRA Terminologie und den folgenden Häufigkeitskategorien dargestellt:
 5: Sehr selten (<1/10.000); 4: Selten (>1/10.000 bis <1/1.000); 3: Gelegentlich (>1/1.000 bis <1/100); 2: Häufig (>1/100 bis <1/10); 1: Sehr häufig (>1/10).
 - Nicht bekannt (Häufigkeit auf Grundlage der verfügbaren Daten nicht abschätzbar)

Abkürzungen

AML = Akute myeloische Leukämie; DPD = Dihydropyrimidin-Dehydrogenase); CHF = Kardiomyopathie; CIPN = Chemotherapie induzierte periphere Neuropathie; HFS = Hand-Fuß-Syndrom; PPE = Palmares und plantares Erythem.

Nebenwirkungskategorien - MedDRA (Medical Dictionary for Regulatory Activities)

MedDRA: <https://www.meddra.org/> bzw.

https://www.meddra.org/sites/default/files/guidance/file/intguide_20_1_english_0.pdf

Quellen für die Fachinformationen (Download 19.01.2018)

Cyclophosphamid: http://www.baxter.de/de_DE/assets/downloads/fachinformation/endoxan.pdf

Methotrexat: https://www.gelbe-liste.de/produkte/MTX-HEXAL-10-mg-Tabletten_117469/fachinformation

5-Fluorouracil: https://www.gelbe-liste.de/produkte/Fluorouracil-HEXAL-50-mg-ml-Injektionsloesung-100-ml_546519/fachinformation

Capecitabin: <https://www.zentiva.de/Produkte/Capecitabin-Zentiva/Downloads?id=a63946ee-51ce-46ac-8184-a468b705ed9b>

Gemcitabin: <http://www.success-studie.de/b/downloads/Fachinfo/GemzarFI07Jan.pdf>

Cisplatin: <https://www.gelbe-liste.de/produkte/Cisplatin-Teva-1-mg-ml-Konzentrat-zur-Herstellung-einer->

Infusionsloesung-100-ml_543960/fachinformation

Carboplatin: <http://www.teva.de/index.php?eID=dumpFile&t=f&f=37532&g=-1&r=11068%2C11068&token=eebfb22e78f1cc8d9935d59c087e80630146f49e>

Epirubicin:

Doxorubicin:

Liposomales Doxorubicin: https://www.gelbe-liste.de/produkte/Myocet-50-mg-Pulver-Dispersion-u-Loesungsmittel-fuer-ein-Konzentrat-zur-Herstellung-einer-Infusionsdispersion_359323/fachinformation

PEG-lipo. Doxorubicin: https://www.gelbe-liste.de/produkte/Caelyx-2-mg-ml-Konzentrat-zur-Herstellung-einer-Infusionsloesung-10-ml_121890/fachinformation

Mitoxantron: https://www.gelbe-liste.de/produkte/Mitoxantron-Teva-2-mg-ml-Injektionsloesung-15ml_543783/fachinformation

Paclitaxel: <https://medikamio.com/de-de/medikamente/paclitaxel-ratiopharm/pil>

Nab-Paclitaxel: https://www.gelbe-liste.de/produkte/Abraxane-5-mg-ml-Pulver-zur-Herstellung-einer-Infusionssuspension_514889/fachinformation

Docetaxel: <https://mein.sanofi.de/produkte/Taxotere/Downloads?id=89447754-dfb2-450b-b35a-36950de8a74d>

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Eribulin: http://www.detect-studien.de/dokumente/d4/fachinfo/Fachinfo_Eribulin_Halaven.pdf

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2. Petrelli F et al: Mortality, leukemic risk, and cardiovascular toxicity of adjuvant anthracycline and taxane chemotherapy in breast cancer: a meta-analysis. Breast Cancer Res Treat. 2012 Sep;135(2):335-46
3. Jim HS et al: Meta-analysis of cognitive functioning in breast cancer survivors previously treated with standard-dose chemotherapy. J Clin Oncol. 2012 Oct 10;30(29):3578-87
4. Cortes J, O'Shaughnessy J, Loesch D et al. Eribulin monotherapy versus treatment of physician's choice in patients with metastatic breast cancer (EMBRACE): a phase 3 open-label randomised study. Lancet. 2011;377:914-23
5. Link, H. and S. Schmitz (2013). "Treatment of cancer-associated anaemia: results from a two-day cross-sectional survey in Germany." Onkologie 36(5): 266-272.

6. Fox P, Darley A, Furlong E, Miaskowski C, Patiraki E, Armes J, Ream E, Papadopoulou C, McCann L, Kearney N, Maguire R. The assessment and management of chemotherapy-related toxicities in patients with breast cancer, colorectal cancer, and Hodgkin's and non-Hodgkin's lymphomas: A scoping review. *Eur J Oncol Nurs*. 2017 Feb;26:63-82. doi: 10.1016/j.ejon.2016.12.008. Epub 2016 Dec 22.
7. Maeda S, Saimura M, Minami S, et al. Efficacy and safety of eribulin as first- to third-line treatment in patients with advanced or metastatic breast cancer previously treated with anthracyclines and taxanes. See comment in PubMed Commons below *Breast*. 2017 Jan 2;32:66-72. doi: 10.1016/j.breast.2016.12.017.
8. Zhang XH, Hao S, Gao B, et al. A network meta-analysis for toxicity of eight chemotherapy regimens in the treatment of metastatic/advanced breast cancer. *Oncotarget*. 2016 Dec 20;7(51):84533-84543. doi: 10.18632/oncotarget.13023.
9. Basch E, Prestrud AA, Hesketh PJ, et al. Antiemetics: American Society of Clinical Oncology Clinical Practice Guideline Update. *Journal of Clinical Oncology* 2011;29:4189- 4198
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12. Madeddu C, Deidda M, Piras A, et al. Pathophysiology of cardiotoxicity induced by nonanthracycline chemotherapy. *J Cardiovasc Med (Hagerstown)*. 2016 May;17 Suppl 1 Special issue on Cardiotoxicity from Antiblastic Drugs and Cardioprotection:e12-e18. Review.

[illegible]

MedDRA: <https://www.meddra.org/bzw>.
https://www.meddra.org/sites/default/files/guidance/file/intguide_20_1_english_0.pdf

Tamoxifen: https://www.gelbe-liste.de/produkte/Tamoxifen-20-mg-HEXAL-Filmtbl_8660/fachinformation
Anastrozol: <https://imedikament.de/anastrozol-ratiopharm-1-mg-filmtabletten/fachinformation>
Exemestan: http://www.success-studie.de/c/downloads/Fachinfo/FI_ExemestanAromasin.pdf
Letrozol: http://www.success-studie.de/b/downloads/Fachinfo/Femara_Juli_2014.pdf
Fulvestrant: https://www.gelbe-liste.de/produkte/Fulvestrant-HEXAL-250-mg-Injektionsloesung-in-einer-Fertigspritze_912622/fachinformation

Nebenwirkungen – Antikörper/ Antikörper-Wirkstoff-Konjugate		Oxford	
		LoE	GR
<p>AGO e. V. in der DGBC e. V. in der DKG e. V.</p> <p>Guidelines Breast Version 2021.1D</p> <p>www.ago-online.de</p> <p>ANTIKÖRPER WIRKSTOFF-KONJUGATE</p>	Trastuzumab		
	<ul style="list-style-type: none"> Kardiotoxizität in der adjuvanten Therapie (LD-2,5%) Troponin I als Marker für Kardiotoxizität 	1b	A
		2b	B
	Pertuzumab		
	<ul style="list-style-type: none"> Ekzem, Diarrhoe, Mukositis 	1b	A
	Trastuzumab-Emtansin (T-DM1)		
	<ul style="list-style-type: none"> Thrombozytopenie, Anstieg Leberenzyme Fieber, Kopfschmerzen, Pneumonitis, Polyneuropathie 	1b	A
	Bevacizumab		
	<ul style="list-style-type: none"> Hypertonus, Linksherzinsuffizienz Blutung, Proteinurie 	1a	A
	Trastuzumab-Deruxatecan		
	<ul style="list-style-type: none"> Interstitielle Lungenerkrankung, Neutropenie, Übelkeit 	2b	B

Cardiotoxicity....

- Slamon D, Eiermann W, Robert N et al: Adjuvant trastuzumab in HER2-positive breast cancer. N Engl J Med 365:1273-1283, 2011
- Procter M, Suter TM, de Azambuja, et al: Longer-term assessment of trastuzumab-related cardiac adverse events in the Herceptin Adjuvant (HERA) trial. J Clin Oncol 28: 3422-3428, 2010
- Russell SD, Blackwell KL, Lawrence J, et al: Independent adjudication of symptomatic heart failure with the use of doxorubicin and cyclophosphamide followed by trastuzumab adjuvant therapy: a combined review of cardiac data from the National Surgical Adjuvant breast and Bowel Project B-31 and the North Central Cancer Treatment Group N9831 clinical trials. J Clin Oncol 28: 3416-3421, 2010
- Higa GM, Abraham J: Biological mechanisms of bevacizumab-associated adverse events. Expert. Rev Anticancer Ther 2009;9:999–1007
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- Cameron D, Piccart-Gebhart MJ, Gelber RD, et al.: Herceptin Adjuvant (HERA) Trial Study Team. 11 years' follow-up of trastuzumab after adjuvant chemotherapy in HER2-positive early breast cancer: final analysis of the HERceptin Adjuvant (HERA) trial. Lancet. 2017 Mar 25;389(10075):1195-1205.

8. Pondé NF, Lambertini M, de Azambuja E. Twenty years of anti-HER2 therapy-associated cardiotoxicity. ESMO Open. 2016 Jul 21;1(4):e000073.

Troponin I....

1. Cardinale D, Colombo A, Torrisi R, et al: Trastuzumab-induced cardiotoxicity: clinical and prognostic implications of troponin I evaluation. J Clin Oncol 28: 3910-3916, 2010

Bevacizumab

1. Cortes J, Calvo V, Ramirez-Merino N et al: Adverse events risk associated with bevacizumab addition to breast cancer chemotherapy: a metanalysis. Ann Oncol. 2019 Jan 9. doi: 10.1093/annonc/mdy535
2. Hamilton EP, Blackwell KL: Safety of Bevacizumab in patients with metastatic breast cancer. Oncology 80:314-325, 2011
3. Syrigos KN, Karapanagiotu E, Boura P et al: Bevacizumab-induced hypertension. Biodrugs; 25:159-169, 2011
4. Blowers E, Hall K: Managing adverse events in the use of bevacizumab and chemotherapy. Br J Nurs 2009;18:351–6, 58
5. Miller K, Wang M, Gralow J, et al: Paclitaxel plus bevacizumab versus paclitaxel alone for metastatic breast cancer. N Engl J Med 357: 2666-2676, 2007

Lapatinib...

1. Wu PA, Balagula Y, Lacouture ME, et al.: Prophylaxis and treatment of dermatologic adverse events from epidermal growth factor receptor inhibitors. Curr Opin Oncol 23:343-351, 2011
2. Von Minckwitz G, Eidtmann H, Loibl S et al: Integrating bevacizumab, everolimus, and lapatinib into current neoadjuvant chemotherapy regimen for primary breast cancer. Safety results of the GeparQuinto trial. Ann Oncol 22:301-306, 2011
3. Sherill B, Amonkar MM, Sherif B et al: Quality of life in hormone receptor-positive Her2-positive metastatic breast cancer patients during treatment with letrozole alone or in combination with lapatinib. Oncologist 15:944-953, 2010
4. Cameron D, Casey M, Olicka C et al: Lapatinib plus capecitabine in women with Her2-positive advanced breast cancer: Final survival analysis of a phase III randomized trial. Oncologist 15:924-934, 2010
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Pertuzumab

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3. Baselga J, Cortes J, Kim S-B et al. Pertuzumab plus Trastuzumab plus Docetaxel for metastatic breast cancer. N Engl J Med 2012; 366:109-119

T-DM1

1. Verma S, Miles D, Gianni L, et al: EMILIA Study Group. Trastuzumab emtansine for HER2-positive advanced breast cancer. N Engl J Med. 2012 Nov 8;367(19):1783-91.
2. von Minckwitz G, Huang CS, Mano MS, et al.; KATHERINE Investigators. Trastuzumab Emtansine for Residual Invasive HER2-Positive Breast Cancer. N Engl J Med. 2018 Dec 5. doi: 10.1056/NEJMoa1814017

Trastuzumab-Deruxtecan

1. Modi S, Saura C, Yamashita T, et al.: Trastuzumab deruxtecan in previously treated her2-positive breast cancer. N Engl J Med 2019.
2. Tamura K, Tsurutani J, Takahashi S, et al.: Trastuzumab deruxtecan (ds-8201a) in patients with advanced her2-positive breast cancer previously treated with trastuzumab emtansine: A dose-expansion, phase 1 study. Lancet Oncol 2019;20:816-826.



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Nebenwirkungen antiHER2-TKI: Neratinib, Lapatinib

Lapatinib

UE, %	Alle Grade	Grad ≥ 3
Diarrhöe	63%	6%
Nausea	18%	4%
Hautausschlag	60%	6%
Fatigue	16%	4%
Kardiale NW	3%	< 1% SAE
Hepatobiliäre NW	8%	
Alle UE	92%	SAE 6%

Neratinib

UE, %	Alle Grade (%)	Grad ≥ 3 (%)
Diarrhöe	90	40,1
Nausea	43	2
Bauchschmerzen	36	2
Fatigue	27	2
Erbrechen	26	3
Hautausschlag	18	0,6
Stomatitis	14	0,6
Appetitverlust	12	0,2
Dyspepsie	10	0,4
ALAT-Erhöhungen	9	1,2
ASAT-Erhöhungen	7	0,7
Nagelstörungen	8	0,3
Trockene Haut	6	0

**Primäre Prophylaxe mit
Loperamid**

LoE GR AGO
2b B ++

1. Chan A, Delaloge S, Holmes FA et al Neratinib after trastuzumab –based adjuvant therapy in patients with HER2 positive breast cancer (ExteNET): a multicentr, randomized, double.-blind, placebo controlled , phase III trial. Lancet Oncol 17(39: 367-377, 2016
2. Piccart-Gebhart M , Holmes E., Baselga J et al Adjuvant Lapatinib and Trastuzumab for Early Human Epidermal Growth Factor Receptor 2-positive Breast Cancer:Results From the Randomized Phase III Adjuvant Lapatinib and/or Trastuzumab Treatment Optimization Trial. JCO 34:1034-1042, 2015
3. Neratinib: FDA Produktinformation 2017

Nebenwirkungen anti-HER2 TKI Tucatinib+ Trastuzumab+ Capecitabin

NW	Alle Grade (%)	≥ Grad 3 (%)
Alle Ereignisse	99.3	55.2
Diarrhoe	80.9	12.9
PPE Syndrom	63.4	13.1
Übelkeit	58.4	3.7
Fatigue	45.0	4.7
Erbrechen	35.9	3.0
Stomatitis	25.5	2.5
Red. Appetit	24.8	0.5
Kopfschmerz	21.5	0.5

1. Murthy RK, Loi S, Okines A, Paplomata E, Hamilton E, Hurvitz SA, Lin NU, Borges V, Abramson V, Anders C, Bedard PL, Oliveira M, Jakobsen E, Bachelot T, Shachar SS, Müller V, Braga S, Duhoux FP, Greil R, Cameron D, Carey LA, Curigliano G, Gelmon K, Hortobagyi G, Krop I, Loibl S, Pegram M, Slamon D, Palanca-Wessels MC, Walker L, Feng W, Winer EP. Tucatinib, Trastuzumab, and Capecitabine for HER2-Positive Metastatic Breast Cancer. N Engl J Med. 2020 Feb 13;382(7):597-609. doi: 10.1056/NEJMoa1914609. Epub 2019 Dec 11.

Nebenwirkungen CDK 4/6 Inhibitoren (Palbociclib / Ribociclib / Abemaciclib)				
UE, %	Alle Grade	Grad 3	Grad 4	
Neutropenie	79,3/74,3/81,3	56,1/49,7/39,6	19,4/1,6/1,3	
Leukopenie	99,8/92,9/99,8	38,1/19,6/7,3	0,7/1,3/0,3	
Anämie	34,1/18,6/28,4	5,2/0,3/5,8	0,3/0,1/0	
Thrombopenie	13,3/7,7/10,9	1,4/0,8/2,9	0,2/0,1/0	
Fatigue	37,4/36,3/40,1	1,8/2,1/1,8	0/0,3/0	
Übelkeit	35,1/31,5/38,5	0,2/1,4/0,9	0/0/0	
Erbrechen	13,3/20,3/28,4	0,3/1,6/2,2	0/0/0	
Diarrhoe	26,1/10,6/81,3	1,4/1,2/8,3	0/0/0	
Alopecie	32,9/33,2/26,6	-	-	
Exanthem	17,8/17,1/ 14,9	0,9/0,8/1,6	0/0/0	
ALT Erhöhung	9,9/15,6/13,8	1,7/7,5/5,8	0,3/1,3/0,3	
AST Erhöhung	9,7/15,0/15,0	2,5/6,6/3,0	0/0,9/0	
Infektionen	66/36,3/39,1	6,0/3,4/4,0	1/0,6/0,9	
QT Prolongation	N.A./7,5/N.A.	N.A./1,5/N.A.	N.A./0/N.A.	
Palbociclib/Ribociclib/Abemaciclib				


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Palbociclib

1. Verma S, Bartlett CH, Schnell P, et al. Palbociclib in Combination With Fulvestrant in Women With Hormone Receptor-Positive/HER2-Negative Advanced Metastatic Breast Cancer: Detailed Safety Analysis From a Multicenter, Randomized, Placebo-Controlled, Phase III Study (PALOMA-3). *Oncologist*. 2016 Oct;21(10):1165-1175. Epub 2016 Jul 1.
2. N.Harbeck, J. Ettl, Palbociclib, CDK 4/ 6 Inhibition als neue Therapieoption bei Patientinnen mit fortgeschrittenem HR+/ Her – Mammakarzinom. *Drug Report*, 2017

Ribociclib

1. Hortobagyi GN, Stemmer SM, Burris HA, et al. Ribociclib as First-Line Therapy for HR-Positive, Advanced Breast Cancer. *N Engl J Med*. 2016 Nov 3;375(18):1738-1748. Epub 2016 Oct 7.

Abemaciclib

1. Sledge GW, Jr., Toi M, Neven P, et al: Monarch 2: Abemaciclib in combination with fulvestrant in women with hr+/her2- advanced breast cancer who had progressed while receiving endocrine therapy. *J Clin Oncol* 2017;35:2875-2884.
2. Goetz MP, Toi M, Campone M, et al: Monarch 3: Abemaciclib as initial therapy for advanced breast cancer. *J Clin Oncol* 2017;35:3638-3646.

QT-Zeit-Verlängerung: Ribociclib vs Placebo

- Post-baseline Verlängerung der QT-Zeit > 480 msec 6.9% vs 1.2 %
- Post-baseline Verlängerung der QT Zeit > 500 msec 1,5 % vs 0,3%
- Therapieabbruch wegen QT Zeit Verlängerung 0.3% vs 0.6%
- QT Verlängerung ist nicht mit klinischer Symptomatik assoziiert, aber mit einem erhöhten Risiko für lebensbedrohliche Arrhythmien („torsades de pointes“, TdP)

1. Tripathy D, Im SA, Colleoni M, et al. Ribociclib plus endocrine therapy for premenopausal women with hormone-receptor-positive, advanced breast cancer (MONALEESA-7): a randomized phase 3 trial. *Lancet Oncol*. 2018 Jul;19(7):904-915.
2. Slamon DJ, Neven P, Chia S, et al. Phase III Randomized Study of Ribociclib and Fulvestrant in Hormone-Receptor-Positive, Human Epidermal Growth Factor Receptor-2 Negative Advanced Breasts Cancer: MONALEESA-3. *J Clin Oncol*. 2018 Aug 20;36(24):2465-2472.
3. Durairaj C, Ruiz-Garcia A, Gauthier ER, et al. Palbociclib has no clinically relevant effect on the QTc interval in patients with advanced breast cancer. *Anticancer Drugs*. 2018 Mar;29(3):271-280.
4. Trinkley KE, Page RL 2nd, Lien H, et al. QT interval prolongation and the risk of torsades de pointes: essentials for clinicians. *Curr Med Res Opin*. 2013 Dec;29(12):1719-26.

Nebenwirkungen mTOR-Inhibitor (Everolimus)			
UE, N	Alle Grade (%)	Grad ≥3 (%)	
Stomatitis	11,6	1,6	
Kesselschlag	7,4	0,00	
Arthralgie	3,9	1,9	
Fatigue	6,8	0,8	
Übelkeit	5,6	0	
Erbrechen	2,9	0	
Diarrhoe	6,2	0,00	
Appetitminderung	6,0	0,00	
Kopfschmerz	3,9	0	
Geschmacksverlust	3,9	0	
Dyspnoe	3,6	0,06	
Arthralgie	3,3	0	
Epistaxis	3,1	0	
Ödem	3,9	0	
Constipation	3,6		
Pain	2,9	0	
Nasen	4,5	0	
ALT Erhöhung	3,6	0	
Pneumonitis	0,2	0	
Rothete	3,6	0,06	
Dysgeusie	4,5	0	

1. Baselga J, Campone M, Piccart M et al Everolimus in postmenopausal hormone receptor positive advanced breast cancer N Engl J Med:366,: 520 -529, 2012

Nebenwirkungen PIK3CA in Kombination mit endokriner Therapie

Alpelisib+Fulvestrant

UE, %	Alle Grade	Grad ≥/≥3
Hyperglykämie	63,7%	32,7%
Diarrhö	57,7%	6,7%
Übelkeit	44,7%	2,5%
Appetitlosigkeit	35,6%	< 1% SAE
Hautausschlag	35,5%	9,9%
Erbrechen	27,1%	< 1% SAE
Gewichtsverlust	26,8%	3,9%
Stomatitis	24,6%	2,5%
Fatigue	24,3%	3,5
Anämie	20,4%	1,8
Haarverlust	19,7%	0
Mucositis	18,9%	2,1

Berücksichtigung der Empfehlungen zum Nebenwirkungsmanagement (Diabetes mellitus, Hyperglykämie, Insulinresistenz und metabolisches Syndrom)

LoE	GR	AGO
2b	B	++

Andre F, et al N Engl J Med 2019;380:1929-1940

1. H. S. Rugo, F. André, et al. Time Course and Management of Key Adverse Events During the Randomized Phase 3 SOLAR-1 Study of PI3K inhibitor Alpelisib Plus Fulvestrant in Patients With HR-Positive Advanced Breast Cancer in press, 2020
2. Andre F, Ciruelos E, Rubovszky G et al.:Alpelisib for pik3ca-mutated, hormone receptor-positive advanced breast cancer. N Engl J Med 2019;380:1929-1940.
3. Mayer IA, Abramson V, Formisano L, et al.: A phase ib study of alpelisib (byl719), a pi3kalphaspecific inhibitor, with letrozole in er+/her2-negative metastatic breast cancer. Clin Cancer Res 2016.

Nebenwirkungen PARP-Inhibitoren – Olaparib, Talazoparib

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Olaparib

UE, N	Alle Grade (%)	Grad ≥3 (%)
Jagliche UE	87,1	36,4
Neutropenie	27,3	5,3
Anämie	40,0	16,1
Fatigue	28,9	2,8
Übelkeit	58,0	0
Erbrechen	25,8	0
Stuhlgang	20,1	0,3
Appetitminderung	16,1	0
Kopfschmerz	20,0	1
Pyrexie	14,1	0
Husten	17,1	0
ALT Erhöhung	11,3	1,3
AST Erhöhung	9,3	2,4
PPV	0,3	
Therapieabbruch	4,9	

Talazoparib

UE, N	Alle Grade (%)	Grad ≥3 (%)
Jagliche UE	98,6	31,8
Neutropenie	34,6	20,9
Anämie	32,8	28,2
Fatigue	50,3	3,7
Übelkeit	48,6	0,3
Erbrechen	24,8	2,4
Stuhlgang	22,9	0,7
Appetitminderung	21,9	0,3
Kopfschmerz	32,5	1,7
Pyrexie	21,8	2,4
Husten	17,5	2,4
ALT Erhöhung	3,3	1,7
AST Erhöhung	1,4	0,3
PPV	98,6	31,8
Therapieabbruch	34,6	20,9

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 UND GYNÄKOLOGIE

1. Litton JK, Rugo HS, Ettl J, et al. Talazoparib in Patients with Advanced Breast Cancer and a Germline BRCA Mutation. N Engl J Med. 2018 Aug 23;379(8):753-763.
2. Robson M, Im SA, Senkus E et al. Olaparib for metastatic breast cancer in patients with germline BRCA mutation N Engl J Med 377: 523-533, 2017

Immun-Checkpoint-Inhibitoren

▪ Therapeutische Ansätze (Antikörper)

▪ PD1 /PD-L1

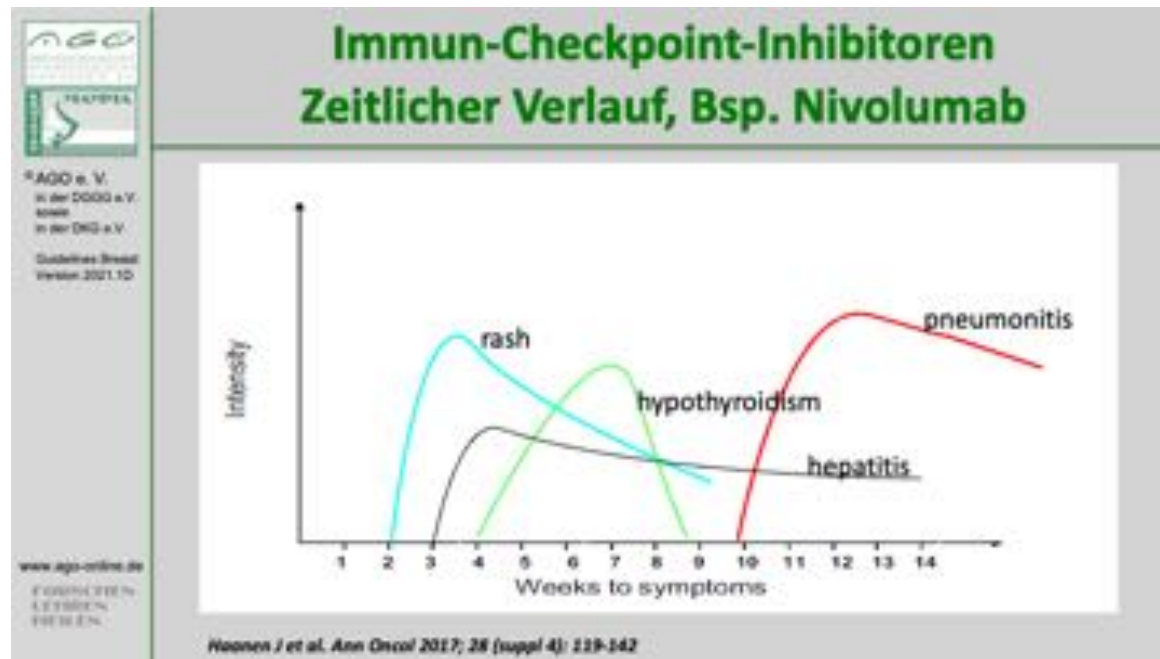
PD1

- Nivolumab
- Pembrolizumab

PD-L1

- Atezolizumab
- Durvalumab
- Avelumab

1. Haanen J, Carbonnel F, Robert C, et al, on behalf of the ESMO Guidelines Committee: Management of toxicities from immunotherapy: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up. Ann Oncol 2017; 28 (suppl 4): 119-142. doi: ^0.1093/annonc/mdx225
2. Ingrid A. Mayer¹, Aleix Prat², Daniel Egle³, et al.: A Phase II Randomized Study of Neoadjuvant Letrozole Plus Alpelisib for Hormone Receptor-Positive, Human Epidermal Growth Factor Receptor 2-Negative Breast Cancer (NEO-ORB) Clin Cancer Res. 2019 May 15; 25(10): 2975–2987.



1. Haanen J, Carbonnel F, Robert C, et al. on behalf of the ESMO Guidelines Committee: Management of toxicities from immunotherapy: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up. Ann Oncol 2017; 28 (suppl 4): 119-142.

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Immun-Checkpoint-Inhibitoren

- **Nebenwirkungen ≥ Grad 3**
 - Diarrhoe
 - Fatigue
 - Hautveränderungen (v.a. makulopapulöses Exanthem, Vitiligo, Epidermolysen)
 - Pneumonitis
 - Colitis
 - Hypophysitis
 - Hepatitis
 - Nephritis
 - Thyreoiditis (Hyper-/Hypothyreose)
 - Guillain-Barre-Syndrom
 - Kardiomyopathie
 - Myopathie – Myalgie – Rhabdomyolyse
 - Uveitis

1. Haanen J, Carbonnel F, Robert C, et al. on behalf of the ESMO Guidelines Committee: Management of toxicities from immunotherapy: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up. Ann Oncol 2017; 28 (suppl 4): 119-142.

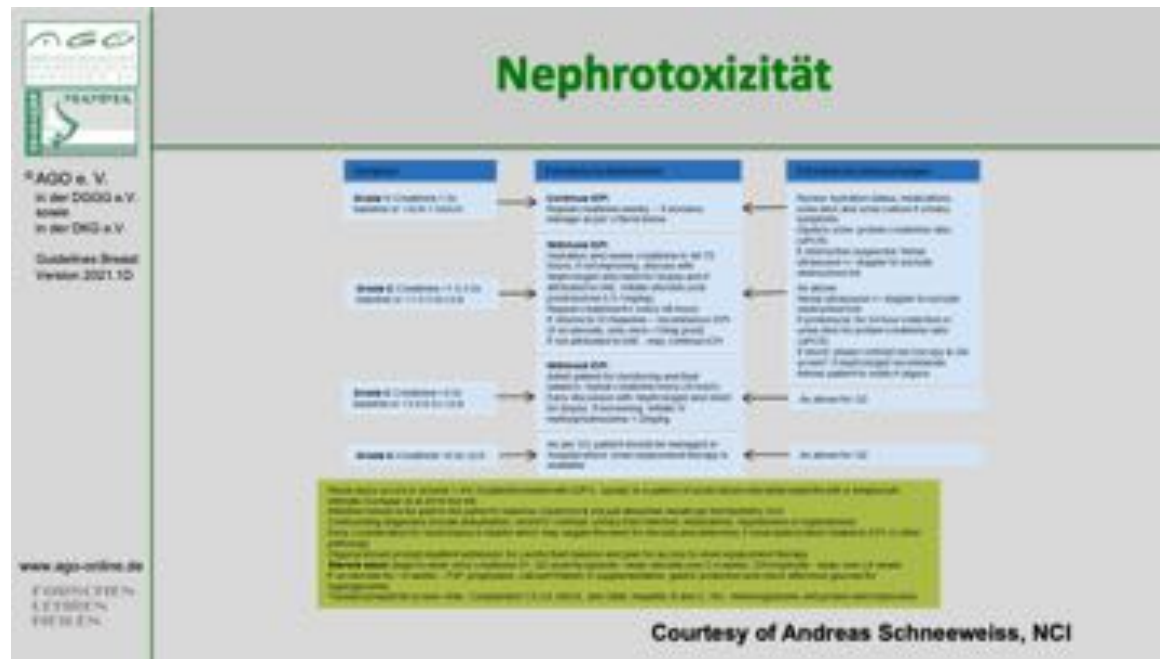
Immun-Checkpoint-Inhibitoren Toxizitäten (Gesamt in %)			
	Atezolizumab	Nivolumab	Pembrolizumab
Diarrhö	18,6%	13%	18%
Kolitis	1,1%	2%	1%
Hautausschlag	18,6%	15%	<1%
Hepatotoxizität	0,3%	1%	0,5%
Hypophysitis	<0,1%	<1%	0,5%
Pneumonitis	3,1%	3%	2,9%
Schilddrüsen- fehlfunktion	Hyper- 1,7% Hypo- 4,7%	Hyper -1% Hypo- 4%	Hyper- 1,2% Hypo- 8,3%
Nephritis	<1%	1%	0,7%
Neuropathien	0,2%	<1%	<1%

Atezolizumab Fachinformationen 2018, Nivolumab, safety management SMS 2014, Pembrolizumab PI 2014

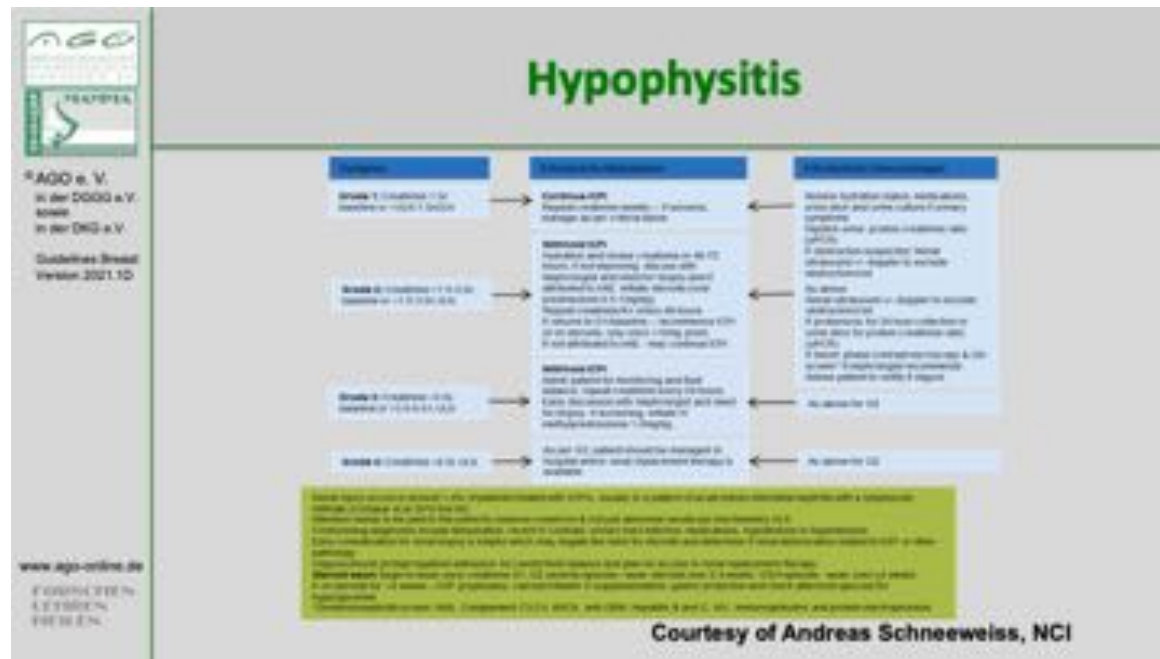
Atezolizumab: <https://www.fachinfo.de/suche/fi/021700>
 Nivolumab: <https://www.fachinfo.de/suche/fi/020675>
 Pembrolizumab: <https://www.fachinfo.de/suche/fi/020716>

Immun-Checkpoint-Inhibitoren NW-Management - Grundsätze	
CTC AE-Grad	Management
1	<ul style="list-style-type: none"> • Supportive Therapie • Engmaschige Kontrollen • Ausschluss Infektion • Patientenaufklärung
2	Wie Grad 1 aber <ul style="list-style-type: none"> • Pausierung der Therapie bis alle iAE Grad 0-1 • Ggf Kortikosteroide
3	<ul style="list-style-type: none"> • Supportive Therapie • I. v.-Steroide (z. B. 1-2 mg/kg Prednisolon) Wenn keine Besserung innerhalb 48 h: <ul style="list-style-type: none"> • Ggf zusätzliche andere Immunsuppression (Infliximab, MMF) • Ggf organspezifische weitere Diagnostik (z. B. Koloskopie) • Ggf Konsil Fachspezialist • Ausschluss oder Behandlung von Infektion • Absetzen der Therapie, ggf Fortsetzung, wenn CTC AE Grad 0,1 • Langsames Ausschleichen der Steroide (3-6 Wochen)
4	Wie Grad 3 aber dauerhaftes Absetzen der Therapie

1. Haanen J, Carbonnel F, Robert C, et al. on behalf of the ESMO Guidelines Committee: Management of toxicities from immunotherapy: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up. Ann Oncol 2017; 28 (suppl 4): 119-142.



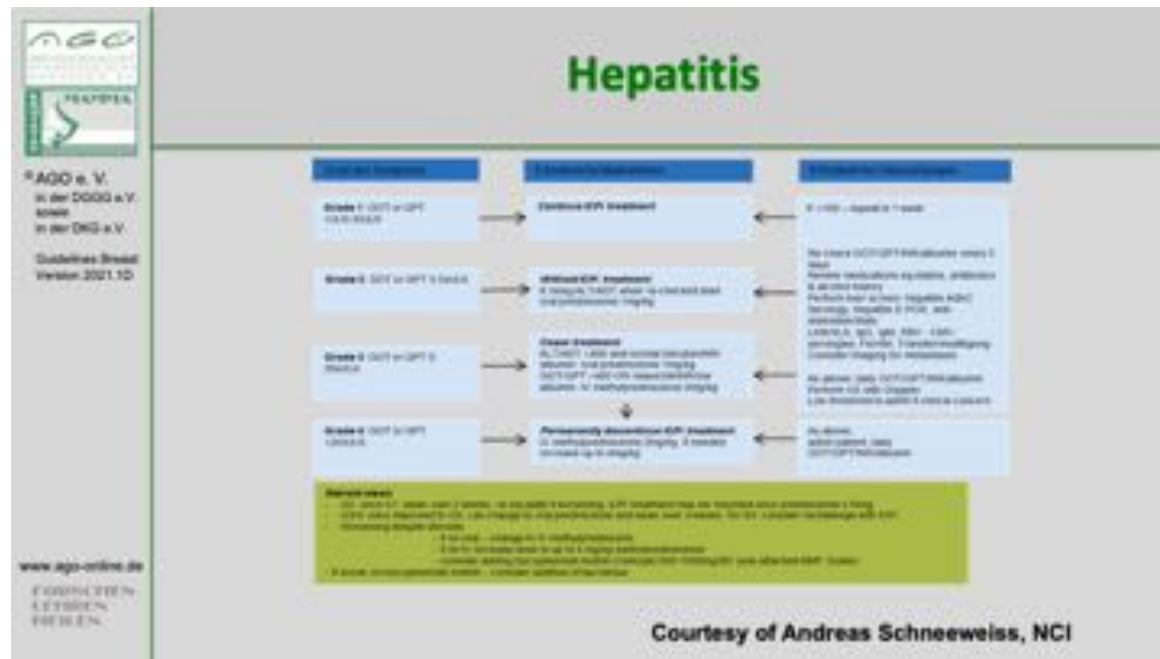
1. Haanen J, Carbonnel F, Robert C, et al. on behalf of the ESMO Guidelines Committee: Management of toxicities from immunotherapy: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up. Ann Oncol 2017; 28 (suppl 4): 119-142.



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1. Haanen J, Carbone F, Robert C, et al. on behalf of the ESMO Guidelines Committee: Management of toxicities from immunotherapy: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up. Ann Oncol 2017; 28 (suppl 4): 119-142.



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Nebenwirkungen nach Organsystemen Inzidenz, Prävention, Therapie

1. Infektionen

- Allgemeine Infektionsprophylaxe
- Hepatitis B-Screening
- Covid-19 (s. gemeinsame Stellungnahme mit DGHO)



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Allgemeine Infektionsprophylaxe

NB nur selten für solide Tumoren wie MaCa anwendbar

ASCO Practice Guideline „Antimicrobial Prophylaxis...“ 2018

	Oxford		
	LoE	GR	AGO
• Vermeidung von besonders infektionsbegünstigenden Faktoren/Umgebungen	5	D	+
• Prophylaktische Therapie in Low-Risk-Patienten	1a	B	-
• Prophylaktische Therapie bei Hochrisikopatienten* (z.B. gemäß NCCN-Leitlinien) mit:			
• Antibiotika	1a	A	++
• Antimykotika (Triazol-Antimykotika)	1a	B	+/-
• Virostatika bei soliden Tumoren	5	D	-
• Granulopoese-stimulierende Faktoren	1a	A	++

* Definition Hochrisiko: vermutete Neutropeniedauer < 100/µl ≥ 7d

ASCO:

Taplitz RA, Kennedy EB, Bow EJ, Crews J, Gleason C, Hawley DK, Langston AA, Nastoupil LJ, Rajotte M, Rolston K, Strasfeld L, Flowers CR:
 Outpatient management of fever and neutropenia in adults treated for malignancy: American society of clinical oncology and
 infectious diseases society of america clinical practice guideline update. J Clin Oncol 2018;36:1443-1453.

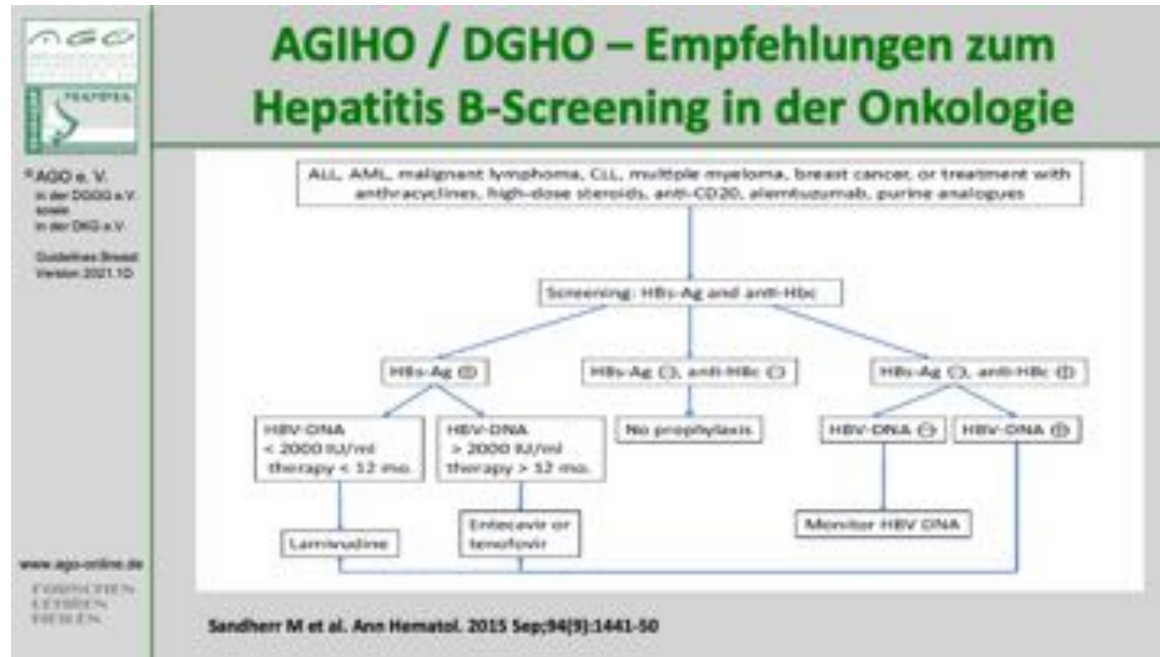
NCCN:

NCCN Guidelines Version 1.2020 Prevention and Treatment of Cancer-Related Infections.
https://www.nccn.org/professionals/physician_gls/PDF/infections.pdf

Hepatitis B-Screening vor Chemotherapie

	Oxford		
	LoE	GR	AGO
• Hepatitis B-Screening vor Beginn einer Chemotherapie (HBsAG, anti-HBc)	2c	B	+
Bei Reaktivierung bzw. bei positiver Serologie			
• Unterbrechung der Chemotherapie	5	D	++
• Prophylaktische Therapie mit Virustatika bei Nachweis von HBV-DNA (entsprechend AGIHO/DGHO – Empfehlungen)	1b	A	++
• Hepatitis C-Screening vor Beginn einer Chemotherapie	5	D	+/-

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https://www.nccn.org/professionals/physician_gls/pdf/infections.pdf



1. Sandherr M, Hentrich M, von Lilienfeld-Toal M, et al. Antiviral prophylaxis in patients with solid tumours and haematological malignancies--update of the Guidelines of the Infectious Diseases Working Party (AGIHO) of the German Society for Hematology and Medical Oncology (DGHO). Ann Hematol. 2015 Sep;94(9):1441-50.
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Nebenwirkungen nach Organsystemen Inzidenz, Prävention, Therapie

2. Gutartige, bösartige und nicht spezifizierte Neubildungen (einschl. Zysten und Polypen)

Sekundäre Malignome I

	Oxford	
	LoE	GR
▪ Die Induktion von soliden, malignen Tumoren durch Chemotherapie ist selten		2a
▪ Alkylantien erhöhen dosisabhängig das Risiko für Leukämien auf 0,2–0,4 % innerhalb von 10–15 Jahren		2a
▪ Anthrazyklinhaltige Regime erhöhen das Risiko für MDS und Leukämie auf 0,2–1,7 % innerhalb von 8–10 Jahren		2a
▪ PARP-Inhibitoren sind assoziiert mit einem erhöhten Risiko für AML und MDS von 0,5–1%		2b
▪ Radiotherapie erhöht das Risiko einer Leukämie bei Pat. mit einer anthrazyklinhaltigen Therapie um 0,2–0,4 %		2b
▪ Tamoxifen verdoppelt das Risiko für die Entwicklung eines Endometriumkarzinoms (bei Therapiebeginn ab 55. LJ.)		2b

Statements 1-4

1. Schaapveld M, Visser O, Louweman M et al.(2008) Risk of primary non breast cancers after breast cancer treatment: a dutch population-based study. J Clin Oncol 26: 1239-46.
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Tamoxifen and endometrial cancer

1. Early Breast Cancer Trialists' Collaborative Group (EBCTCG), Davies C, Godwin J, et al. Relevance of breast cancer hormone receptors and other factors to the efficacy of adjuvant tamoxifen: patient-level meta-analysis of randomised trials. *Lancet*. 2011 Aug 27;378(9793):771-84.
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Sekundäre Malignome II (nach Radiotherapie)

- Eine Radiotherapie (PMRT, BET) kann das Risiko für ein ipsilaterales Lungenkarzinom und Angiosarkom mäßiggradig anheben (10–15/10.000) (Aufreten 5–10 Jahre nach PMRT)
 - Erhöhtes Risiko besonders für Raucher
 - Kein Unterschied bezgl. sekundärer Malignome zwischen PBI (Teil-) und WBI (Ganzbrustbestrahlung)

Oxford

LoE

1a

2b

2c

1. Schaapveld M, Visser O, Louweman M et al.(2008) Risk of primary non-breast cancers after breast cancer treatment: a dutch population-based study. J Clin Oncol 26: 1239-46.
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Nebenwirkungen nach Organsystemen Inzidenz, Prävention, Therapie

3. Erkrankungen des Blutes und des Lymphsystems

- Anämie
- Neutropenie
- Febrile Neutropenie

Anämie – Indikationen für den Einsatz von Erythropoese-stimulierenden Faktoren (ESF)

- Indiziert bei asymptomatischer Anämie
- Therapie und sekundäre Prophylaxe bei CTx-induzierter Anämie
 - Adjuvante Situation
 - Neoadjuvante/metastasierte Situation
 - Bei dosisdichter/dosisintensiver CTx (dd/DTI)
- Therapie beginnt bei Hb-Werten < 10g/dl
- Ziel-Hb 11–12 g/dl
- Verbesserung der Prognose (krankheitsfreies Intervall, Gesamtüberleben)
- ESF erhöht das Risiko von thromboembolischen Komplikationen

Oxford		
LoE	GR	AGO
1a	B	+
1a	A	+
1a	A	+
1a	A	+/-
1b	A	+
1a	A	+
1a	A	+
1a	B	—
1a	A	

Leitlinie:

Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Supportive Therapie bei onkologischen PatientInnen - Langversion 1.3, 2020,
 AWMF Registernummer: 032/054OL


1. Bohlius J, Bohlke K, Castelli R, et al: Management of cancer-associated anemia with erythropoiesis-stimulating agents: Asco/ash clinical practice guideline update. J Clin Oncol 2019;37:1336-1351.
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15. Manzoni M, Delfanti S, Rovati B, et al.: Chemotherapy-induced anemia in breast cancer patients treated with pegfilgrastim-supported dose-dense regimens. *Clin Exp Med*. 2009 Oct 10. [Epub ahead of print]PMID: 19821012 [PubMed - as supplied by publisher]
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Relevante Leitlinien

1. NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines): Cancer- and Chemotherapy-Induced Anemia. Version 2.2018 (https://www.nccn.org/professionals/physician_gls/pdf/anemia.pdf)
2. Rodgers GM, Gilreath JA et al: Cancer- and chemotherapy-induced anemia. NCCN Clinical Practice Guidelines in Oncology 2.2015. Available from: URL: <http://www.nccn.org>
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Praktischer Umgang mit ESF

- **Epoetin α und Darbepoetin sind äquieffektiv**
- **Dosierungen:**
 - Epoetin α: 150 IU/kg 3 x wöchentlich s.c. oder 40.000 IU 1 x / Woche s.c. oder 80.000 IU alle 2 Wochen s.c. oder 120.000 IU alle 3 Wochen s.c.
 - Epoetin β: 30.000 IE 1x /Woche s.c.
 - Darbepoetin: 2,25 µg/kg s.c. wöchentlich oder 500 µg s.c. alle 3 Wochen
- **Hb-Messungen wöchentlich**
 - Dosisreduktion bei Hb-Anstieg > 1 g/dl innerhalb von 2 Wo.
 - Dosissteigerung bei Hb-Anstieg < 1 g/dl innerhalb von 4-6 Wo.
- **Bei FED ("funktioneller Eisenmangel") Eisensubstitution präferentiell i.v.**
- **Abbruch der ESF-Gabe bei ausbleibenden Hb-Anstieg nach 9 Wo.**

1. Bohlius J, Bohlke K, Castelli R et al.: Management of cancer-associated anemia with erythropoiesis-stimulating agents: Asco/ash clinical practice guideline update. J Clin Oncol 2019;37:1336-1351.
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Relevante Leitlinien

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2. Rodgers GM, Gilreath JA et al: Cancer- and chemotherapy-induced anemia. NCCN Clinical Practice Guidelines in Oncology 2.2015. Available from: URL: <http://www.nccn.org>
3. Rizzo JD et al: ASCO/ASH/Clinical Practice Guideline update on the use of epoetin and darbepoetin in adult patients with cancer. J Clin Oncol 2010; 28: 4996–10
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Granulozyten-Kolonie-stimulierende Faktoren

	Oxford		
	LoE	GR	AGO
• Primäre Prophylaxe für eine zu erwartende febrile Neutropenie (FN)			
• Bei Risiko für FN 10–20 %	1b	B	+/-
• Im Falle zusätzlicher individueller Risiken	1a	C	+
• Bei FN-Risiko > 20 % (e.g. DAC, dosisierte CT)	1a	A	++
• Sekundäre Prophylaxe während der Chemotherapie (frühere FN oder Neutropenie Grad IV > 7 Tage)	1b	A	++
• Therapeutischer Nutzen bei FN	1a	A	+/-
• Beginn der Therapie in Verbindung mit Art und Dauer der Chemotherapie			
• Pegfilgrastim Tag 2	1b	A	++
• Lipegfilgrastim Tag 2	1b	A	++
• Filgrastim/Lenograstim von Tag 2–5 bis absolute Neutrophilenzahl > $2-3 \times 10^9$	1b	A	++

Relevante Leitlinien

1. S3-Leitlinie: Supportive Therapie:
Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Supportive Therapie bei onkologischen PatientInnen - Langversion 1.3 – Februar 2020
2. NCCN Guidelines 2020
3. Smith TJ, Bohlke K, Lyman GH, et al.: American Society of Clinical Oncology. Recommendations for the Use of WBC Growth Factors: American Society of Clinical Oncology Clinical Practice Guideline Update. J Clin Oncol. 2015 Oct 1;33(28):3199-212.

Statements 1-4

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Management der febrilen Neutropenie

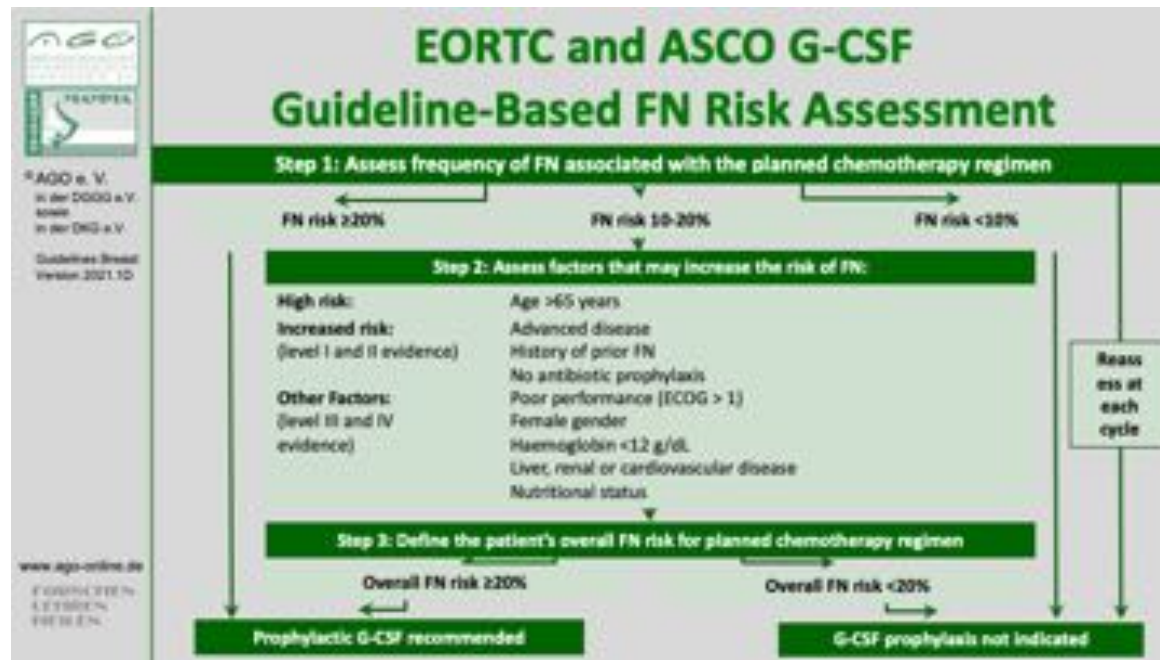
Arbeitsgemeinschaft Infektionen in der Hämatologie und Onkologie (AGIHO)
der Deutschen Gesellschaft für Hämatologie und Onkologie e.V. (DGHO) www.dgho-infektionen.de

Definition (orale Temp. > 38,5°C oder zwei konsekutive Messungen > 38°C über 2 h in einer Patientin mit einem ANC < 500 cells/mm³ oder erwarteter Abfall < 500 cells/mm³)

	Oxford		
	LoE	GR	AGO
• Klinische Untersuchung	5	D	++
• Tägliche Kontrollen	5	D	++
• Hospitalisierung von Hochrisikopatienten	1b	A	++
• Ambulante Therapie bei Niedrigrisikopat. möglich	1b	A	+
• Differentialblutbild	5	D	++
• Blutkulturen	5	D	++
• Bildgebung der Lunge	3	C	++
• Sofortige empirische antibiot. Therapie	1a	A	++
• Empirische antimykotische Therapie nach 4–7d bei keiner Besserung unter der antibiotischen Therapie	1b	A	++
• G-CSF als therapeutische Maßnahme	2b	B	+/-

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EORTC and ASCO G-CSF Guideline-Based FN Risk Assessment

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4. Nebenwirkungen am Ovar

Therapie-assoziierte Amenorrhoe (CRA, CIA, TIA)

- Eine CRA kann dauerhaft oder vorübergehend sein (abhängig vom Alter der Pat. und der Art der Chemotherapie)
- Das Risiko der CRA steigt mit dem Alter / Therapiedauer
- CRA ist ein (unsicherer) Surrogatmarker für Menopause und Fertilität
- Eine adjuvante endokrine Therapie mit einem GnRHa induziert eine reversible Amenorrhoe, und verschiebt eine Konzeption in eine weniger fertile Phase
- Die Ovarialreserve der nach Chemotherapie prämenopausal gebliebenen Frauen ist reduziert
- CRA ist mit einer verbesserten Prognose (DFS/OS) assoziiert

Oxford

LoE

2b

2b

5

5

2b

1b

Synonyma: Chemotherapie / Therapie-induzierte Amenorrhoe (TIA/CIA)

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AGP e.V.
in der DGGG e.V.
in der DKG e.V.
Guidelines Breast
Version 2021.10

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FACHGESAMTEIN
LEITLINIEN
BREUST

Nebenwirkungen nach Organsystemen Inzidenz, Prävention, Therapie

5. Psychiatrische Erkrankungen

- Depression
- Fatigue
- Kognitive Störungen
- Schlafstörungen

(Therapie assoziierte) Depression

- Depressive Episoden bei 20–30% der Mammakarzinompatientinnen
- Psychosoziale Interventionen verbessern Depression, allerdings ohne günstige Auswirkungen auf Mortalität
- Antidepressiva können Depression bei Brustkrebspatientinnen verbessern
- Körperliches Training kann Depression bei Brustkrebspatientinnen verhindern

Oxford		
LoE	GR	AGO
2a	B	
1b	A	
1b	A	
2b	B	+

Statements 1-4

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(Therapie-assoziierte) Fatigue

	Oxford		
	LoE	GR	AGO
• Fatigue häufiges Symptom bei Brustkrebspatientinnen (30–60%)	2a	B	
• Ausschluss anderer Ursachen (Anämie, Tumorausdehnung, Begleiterkrankungen, Medikamente) für Fatigue	1a	A	++
• Gezielte psychosoziale Interventionen können Fatigue lindern	1a	A	++
• Körperliches Training kann Fatigue verbessern	1b	D	+
• Diät, Yoga können Fatigue verbessern	2b	B	+
• Methylphenidate kann Fatigue verbessern	1a	D	+

Fatigue is frequently present...

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Psycho-social interventions...

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Physical exercise.....

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Methylphenidate...

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(Therapie-assoziierte) Kognitive Störungen

- Therapiebedingte kognitive Störungen (sog. „Chemobrain“) häufig beschrieben (16–75%)
- Verhaltenstherapie kann kognitive Funktion verbessern
- Methylphenidate kann kognitive Funktion bei Patientinnen mit Krebs verbessern
- Unter Aromatasehemmertherapie wurden kognitive Störungen beobachtet (insbes. Wortgedächtnis)

Oxford	
LoE	GR
2a	B
2b	B
3a	C
1a	B

Therapiebedingte kognitive Störungen (sog. „Chemobrain“) häufig beschrieben

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Verhaltenstherapie kann kognitive Funktion verbessern

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Methylphenidate kann kognitive Funktion bei Patientinnen mit Krebs verbessern

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(Therapie-assoziierte) Schlafstörungen

Oxford		
LoE	GR	AGO
2a	B	
1b	A	++

- Schlafstörungen häufig bei Mammakarzinom-patientinnen während und nach Therapie beschrieben (20–70%)
- Verhaltenstherapie ist effektiv in der Behandlung von Schlafstörungen und Steigerung der Lebensqualität

Sleep disturbances are a common problem....

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Behavioral therapies have demonstrated efficacy.....

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FACHGEBIET
LEITUNGEN
FÜR DIE

Nebenwirkungen nach Organsystemen Inzidenz, Prävention, Therapie

6. Erkrankungen des Nervensystems

- Chemotherapie induzierte periphere Neuropathie (CIPN)



Chemotherapie-induzierte periphere Neuropathie (CIPN)

- Inzidenz Grad 1–2 nach Taxanen 20–50 %
- Inzidenz Grad 3–4 nach Taxanen 6–20 %
- Risikofaktoren: Art der Chemotherapie, Dosierung, BMI, fehlende körperliche Aktivität
- Individuelle Risikofaktoren
 - Diabetes mellitus
 - Nutritiv toxische Substanzen ins. Alkohol
 - Niereninsuffizienz
 - Hypothyreose
 - Kollagenosen / Vaskulitiden
 - Vitaminmangel
 - HIV-Infektion
 - CMT-Genmutation
- Unklar:
 - Andere genetische Faktoren (SNP, Mutationen)

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Chemotherapie-induzierte periphere Neuropathie – Prävention –

Nicht-medikamentöse Prävention

- Funktionstraining (Fitness, sensomotorisches Stimulationstraining etc.)
- Kompressionstherapie (chirurgische Handschuhe, Kompressionsstrümpfe)
- Kühlhandschuhe und Kühlstrümpfe
- Elektro-Akupunktur

Medikamentöse Prävention

Es besteht keine wirksame medikamentöse Prophylaxe der CIPN

- Venlafaxin
- Palmitoylethanolamid (PEA) topisch oder p.o.
- Alpha-Liponsäure, Amifostin, Amitriptylin, Acetyl-L-Carnitin, Carbamazepin, Elektrolytlösungen, Glutathion, Goshajinkigan (GIG), Oxcarbazepin, Vitamin B, Vitamin E oder andere Substanzen¹

¹ Liste nicht empfohlener Medikamente bei Hershman et al. 2014

Oxford		
LoE	GR	AGO
5	D	+
2b	B	+
2b ^a	B	+
1b	B	-
2a	C	+/-
5	D	+/-
1b	A	-

Reviews/Leitlinien

1. Hershman DL, Lacchetti C, Dworkin RH, et al.: American Society of Clinical Oncology. Prevention and management of chemotherapy-induced peripheral neuropathy in survivors of adult cancers: American Society of Clinical Oncology clinical practice guideline. J Clin Oncol. 2014 Jun 20;32(18):1941-67.
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Nicht-medikamentöse Prävention

Funktionstraining

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Kompression

1. Tsuyuki S, Senda N, Kanng Y, et al.: Evaluation of the effect of compression therapy using surgical gloves on nanoparticle albumin-bound paclitaxel-induced peripheral neuropathy: a phase II multicenter study by the Kamigata Breast Cancer Study Group. Breast Cancer Res Treat. 2016 Nov;160(1):61-67.
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Kühlung

1. Hanai A, Ishiguro H, Sozu T et al. (2016) The effects of frozen gloves and socks on paclitaxel-induced peripheral neuropathy among patients with breast cancer: A self-controlled clinical trial. J Clin Oncol 34(suppl): (abstr 10022). <http://meetinglibrary.asco.org/content/166655-176>.
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Elektro-Akupunktur

1. Greenlee H, Crew KD, Capodice J, et al.: Randomized sham-controlled pilot trial of weekly electro-acupuncture for the prevention of taxane-induced peripheral neuropathy in women with early stage breast cancer. *Breast Cancer Res Treat.* 2016 Apr;156(3):453-464.

Medikamentöse Prävention

Venlafaxin

1. Aziz MT, Good BL, Lowe DK. Serotonin-norepinephrine reuptake inhibitors for the management of chemotherapy-induced peripheral neuropathy. *Ann Pharmacother.* 2014 May;48(5):626-32.
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Palmitoylethanolamid (PEA)

1. Lombardi G, Miglio G, Varsaldi F, et al.: Oxyhomologation of the amide bond potentiates neuroprotective effects of the endolipid N-palmitoylethanolamine. *J Pharmacol Exp Ther.* 2007 Feb;320(2):599-606
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Verschiedene Substanzen

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preventing the development of chemotherapy-induced peripheral neuropathy (CIPN). Support Care Cancer. 2017 Jan;25(1):195-204.

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Acetyl-L-Carnitin

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Chemotherapie-induzierte periphere Neuropathie – Therapie –

Nicht-medikamentöse Therapie

- * Funktionstraining (Fitness, sensomotorisches Stimulationstraining etc.)
- * Physiotherapie / physikalische Therapie
- * Akupunktur

Medikamentöse Therapie

- * Menthol lokal (1%), Capsaicin/Lidocain lokal
- * Baclofen/Amitriptylin/Ketamin-Creme
- * Duloxetin zur Behandlung von Schmerzen durch CIPN
- * Opiode zur Behandlung von Schmerzen durch CIPN
- * Palmitoylethanolamid (PEA) topisch oder p.o.
- * Venlafaxin
- * Gabapentin, Pregabalin
- * Amitriptylin/ Nortriptylin, Imipramin/Desipramin
- * Acetyl-L-Carnitin, Lamotrigin oder andere Substanzen¹

	Oxford		
	LoE	GR	AGO
2a	C	+	
5	D	+	
2b	B	+	
5	D	+	
2b	B	+	
1b	B	+	
5	D	+	
5	D	+/-	
5	D	+/-	
1b	B	+/-	
1b	B	+/-	
1b	B	-	

¹ Liste nicht empfohlener Medikamente bei Hershman et al. 2014

Reviews / Leitlinien

1. Hershman DL, Lacchetti C, Dworkin RH, et al.: American Society of Clinical Oncology. Prevention and management of chemotherapy-induced peripheral neuropathy in survivors of adult cancers: American Society of Clinical Oncology clinical practice guideline. J Clin Oncol. 2014 Jun 20;32(18):1941-67.
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Nicht-medikamentöse Therapie

Funktionstraining

1. Duregon F, Vendramin B, Bullo V, et al.: Effects of exercise on cancer patients suffering chemotherapy-induced peripheral neuropathy undergoing treatment: A systematic review. Crit Rev Oncol Hematol. 2018 Jan;121:90-100.
2. Smith TJ, Razzak AR, Blackford AL, Ensminger J, Saiki C, Longo-Schoberlein D, Loprinzi CL: A pilot randomized sham-controlled trial of mc5-a scrambler therapy in the treatment of chronic chemotherapy-induced peripheral neuropathy (cipn). Journal of palliative care 2020;35:53-58.
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Medikamentöse Therapie

Menthol / Capsaicin

1. Fallon MT, Storey DJ, Krishan A, et al.: Cancer treatment-related neuropathic pain: proof of concept study with menthol--a TRPM8 agonist. Support Care Cancer. 2015 Sep;23(9):2769-77
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Baclofen/Amitryptilin/Ketamin-Creme

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Duloxetine

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Akupunktur:

1. Han X, Wang L, Shi H, *et al.* Acupuncture combined with methylcobalamin for the treatment of chemotherapy- induced peripheral neuropathy in patients with multiple myeloma. *BMC Cancer* 2017;17:40.
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Palmitoylethanolamid (PEA)

1. Lombardi G, Miglio G, Varsaldi F, et al.: Oxyhomologation of the amide bond potentiates neuroprotective effects of the endolipid N-palmitoylethanolamine. *J Pharmacol Exp Ther*. 2007 Feb;320(2):599-606
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Venlafaxin

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Gabapentin, Pregabalin:

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Acetyl-L-Carnitin, Lamotrigin oder andere Substanzen:

1. Rao RD, Flynn PJ, Sloan JA, et al.: Efficacy of lamotrigine in the management of chemotherapy-induced peripheral neuropathy: a phase 3 randomized, double-blind, placebo-controlled trial, N01C3. *Cancer*. 2008 Jun 15;112(12):2802-8
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Nebenwirkungen nach Organsystemen Inzidenz, Prävention, Therapie

7. Herzerkrankungen

Langzeittoxizität Kardiotoxizität

	Oxford		
	LoE	GR	AGO
• Äquivalente Kardiotoxizität von Doxorubicin und Epirubicin in den empfohlenen Dosierungen (450-500 bzw. 900-1000 mg/m ² kum. Dosis)	2b	B	
• Weniger Kardiotoxizität nach liposomalem Doxorubicin	1b	B	
• Risikofaktoren für Anthrazyklin- oder Trastuzumab-assoziierte Kardiotoxizität <ul style="list-style-type: none"> • Alter, Übergewicht, Hypertonus, Hypercholesterinämie, vorbestehende Herzerkrankungen (inkl. grenzwertige LVEF), Diabetes mellitus 	2b	B	
Überwachung der Herzfunktion:			
• Standardisierte Echokardiographie (LVEF oder SF in %)	3b	C	+
• Troponin I als Marker für Kardiotoxizität	2b	B	+/-
• Betablocker-Prophylaxe während Anthrazyklin-Therapie	2a	B	+/-

Statements

“Equivalent cardiotoxicity of doxorubicin and epirubicin at recommended dose levels (450–500 and 900–1000 mg/m² cum. dose, resp.)”

“Liposome encapsulated anthracyclines (doxorubicin) induce less cardiotoxicity”

1. van Dalen EC Different anthracycline derivatives for reducing cardiotoxicity in cancer patients. Cochrane Database Syst Rev. 2010 Mar 17;(3):CD005006. Review. Update in: Cochrane Database Syst Rev. 2010;(5):CD005006.

“Anthracycline- or trastuzumab-associated cardiotoxicity may occur earlier/more frequently...”

1. Petrelli F: Mortality, leukemic risk, and cardiovascular toxicity of adjuvant anthracycline and taxane chemotherapy in breast cancer: a meta-analysis. Breast Cancer Res Treat. 2012 Sep;135(2):335-46
2. Azim HA Jr, de Azambuja E, Colozza M, et al.: Long-term toxic effects of adjuvant chemotherapy in breast cancer. Ann Oncol. 2011 Sep;22(9):1939-47.

“Trastuzumab-related cardiotoxicity in the elderly: a role for cardiovascular risk factors.”

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Res Treat 2019.

3. Kabore EG, Guenancia C, Vaz-Luis I, et al: Association of body mass index and cardiotoxicity related to anthracyclines and trastuzumab in early breast cancer: French canto cohort study. PLoS medicine 2019;16:e1002989.
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6. Sautter-Bihl ML, Souchon R, Gerber B: Adjuvant therapy for women over age 65 with breast cancer. Dtsch Arztebl Int 108:365-371, 2011

“Monitoring of cardiac function before / during / after treatment: Echocardiography (LVEF or SF in %)”

1. Ewer MS, Ewer SM. Cardiotoxicity of anticancer treatments: what the cardiologist needs to know. Nat Rev Cardiol. 2010 Oct;7(10):564-75. Review.
2. Slamon D: Breast Cancer International Research Group. Adjuvant trastuzumab in HER2-positive breast cancer. N Engl J Med. 2011 Oct 6;365(14):1273-83
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6. Yancy CW, Jessup M, Bozkurt B, et al. 2016 ACC/AHA/HFSA Focused Update on New Pharmacological Therapy for Heart Failure: An Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Failure Society of America. J Card Fail. 2016 Sep;22(9):659-69. doi: 10.1016/j.cardfail.2016.07.001. Epub 2016 Jul 6.
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noninvasive imaging evidence of subclinical cardiovascular disease. JACC Cardiovasc Imaging. 2013 Aug;6(8):877-85. doi: 10.1016/j.jcmg.2012.11.017. Epub 2013 May 1.

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Troponin as Early Predictor for Cardiotoxicity

1. Ponde N, Bradbury I, Lambertini M, et al. Cardiac biomarkers for early detection and prediction of trastuzumab and/or lapatinib-induced cardiotoxicity in patients with HER2-positive early-stage breast cancer: a NeoALTTO sub-study (BIG 1-06). Breast Cancer Res Treat. 2017 Dec 27.
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Betablocker-Prophylaxe

1. Gujral DM, Lloyd G, Bhattacharyya S. Effect of prophylactic betablocker or ACE inhibitor on cardiac dysfunction & heart failure during anthracycline chemotherapy \pm trastuzumab. Breast. 2018 Feb;37:64-71.
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Trastuzumab Adjuvant Überwachung hinsichtlich CHF

Oxford LoE: 5

GR: D

AGO: ++

Vor Beginn der Trastuzumab-Therapie

- Anamnese, klinische Untersuchung (Ödeme, Hepatomegalie)
- Echokardiographie (Alternative zu MUGA)

Bestimmung
der LVEF

Während und nach der Trastuzumab-Therapie

Regelmäßige Dokumentation von

- Herzfrequenz; bei Anstieg > 15 % über das individuelle Ausgangsniveau
- Körpergewicht; bei Anstieg ≥ 2 kg/Woche
- Kardiale Zeichen und Symptome

LVEF alle 3 Monate

Statement: Cardiac Monitoring (5 D ++)

Vote result of the AGO recommendation: 100%

1. Perez EA, Suman VJ, Davidson NE, et al.: Cardiac safety analysis of doxorubicin and cyclophosphamide followed by paclitaxel with or without trastuzumab in the North Central Cancer Treatment Group N9831 adjuvant breast cancer trial. J Clin Oncol. 2008 Mar 10;26(8):1231-8. Epub 2008 Feb 4.
2. Mackey JR, Clemons M, Côté MA, et al.: Cardiac management during adjuvant trastuzumab therapy: recommendations of the Canadian Trastuzumab Working Group. Curr Oncol. 2008 Feb;15(1):24-35.

Toxizitätssteigerungen durch Behandlungskombinationen

Kardiale Toxizität

- Trastuzumab simultan zur Radiotherapie
- Trastuzumab simultan zu Epirubicin
- Trastuzumab simultan zu Doxorubicin
- Anthrazykline simultan zur Radiotherapie

Risiko Lungen- / Brustparenchymfibrosen

- Tamoxifen simultan zu Radiotherapie
- Chemotherapie simultan zu Radiotherapie

	Oxford		
	LoE	GR	AGO
Trastuzumab simultan zur Radiotherapie	2b	B	+
Trastuzumab simultan zu Epirubicin	2b	B	+/-
Trastuzumab simultan zu Doxorubicin	2b	B	-
Anthrazykline simultan zur Radiotherapie	2c	C	-
Tamoxifen simultan zu Radiotherapie	3	C	+/-
Chemotherapie simultan zu Radiotherapie	1b	B	-

“Trastuzumab simultaneous to radiotherapy”

1. Halyard MY, Pisansky TM, Dueck AC: Radiotherapy and adjuvant trastuzumab in operable breast cancer: tolerability and adverse event data from the NCCTG Phase III Trial N9831. J Clin Oncol 27: 2638-2644, 2009
2. Viani GA, Afonso SL, Stefano EJ, et al.: Adjuvant trastuzumab in the treatment of Her2 positive early breast cancer: a metaanalysis of published randomized trials. BMC Cancer 2007; 7:153-164
3. Kroeze SG, Fritz C, Hoyer M, et al.: Toxicity of concurrent stereotactic radiotherapy and targeted therapy or immunotherapy: A systematic review. Cancer Treat Rev. 2016 Dec 19;53:25-37. doi: 10.1016/j.ctrv.2016.11.013. [Epub ahead of print]

“Trastuzumab simultaneous to epirubicin”

1. Untch M, Muscholl M, Tjulandin S, et al.: First-line trastuzumab plus epirubicin and cyclophosphamide therapy in patients with human epidermal growth factor receptor 2-positive metastatic breast cancer: cardiac safety and efficacy data from the Herceptin, Cyclophosphamide, and Epirubicin (HERCULES) trial. J Clin Oncol. 2010 Mar 20;28(9):1473-80.
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3. van Ramshorst MS, van Werkhoven E, Honkoop AH, et al.: Toxicity of dual HER2-blockade with pertuzumab added to anthracycline versus non-anthracycline containing chemotherapy as neoadjuvant treatment in HER2-positive breast cancer: The TRAIN-2 study.

Breast. 2016 Oct;29:153-9. doi: 10.1016/j.breast.2016.07.017. Epub 2016 Aug 5.

“Trastuzumab simultaneous to doxorubicin”

1. Slamon D, Eiermann W, Robert N, et al.: Adjuvant trastuzumab in HER2-positive breast cancer. N Engl J Med. 2011 Oct 6;365(14):1273-83

“Anthracycline simultaneous to radiotherapy”

1. Toledano A, Garaud P, Serin D, et al.: Concurrent administration of adjuvant chemotherapy and radiotherapy after breast-conserving surgery enhances late toxicities: long-term results of the ARCOSEIN multicenter randomized study. Int J Radiation Oncology Biol. Phys. 2006; 65: 324-332.

“Tamoxifen simultaneous to radiotherapy”

1. Kraus-Tiefenbacher U, Sfintizky A, Welzel G, et al.: Factors of influence on acute skin toxicity of breast cancer patients treated with standard external beam radiotherapy (EBRT) after breast conserving surgery (BCS). Radiat Oncol. 2012 Dec 18;7(1):217. [Epub ahead of print]
2. Varga Z, Cserhádi A, Kelemen G, et al.: Role of systemic therapy in the development of lung sequelae after conformal radiotherapy in breast cancer patients. Int J Radiat Oncol Biol Phys. 2011 Jul 15;80(4):1109-16.
3. Hoeller U, Borgmann K, Feyer P, et al.: On the interaction of adjuvant radiotherapy and tamoxifen treatment for breast cancer. Strahlenther Onkol. 2007 Oct;183(10):535-44.
4. Munshi A, Gupta D. Concurrent versus sequential radiotherapy and tamoxifen in breast cancer - The CONSET trial is launched. Acta Oncol. 2011 Jan;50(1):154-5.
1. Valakh V, Trombetta MG, Werts ED, et al.: Influence of concurrent anastrozole on acute and late side effects of whole breast radiotherapy. Am J Clin Oncol. 2011 Jun;34(3):245-8.
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7. Swain SM, Ewer MS, Cortés J, et al.: Cardiac tolerability of pertuzumab plus trastuzumab plus docetaxel in patients with HER2-positive metastatic breast cancer in CLEOPATRA: a randomized, double-blind, placebo-controlled phase III study. Oncologist. 2013;18(3):257-64. doi: 10.1634/theoncologist.2012-0448. Epub 2013 Mar 8.



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8. Erkrankungen des Gastrointestinaltrakts

- Nausea, Emesis (Übelkeit, Erbrechen)
- Mukositis
 - Stomatitis (Evrolimus)
- Diarrhoe
- Obstipation

Antiemetische Therapie nach MASCC und ASCO			
	Oxford		
	LoE	GR	AGO
• Abschätzen des emetogenen Potenzials des jeweiligen Chemotherapie-Protokolls	5	D	++
• Neurokinin-1-Rezeptor-Antagonisten	1b	A	++
• Dexamethason (auch bei Kombinationen mit ICPI)	1a	A	++
• 5-HT ₃ -Antagonisten	1b	A	++
• Feste Kombination mehrerer Substanzen	1b	A	++
• Reserveantiemetika (Rescue Medication)			
• Olanzapin	1b	A	+
• Levomepromazin, Benzodiazepine	3b	C	+
• Cannabinoide, Ingwer	3b	C	+

ICPI=Immuncheckpointinhibitor

1. Hesketh, Paul J, Kris MG, et al. Antiemetics: American Society of Clinical Oncology Clinical Practice Guideline Update. J Clin Oncol 2017;35(28):3240-61
2. Walsh D, Davis M, Ripamonti C, et al.: 2016 updated mascc/esmo consensus recommendations: Management of nausea and vomiting in advanced cancer. Support Care Cancer 2017;25:333-340.
3. Olver I, Ruhlmann CH, Jahn F, et al: 2016 updated mascc/esmo consensus recommendations: Controlling nausea and vomiting with chemotherapy of low or minimal emetic potential. Support Care Cancer 2017;25:297-301.
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with breast cancer. *Breast Care* 2014;9:246-53

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13. Hesketh PJ, Grunberg SM, Gralla RJ, et al.: Aprepitant Protocol 052 Study Group. The oral neurokinin-1 antagonist aprepitant for the prevention of chemotherapy-induced nausea and vomiting: a multinational, randomized, double-blind, placebo-controlled trial in patients receiving high-dose cisplatin--the Aprepitant Protocol 052 Study Group. *J Clin Oncol*. 2003 Nov 15;21(22):4112-9. Epub 2003 Oct 14
14. Poli-Bigelli S, Rodrigues-Pereira J, Carides AD, et al.: Aprepitant Protocol 054 Study Group. Addition of the neurokinin 1 receptor antagonist aprepitant to standard antiemetic therapy improves control of chemotherapy-induced nausea and vomiting. Results from a randomized, double-blind, placebo-controlled trial in Latin America. *Cancer*. 2003 Jun 15;97(12):3090-8.
15. Massa E, Astará G, Madeddu C, et al.: Palonosetron plus dexamethasone effectively prevents acute and delayed chemotherapy-induced nausea and vomiting following highly or moderately emetogenic chemotherapy in pre-treated patients who have failed to respond to a previous antiemetic treatment: Comparison between elderly and non-elderly patient response. *Crit Rev Oncol Hematol*. 2008 Aug 23. [Epub ahead of print]
16. Grunberg SM, Dugan M, Muss H, et al.: Effectiveness of a single-day three-drug regimen of dexamethasone, palonosetron, and aprepitant for the prevention of acute and delayed nausea and vomiting caused by moderately emetogenic chemotherapy. *Support Care Cancer*. 2008 Nov 27. [Epub ahead of print]
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19. Olver I, Paska W, Depierre A, et al.: A multicentre, double-blind study comparing placebo, ondansetron and ondansetron plus dexamethasone for the control of cisplatin-induced delayed emesis. Ondansetron Delayed Emesis Study Group. *Ann Oncol*. 1996


Nov;7(9):945-52

20. Antiemetics: ASCO Guideline Update

21. Paul J. Hesketh, Mark G. Kris, Ethan Basch et al.: (Antiemetics: ASCO Guideline Update 2020) Journal of Clinical Oncology 2020 38:24, 2782-2797

Olanzapine

- 1 Hironobu H, Masakazu A, Osamu Tokuyama, et al. Olanzapine 5 mg plus standard antiemetic therapy for the prevention of chemotherapy-induced nausea and vomiting (J-FORCE): a multicentre, randomised, double-blind, placebo-controlled, phase 3 trial Lancet Oncology December 11, 2019 DOI: [https://doi.org/10.1016/S1470-2045\(19\)30678-3](https://doi.org/10.1016/S1470-2045(19)30678-3)
- 2 Slimano F, Netzer F, Borget I et al.: Olanzapine as antiemetic drug in oncology: a retrospective study in non-responders to standard antiemetic therapy. Int J Clin Pharm. 2018 Oct;40(5):1265-1271. doi: 10.1007/s11096-018-0649-1. Epub 2018 May 9.
- 3 Hashimoto H, Abe M, Tokuyama O, et al.: Olanzapine 5 mg plus standard antiemetic therapy for the prevention of chemotherapy-induced nausea and vomiting (j-force): A multicentre, randomised, double-blind, placebo-controlled, phase 3 trial. Lancet Oncol 2019.



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Antiemetische Therapie

https://www.mascc.org/antiemetic-guidelines

ACUTE Nausea and Vomiting: SUMMARY

EMETIC RISK GROUP	ANTIEMETICS				
High Non-AC	5-HT ₃	+	DEX	+	NK ₁ +/- OLP ¹
High AC	5-HT ₃	+	DEX	+	NK ₁ +/- OLP ¹
Cisplatin	5-HT ₃	+	DEX	+	NK ₁
Moderate (other than cisplatin)	5-HT ₃	+	DEX		
Low	5-HT ₃	or	DEX	or	PCP
Minimal	No routine prophylaxis				

5-HT₃ = ondansetron, granisetron, tropisetron

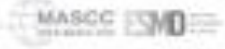
DEX = dexamethasone

NK₁ = nabilon, aprepitant, fosaprepitant, netupitant, netupitant + olanzapine, or fosnetupitant + olanzapine


OLP = olanzapine

PCP = prochlorperazine

NOTE: If the NK₁ receptor antagonist is not available for AC chemotherapy, substitution to the potent 5-HT₃ receptor antagonist.
 1 OLP: Olanzapine may be added particularly if nausea is a concern.



<https://www.mascc.org/antiemetic-guidelines>



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 FÜR HÄMATOLOGIE

Antiemetische Therapie


<https://www.mascc.org/antiemetic-guidelines>

DELAYED Nausea and Vomiting: SUMMARY

EMETIC RISK GROUP	ANTIEMETIC
High-Res AC	DEX or if APR 125mg for acute: MCP + DEX or APR + DEX or OLZ
High AC	NONE or if APR 125mg for acute: DEX or APR or OLZ
Cetuximab	NONE or if APR 125mg for acute: APR
Docetaxel, irinotecan, or fluoropyridine, or fluoropyridine	DEX can be considered
Moderate (other)	No routine prophylaxis
Low and Minimal	No routine prophylaxis

DEX = Dexamethasone
MCP = Metoclopramide
APR = Aprepitant
OLZ = Ondansetron

<https://www.mascc.org/antiemetic-guidelines>
 MASCC ESMO
 Guidelines for Antiemetic Therapy



<https://www.mascc.org/antiemetic-guidelines>

Supportive Therapie Antiemetika				
Wirkstoffgruppe	Substanz	Dosierung	Nebenwirkungen	Potenzial
5-HT ₃ -Antagonisten	Ondansetron Tropisetron Granisetron Palonosetron	8 mg i.v., 2 x 8 mg p.o. 8 mg i.v., 2 mg p.o. 5-8 mg i.v. 0,25 mg i.v.	Kopfschmerzen, Stomatitis, Häufungssymptome Tropisetron: Schwindel Palonosetron: in hoher Dosierung	sehr hoch
5-HT ₃ -Antagonisten	Aprepitant Fosaprepitant Aprepitant	125 mg dL 80 mg dL 2-3 p.o. 150 mg dL i.v. 150 mg dL p.o.	Cytoprotekt P-450: Interaktion mit Dosisreduktion von Ondansetron (2 x 8 mg) keine Kombination mit Aprepitant, Terfenadin, Cimetidin	sehr hoch
5-HT ₃ -Antagonisten/ serotonerge Antagonisten	Melatonin Allopurinol	10-20 mg/24h als Dosisreduktion od. als Prophylaxe 10-20 mg i.v. oder p.o./24h (1-2 mg i.v. od. 8 mg p.o.)	Zytoprotekt (Antidote gegen Stomatitis) Angstzustände, Depressionen, Stomatitis	hoch
5-HT ₃ -Antagonisten	Olanzapin	10mg/10 für dL 4- 10mg/10 für dL 4- 10mg/10 für dL 4- 10mg/10 für dL 4-	Sedation, Schwindel, Schläfrigkeit	hoch
5-HT ₃ -Antagonisten/ serotonerge Antagonisten	Haloperidol	0,5 mg 4 x/d	Sedation, Verengung der Augeffektive, Inkontinenz, Lokalanästhetikum	mäßig
5-HT ₃ -Antagonisten	Ondansetron Fosaprepitant	8 mg i.v. 1-2 x/d 150 mg dL i.v. 1-2 x/d	Stomatitis, Schwindel, Schläfrigkeit, psychische Reaktionen, Nausea, Schwindel	mäßig
5-HT ₃ -Antagonisten	Olanzapin Lorazepam	10-20 mg/24h 0,5-1,0 mg/10	Sedation, Atmungsschwäche	gering
5-HT ₃ -Antagonisten/ serotonerge Antagonisten	keine Kombination sonst (oral)	10-20 mg P450 2 mg		sehr hoch

Olanzapine

1. Hironobu H, Masakazu A, Osamu Tokuyama, et al. Olanzapine 5 mg plus standard antiemetic therapy for the prevention of chemotherapy-induced nausea and vomiting (J-FORCE): a multicentre, randomised, double-blind, placebo-controlled, phase 3 trial Lancet Oncology December 11, 2019DOI:https://doi.org/10.1016/S1470-2045(19)30678-3
2. Slimano F, Netzer F, Borget I et al.Olanzapine as antiemetic drug in oncology: a retrospective study in non-responders to standard antiemetic therapy. Int J Clin Pharm 2018 Oct;40(5):1265-1271. doi: 10.1007/s11096-018-0649-1. Epub 2018 May 9.
3. Hashimoto H, Abe M, Tokuyama O, et al: Olanzapine 5 mg plus standard antiemetic therapy for the prevention of chemotherapy-induced nausea and vomiting (j-force): A multicentre, randomised, double-blind, placebo-controlled, phase 3 trial. Lancet Oncol 2019.

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Mukositis Prävention

[http://www.mascc.org/assets/documents/MukositisGuidelinesMASCC2006\(drv\).pdf](http://www.mascc.org/assets/documents/MukositisGuidelinesMASCC2006(drv).pdf)
 Multidisciplinary S3 guidelines of the AWMF (Reg.-Nr. 032-054OL): „Supportive Therapie bei onkologischen Patientinnen – interdisziplinäre Querschnittsleitlinie“, released 11.11.2018

Standardisierte Mundpflege zur Prophylaxe oraler Mukositis soll in allen Altersgruppen und bei allen Krebsbehandlungen mit einem Risiko für OM erfolgen

Diese besteht aus

1. Patientinnenseitig
 - regelmäßige Mundspülung (H₂O, NaCl)
 - Weiche Zahnbürste
 - Reinigung der Zahnzwischenräume mit Zahnseide und/oder Interdentalbürsten
 - Vermeidung von Nissen (Alkohol, Tabak, scharfe Speisen, säurehaltige Lebensmittel)
 - Fortlaufende Kontrolle auf Läsionen
2. Risikoadaptierte vorbeugende Maßnahmen durch den Zahnarzt
3. Engmaschige klinische Kontrolle

Keine Evidenz besteht für folgende Substanzen: Allopurinol, Capsaicin, Glutamin, Honig, Kamille, Kamillenöl, Kaugummi, Kefir, Methadon, Nystatin, Pentoxifyllin, Povidon Jod, Vitamine A/I/Kombinationen

Oxford

LoE	GR	AGO
2b		++

Relevant practice guideline


Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Supportive Therapie bei onkologischen PatientInnen - Langversion 1.2, 2019,

AWMF Registernummer: 032/054OL, <http://leitlinienprogramm-onkologie.de/Supportive-Therapie.95.0.html> (Zugriff am 08.01.2020)

1. RV Lalla, J Bowen, RV Lalla, et al.: MASCC/ISOO clinical practice guidelines for the management of mucositis secondary to cancer therapy. Cancer 2014; 120:1453-61
2. McGuire DB, Fulton JS, Park J, et al.: Mucositis Study Group of the Multinational Association of Supportive Care in Cancer/International Society of Oral Oncology (MASCC/ISOO). Systematic review of basic oral care for the management of oral mucositis in cancer patients. Support Care Cancer 2013 Nov;21(11):3165-77.
3. Jensen, S. B., V. Jarvis, Y. Zadik, et al.: "Systematic review of miscellaneous agents for the management of oral mucositis in cancer patients."
4. Support Care Cancer 2013;21(11): 3223-3232.
5. Leenstra, J. L., R. C. Miller, R. Qin et al.: "Doxepin rinse versus placebo in the treatment of acute oral mucositis pain in patients receiving head and neck radiotherapy with or without chemotherapy: a phase III, randomized, double-blind trial (NCCTG-N09C6 [Alliance]). J Clin Oncol 2014;32(15): 1571-1577.
6. Nicolatou-Galitis, O., T. Sarri, J. Bowen, et al.: Systematic review of amifostine for the management of oral mucositis in cancer

patients. Support Care Cancer 2013; 21(1): 357-364.

7. Peterson, D. E., K. Ohn, J. Bowen, et al.: Systematic review of oral cryotherapy for management of oral mucositis caused by cancer therapy. Support Care Cancer 2013; 21(1): 327-332.
8. Saunders, D. P., J. B. Epstein, S. Elad, J, et al.: Systematic review of antimicrobials, mucosal coating agents, anesthetics, and analgesics for the management of oral mucositis in cancer patients. Support Care Cancer 2013; 21(11): 3191-3207.
9. Yarom, N., A. Ariyawardana, A. Hovan, et al.: Systematic review of natural agents for the management of oral mucositis in cancer patients. Support Care Cancer 2013;21(11):3209-21.



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HEMATOLOGIE

Prophylaxe der Everolimus-bedingten Stomatitis durch Cortison-basierte Mundspülung

- **Studiendesign: einarmige Phase II-Studie**
- **Kohorte: 92 Pat. behandelt mit Everolimus und Exemestane**
- **Schedule: 10 ml Dexamethason (15mg/5ml Lösung) 4 x täglich über 8-12 Wochen***
- **Ergebnisse: all-grade Inzidenz der Stomatitis 27% (13 Wochen Exposition) mit 9% \geq Grad 2 Events**

* alternativ Hydrocortison: Hydrocortisonacetat-Suspension 0,5 % mit Lidocainhydrochlorid und Dexpanthenol (Arzneibuchrezeptur NRf 7.14.)

Rugo et al., Lancet Oncol 2017, Jones et al. Oncologist 2019

1. Rugo HS, Seneviratne L, Beck JT, et al: Prevention of everolimus-related stomatitis in women with hormone receptor-positive, her2-negative metastatic breast cancer using dexamethasone mouthwash (swish): A single-arm, phase 2 trial. Lancet Oncol 2017;18:654-662.
2. Jones VE, McIntyre KJ, Paul D, Wilks ST, et al.:Evaluation of miracle mouthwash plus hydrocortisone versus prednisolone mouth rinses as prophylaxis for everolimus-associated stomatitis: A randomized phase ii study. Oncologist 2019;24:1153-1158.



Relevant practice guideline

Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Supportive Therapie bei onkologischen PatientInnen - Langversion 1.2, 2019,

AWMF Registernummer: 032/054OL, <http://leitlinienprogramm-onkologie.de/Supportive-Therapie.95.0.html> (Zugriff am 08.01.2020)

1. [http://www.mascc.org/assets/documents/MukositisGuidelinesMASCC2006\(dtV\).pdf](http://www.mascc.org/assets/documents/MukositisGuidelinesMASCC2006(dtV).pdf)
2. RV Lalla, J Bowen, RV Lalla, et al. MASCC/ISOO clinical practice guidelines for the management of mucositis secondary to cancer therapy. Cancer 2014; 120:1453-61
3. McGuire DB, Fulton JS, Park J, et al; Mucositis Study Group of the Multinational Association of Supportive Care in Cancer/International Society of Oral Oncology (MASCC/ISOO). Systematic review of basic oral care for the management of oral mucositis in cancer patients. Support Care Cancer 2013 Nov;21(11):3165-77.
4. Jensen, S. B., V. Jarvis, Y. Zadik, et al. Systematic review of miscellaneous agents for the management of oral mucositis in cancer patients. Support Care Cancer 2013;21(11): 3223-3232.
5. Leenstra, J. L., R. C. Miller, R. Qin, et al.: Doxepin rinse versus placebo in the treatment of acute oral mucositis pain in patients receiving head and neck radiotherapy with or without chemotherapy: a phase III, randomized, double-blind trial (NCCTG-N09C6 [Alliance]). J Clin Oncol 2014;32(15): 1571-1577.
6. Nicolatou-Galitis, O., T. Sarri, J. Bowen, et al.: Systematic review of amifostine for the management of oral mucositis in cancer

patients. Support Care Cancer 2013; 21(1): 357-364.

7. Peterson, D. E., K. Ohn, J. Bowen, et al.:Systematic review of oral cryotherapy for management of oral mucositis caused by cancer therapy. Support Care Cancer 2013; 21(1): 327-332.
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9. Yarom, N., A. Ariyawardana, A. Hovan, et al.:Systematic review of natural agents for the management of oral mucositis in cancer patients. Support Care Cancer 2013;21(11):3209-21.
10. Elad S., Kin Fong Cheng K et al. MASCC/ISOO clinical practice Guidelines for the Management od Mucositis Secondary to Cancer Therapy Cancer 126: 4423-4431, 2020



Relevant practice guideline

Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Supportive Therapie bei onkologischen PatientInnen - Langversion 1.2, 2019,

AWMF Registernummer: 032/054OL, <http://leitlinienprogramm-onkologie.de/Supportive-Therapie.95.0.html> (Zugriff am 08.01.2020)

1. D. E. Peterson, C. B. Boers-Doets, R. J. Bensadoun, et al. on behalf of the ESMO Guidelines Committee Management of oral and gastrointestinal mucosal injury: ESMO Clinical Practice Guidelines for diagnosis, treatment, and follow-up Annals of Oncology 2015;26 (Supplement 5): v139–v151.
2. Stein A, Voigt W, Jordan K. Chemotherapy-induced diarrhea: pathophysiology, frequency and guideline-based management Ther Adv Med Oncol 2010;2(1) 51-63
3. Coyle, V. M., D. Lungulescu, C. Toganel, et al. (2013). "A randomised double-blind placebo-controlled phase II study of AGI004 for control of chemotherapy-induced diarrhoea." Br J Cancer 2013;108(5);1027-1033.
4. Hoff, P. M., D. F. Saragiotto, C. H. Barrios, et al. (2014). "Randomized Phase III Trial Exploring the Use of Long-Acting Release Octreotide in the Prevention of Chemotherapy-Induced Diarrhea in Patients With Colorectal Cancer: The LARCID Trial." J Clin Oncol 2014;32;1006-11
5. Kee, B. K., J. S. Morris, R. S. Slack, et al. "A phase II, randomized, double blind
6. trial of calcium aluminosilicate clay versus placebo for the prevention of diarrhea in patients with metastatic colorectal cancer

treated with irinotecan." Support Care Cancer 2015;23:661-70.

7. Middleton, G., S. Brown, C. Lowe, T. et al. (2013). "A randomised phase III trial of the pharmacokinetic biomodulation of irinotecan using oral ciclosporin in advanced colorectal cancer: results of the Panitumumab, Irinotecan & Ciclosporin in COLOrectal cancer therapy trial (PICCOLO)." Eur J Cancer 2013, 49(16): 3507-3516.

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Obstipation

Wichtige Nebenwirkung einer Opiattherapie

- **Quellmittel**
 - Flohsamen, Leinsamen (geschrotet)
- **Osmotisch wirksame Laxanzien**
 - Macrogol > Lactulose (Cochrane Review LoE 1a AGO +)
 - Orale Kontrastmittel: Ultima ratio z.B. Natriumamidotrizoat
 - Sorbit
- **Stimulierende Laxanzien**
 - Sennesfrüchte, Rizinusöl, Bisacodyl, Natriumpicosulfat
- **Stuhlweichmacher**
 - Gleitmittel z.B. Paraffin
- **Opiod-Rezeptorantagonist bei Opiatobstipation**
 - Methylnaltrexone

Relevant practice guideline

Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Supportive Therapie bei onkologischen PatientInnen - Langversion 1.2, 2019,

AWMF Registernummer: 032/054OL, <http://leitlinienprogramm-onkologie.de/Supportive-Therapie.95.0.html> (Zugriff am 08.01.2020)



Nebenwirkungen nach Organsystemen Inzidenz, Prävention, Therapie

9. Erkrankungen der Haut und des Unterhautgewebes

Relevant practice guideline

Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Supportive Therapie bei onkologischen PatientInnen - Langversion 1.2, 2019,

AWMF Registernummer: 032/054OL, <http://leitlinienprogramm-onkologie.de/Supportive-Therapie.95.0.html> (Zugriff am 08.01.2020)

Hauttoxizität

- Vermeidung einer ausgeprägten chemotherapie-induzierten Alopezie durch Kopfhautkühlung*
- Eine Prophylaxe des HFS mit harnstoffhaltigen 5–10% Cremes kann erfolgen (mehrfach tägl.)
- Unter Docetaxel sollte eine Prophylaxe der Nagelveränderungen/HFS durch Kühlung erfolgen

Oxford		
LoE	GR	AGO
1b		+/-
1b		+
2b		+

* Substanz- und regimeabhängig

Relevant practice guideline

Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Supportive Therapie bei onkologischen PatientInnen - Langversion 1.2, 2019,

AWMF Registernummer: 032/054OL, <http://leitlinienprogramm-onkologie.de/Supportive-Therapie.95.0.html> (Zugriff am 08.01.2020)

Scalp Cooling:

1. Nangia J, Wang T, Osborne C, et al. Effect of Scalp Cooling Device on Alopecia in Women Undergoing Chemotherapy for Breast Cancer: The SCALP Randomized Clinical Trial JAMA. 2017 Feb 14;317(6):596-605.
2. Rugo HS, Voigt J. Scalp Hypothermia for Preventing Alopecia During Chemotherapy. A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Clin Breast Cancer. 2018 Feb;18(1):19-28.
3. Rugo HS, Melin SA, Voigt J. Scalp cooling with adjuvant/neoadjuvant chemotherapy for breast cancer and the risk of scalp metastases: systematic review and meta-analysis. Breast Cancer Res Treat. 2017 Jun;163(2):199-205.

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Scalp Cooling: Scalp Cooling Alopecia Prevention Trial (SCALP) und Metaanalysen

AGO: +/- LOE 2b B

- Nangia J, Wang T, Osborne C, et al. Effect of Scalp Cooling Device on Alopecia in Women Undergoing Chemotherapy for Breast Cancer: The SCALP Randomized Clinical Trial JAMA. 2017 Feb 14;317(6):596-605.
 Primary Outcome: hair preservation
 Cooling: 50.5 % success vs. 49.5 % failure
 Non-cooling: 0 % success vs. 100 % failure
 Fisher's exact test $p < 0.001$

Zwei Metaanalysen: AGO: +/- LOE 1b

- Scalp cooling reduced relative risk (RR) of alopecia by 43% (RR, 0.57; 95% CI, 0.45-0.72; $I^2 = 11\%$; $P < .00001$). (Rugo & Voigt, Clinical Breast Cancer 2018; 18(1): 19-28.)
- Incidence rate of scalp metastasis (SC vs. no-SC) 0.61% vs. 0.41%; $P = 0.43$. (Rugo & Voigt; BCRT 2017)

1. Nangia J, Wang T, Osborne C, et al. Effect of Scalp Cooling Device on Alopecia in Women Undergoing Chemotherapy for Breast Cancer: The SCALP Randomized Clinical Trial JAMA. 2017 Feb 14;317(6):596-605.
2. Rugo HS, Voigt J. Scalp Hypothermia for Preventing Alopecia During Chemotherapy. A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Clin Breast Cancer. 2018 Feb;18(1):19-28.
3. Rugo HS, Melin SA, Voigt J. Scalp cooling with adjuvant/neoadjuvant chemotherapy for breast cancer and the risk of scalp metastases: systematic review and meta-analysis. Breast Cancer Res Treat. 2017 Jun;163(2):199-205.



Nebenwirkungen nach Organsystemen Inzidenz, Prävention, Therapie

10. Skelettmuskulatur-, Bindegewebs- und Knochenerkrankungen (siehe Kapitel Osteoonkologie)

Relevant practice guideline

Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Supportive Therapie bei onkologischen PatientInnen - Langversion 1.2, 2019,

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Nebenwirkungen nach Organsystemen Inzidenz, Prävention, Therapie

11. Allgemeine Erkrankungen und Beschwerden am Verabreichungsort

Relevant practice guideline

Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Supportive Therapie bei onkologischen PatientInnen - Langversion 1.2, 2019,

AWMF Registernummer: 032/054OL, <http://leitlinienprogramm-onkologie.de/Supportive-Therapie.95.0.html> (Zugriff am 08.01.2020)

Paravasate mit potenziell nekrotisierenden Substanzen (Anthracycline, Taxane, Vinorelbin)

- Dexrazoxane zur Behandlung von Anthracyclin-Paravasaten (Ausnahme liposomales A)
- Hyaluronsäure zur Behandlung von Taxan/Vinorelbin-Paravasaten

Oxford		
LoE	GR	AGO
2b	B	++
3b	D	++

Relevant practice guideline:


1. American Society of Clinical Oncology 2008 clinical practice guideline update: use of chemotherapy and radiation therapy protectants.
2. Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Supportive Therapie bei onkologischen PatientInnen - Langversion 1.3, 2020, AWMF Registernummer: 032/054OL

Dexrazoxane

1. Hensley ML, Hagerty KL, Kewalramani T, et al.: Cardioprotective effect of dexrazoxane in patients with breast cancer treated with anthracyclines in adjuvant setting: a 10-year single institution experience. J Clin Oncol. 2009 Jan 1;27(1):127-45.
2. Testore F, Milanese S, Ceste M, et al.: Dexrazoxane (Totect): FDA review and approval for the treatment of accidental extravasation following intravenous anthracycline chemotherapy. Oncologist. 2008 Apr;13(4):445-50.
3. Mouridsen HT, Langer SW, Buter J, et al.: Treatment of anthracycline extravasation with Savene (dexrazoxane): results from two prospective clinical multicentre studies. Ann Oncol. 2007 Mar;18(3):546-50.

Hyaluronsäure

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Paravasate

Dexrazoxane/Hyaluronsäure

Dexrazoxane zur Behandlung von Anthracyclin-Paravasaten

Tag 1: 1000 mg/m² (max. 2000 mg), IV 1–2 Stunden

Tag 2: 1000 mg/m² (max. 2000 mg), IV 1–2 Stunden

Tag 3: 500 mg/m² (max. 1000 mg), IV 1–2 Stunden

In anderen Fällen bzw. in denen eine Therapie mit Dexrazoxan nicht indiziert ist, gelten für die Anthracyclin-Paravasate die folgenden Maßnahmen.

Lokale Kälte: Eispackung 6-stündlich jeweils für 15 Min. für 3 Tage oder: 24 h Abdeckung mit Eisbeuteln

Lokale Applikation von Dimethylsulfoxid (DMSO) 99% mit Watteträger: 3- bis 4-stündlich für mind. 3 Tage (besser 14 Tage) auftragen und an der Luft trocknen lassen. Das Intervall kann ab Tag 4 auf 6 Stunden verlängert werden.

Hyaluronsäure bei Taxan/Vinorelbin-Paravasaten:

- 1–10 Amp a 150 iU
- 1 ml Lösungsmittel (z.B. NaCl 0,9%)
- Lokalanästhesie
- Keine Thermotherapie bei Taxanen, trockene Wärme 4 x täglich 20 min bei Vincaalkaloiden

Relevant practice guideline

Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Supportive Therapie bei onkologischen PatientInnen - Langversion 1.2, 2019,

AWMF Registernummer: 032/054OL, <http://leitlinienprogramm-onkologie.de/Supportive-Therapie.95.0.html> (Zugriff am 08.01.2020)



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■ Andere supportive und palliative Fragestellungen

- Ernährung
- Schmerztherapie
- Palliative Care

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Ernährungsmangel

Nährstoffmangel ist ein häufiges medizinisches Problem, das 15–40% der Krebspatienten betrifft. Es beeinträchtigt ihre Lebensqualität und kann den Erfolg der Behandlung beeinträchtigen.

- Integration der Ernährungsberatung in das klinische Management empfohlen
- Zur Ernährung siehe S3-Leitlinie Palliativmedizin und supportive Therapie

Klinische Ernährung:

1. Arends J, Bertz H, Bischoff SC, et al. und das DGEM Steering Committee. Klinische Ernährung in der Onkologie. S3-Leitlinie AWMF Reg.: 073-0061Aktuel Ernährungsmed 2015; 40: e1–e74 www.awmf.org/uploads/tx_szleitlinien/073-0061_S3_Klin_Ernährung_in_der_Onkologie_2015-10.pdf abgerufen 2101202
2. de Las Peñas R, Majem M, Perez-Altozano J, et al SEOM clinical guidelines on nutrition in cancer patients (2018). Clin Transl Oncol. 2019 Jan;21(1):87-93. doi: 10.1007/s12094-018-02009-3. Epub 2019 Jan 8.
3. van den Berg MMGA1, Kok DE2, Posthuma L1, et al Breast Cancer Res Treat. 2019 Jan;173(2):475-481. doi: 10.1007/s10549-018-5014-5. Epub 2018 Oct 23.

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in der DGS e. V.
Guidelines Breast
Version 2021.10

www.dgs-online.de
PALLIATIVE
LEBENS
HILFE

Schmerztherapie

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Nicht-Opioide; WHO Stufe 1
Diclofenac resinat, Ibuprofen und / oder Metamizol, Paracetamol

Niedrig-potente Opioide; WHO Stufe 2
Tramadol (vorzugsweise als Retard-Tabletten) bzw. Tilidin/ Naloxon (ebenfalls als Retard-Tabletten)

Hoch-potente Opioide; WHO Stufe 3
Morphin, Buprenorphin (sublingual oder als transdermales System), Fentanyl (transdermales System), Hydromorphon, Oxycodon, als Reserve Levomethadon. Die notwendige Opioiddosis wird schrittweise gegen den Schmerz titriert.

Koanalgetika
Cannabinoide, Gabapentin, Pregabalin, Carbamazepin, Amitriptylin, Bisphosphonate

Relevant practice guideline:

1. WHO Guidelines for the pharmacological and radiotherapeutic management of cancer pain in adults and adolescents. Januar 2019 , Geneva ISBN: 978-92-4-155039-0 www.who.int/ncds/management/palliative-care/cancer-pain-guidelines/en/ Zugriff 21.01.2020

Relevant practice guideline:

1. Horlemann J, Schürmann N. DGS Praxisleitlinien in der Schmerztherapie. Cannabis in der Schmerzmedizin v 1.0 www.dgs-praxisleitlinien.de/index.php/leitlinien/cannabis



Palliative Versorgung

- **Allen Patienten soll nach der Diagnose einer nicht-heilbaren Krebserkrankung Palliativversorgung angeboten werden, unabhängig davon, ob eine tumorspezifische Therapie durchgeführt wird.**
- **Spezialisierte Palliativversorgung soll in onkologische Entscheidungsprozesse integriert werden, z. B. durch Beteiligung an interdisziplinären Tumorkonferenzen.**
- **Patienten mit einer nicht-heilbaren Krebserkrankung, die in Strukturen der spezialisierten Palliativmedizin betreut werden (Palliativstation, ambulante spezialisierte Versorgung wie z. B. SAPV) sollen Zugang zu onkologischer Beratung haben.**

<https://www.leitlinienprogramm-onkologie.de/leitlinien/palliativmedizin/>

1. Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Palliativmedizin für Patienten mit einer nicht-heilbaren Krebserkrankung, Lang- version 2.0, 2019, AWMF-Registernummer: 128/001OL, <https://www.leitlinienprogramm-onkologie.de/leitlinien/palliativmedizin/> (abgerufen am: 21.01.2020)