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# Diagnostik und Therapie früher und fortgeschrittener Mammakarzinome

## Endokrin-basierte und zielgerichtete Therapie des metastasierten Mammakarzinoms



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## Endokrine Therapie des metastasierten Mammakarzinoms

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- **Version 2021:**

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# Endokrine Therapie des metastasierten Mammakarzinoms

## Indikation

**Oxford LoE: 1a**

**GR: A**

**AGO: ++**

**Die endokrin-basierte Therapie ist die erste Therapie-option in der Behandlung des metastasierten hormonrezeptor-positiven (oder -unbekannten) Mammakarzinoms**

- **Ausnahme: drohender Organausfall**
- **Cave: Der HR-Status kann sich im Laufe der Erkrankung verändern. Falls möglich, sollte dieser an einer Metastase erneut bestimmt werden.**

1. Wilcken N, Hornbuckle J, Gherzi D. Chemotherapy alone versus endocrine therapy alone for metastatic breast cancer. Cochrane Database Syst Rev. 2003;(2):CD002747.
2. Gibson L, Lawrence D, Dawson C, et al. Aromatase inhibitors for treatment of advanced breast cancer in postmenopausal women. Cochrane Database Syst Rev. 2009 ;(4):CD003370. doi: 10.1002/14651858.CD003370.pub3.
3. Lee CI, Goodwin A, Wilcken N. Fulvestrant for hormone-sensitive metastatic breast cancer. Cochrane Database Syst Rev. 2017;1:CD011093. doi:10.1002/14651858.CD011093.pub2.
4. Cardoso F, Senkus E, Costa A, et al. 4th ESO-ESMO International Consensus Guidelines for Advanced Breast Cancer (ABC4)<sup>†</sup>. Ann Oncol. 2018 ;29(8):1634-1657. doi: 10.1093/annonc/mdy192. No abstract available. PMID: 30032243



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## Vergleich ER/PR und HER2 Metastase vs. Primärtumor (N=5.521)

**Metaanalyse basierend auf 39 (überwiegend retrospektiven) Analysen  
ausschließlich Vergleich Primärtumor – Metastase (keine Lymphknoten):**

**Gepoolte relative Diskordanz:**

- 19,3% (95% CI 1/4 15.8% to 23.4%) für ER
- 30,9% (95% CI 1/4 26.6% to 35.6%) für PR
- 10,3% (95% CI 1/4 7.8% to 13.6%) für HER2

**Wechsel der gepoolten Rezeptorexpression von positiv zu negativ**

- 22.5% (95% CI = 16.4% to 30.0%) für ER
- 49.4% (95% CI = 40.5% to 58.2%) für PR
- 21.3% (95% CI = 14.3% to 30.5%) für HER2

**Wechsel der gepoolten Rezeptorexpression von negativ zu positiv**

- 21.5% (95% CI = 18.1% to 25.5%) für ER
- 15.9% (95% CI = 11.3% to 22.0%) für PR
- 9.5% (95% CI = 7.4% to 12.1%) für HER2

Meta-analysis:

1. Schrijver WAME, Suijkerbuijk KPM, van Gils CH, et al. Receptor Conversion in Distant Breast Cancer Metastases: A Systematic Review and Meta-analysis. J Natl Cancer Inst. 2018 Jun 1;110(6):568-580. doi: 10.1093/jnci/djx273. PMID: 29315431



## Endokrine Therapie Gute klinische Praxis - GKP

- **Therapieentscheidungen aller Behandlungslinien sollten die Vortherapien, Alter und Komorbiditäten sowie den jeweiligen Zulassungsstatus berücksichtigen.**
- **Eine prämenopausale Patientin unter GnRHa-Therapie oder nach Ovariectomie kann analog zur postmenopausalen Patientin behandelt werden.**

1. Partridge AH, et al. Chemotherapy and targeted therapy for women with human epidermal growth factor receptor 2-negative (or unknown) advanced breast cancer: American Society of Clinical Oncology Clinical Practice Guideline. J Clin Oncol. 2014;32(29):3307-29.
2. Rugo HS, et al. Endocrine Therapy for Hormone Receptor-Positive Metastatic Breast Cancer: American Society of Clinical Oncology Guideline. J Clin Oncol 2016;34(25):3069-103.

# Endokrine Resistenz beim metastasierten Mammakarzinom

## Primäre endokrine Resistenz:

- Rezidiv innerhalb der ersten zwei Jahre unter einer adjuvanten endokrinen Therapie (ETx)
- Progress innerhalb der ersten 6 Monate unter einer laufenden endokrinen first-line-Therapie beim metastasierten Mammakarzinom

## Sekundäre (erworbene) endokrine Resistenz:

- Rezidiv unter einer adjuvanten ETx, aber erst nach den ersten 2 Jahren oder innerhalb 12 Monate nach abgeschlossener adjuvanter ETx
- Progression  $\geq$  6 Monate nach Initiierung einer ETx in der metastasierten Situation

## International consensus

1. Cardoso F, Senkus E, Costa, A et al. 4th ESO-ESMO International Consensus Guidelines for Advanced Breast Cancer (ABC 4). Ann Oncol. 2018;29(8):1634-1657

## Endokrine Therapie der prämenopausalen Patientin mit HER2-negativem, metastasierten Mammakarzinom

	Oxford		
	LoE	GR	AGO
▪ GnRHa + Fulvestrant + CDK4/6i	2b	B	++
▪ GnRHa + AI + Ribociclib	1b	B	++
▪ GnRHa + AI + Palbociclib / Abemaciclib	3b <sup>a</sup> /5	C	+
▪ GnRHa + Tamoxifen + Palbociclib / Abemaciclib	2b	B	+/-
▪ GnRHa + Tamoxifen	1a	A	+
▪ Tamoxifen	2b	B	+/-
▪ GnRHa + AI (first + second line)	2b	B	+
▪ GnRHa + Fulvestrant	1b	B	+
▪ Aromataseinhibitoren ohne OFS	3	D	--

### GnRHa plus fulvestrant plus palbociclib

1. Turner N et al. Palbociclib in Hormone-Receptor-Positive Advanced Breast Cancer. N Engl J Med 2015; 373:209-219
2. Loibl S, et al. Palbociclib Combined with Fulvestrant in Premenopausal Women with Advanced Breast Cancer and Prior Progression on Endocrine Therapy: PALOMA-3 Results. Oncologist. 2017;22(9):1028-1038.
3. Finn RS et al: Treatment effect of palbociclib plus endocrine therapy by prognostic and intrinsic subtype and biomarker analysis in patients with bone-only disease: a joint analysis of PALOMA-2 and PALOMA-3 clinical trials Breast Cancer Res Treat 2020 Nov;184(1):23-35. doi: 10.1007/s10549-020-05782-4. Epub 2020 Aug 11.

### GnRHa plus AI plus palbociclib

1. Layman RM et al. Comparative effectiveness of palbociclib plus letrozole vs. letrozole for metastatic breast cancer in US-real world clinical practises, ESMO 2019, #329P

### GnRHa plus AI/Tamoxifen plus ribociclib

1. Tripathy D et al. First-line ribociclib vs placebo with goserelin and tamoxifen or a non-steroidal aromatase inhibitor in premenopausal women with hormone receptor-positive, HER2-negative advanced breast cancer: Results from the randomized phase III MONALEESA-7 trial. SABCs 2017, GS-2

2. Im SA, Lu YS, Bardia A, et al. Overall Survival with Ribociclib plus Endocrine Therapy in Breast Cancer. *N Engl J Med*. 2019 Jul 25;381(4):307-316. doi: 10.1056/NEJMoa1903765. PMID:31166679

#### GnRH plus Fulvestrant + Abemaciclib

1. Sledge GW Jr, Toi M, Neven P, et al. The Effect of Abemaciclib Plus Fulvestrant on Overall Survival in Hormone Receptor-Positive, ERBB2-Negative Breast Cancer That Progressed on Endocrine Therapy-MONARCH 2: A Randomized Clinical Trial. *JAMA Oncol*. 2019 Sep 29. doi: 10.1001/jamaoncol.2019.4782. [Epub ahead of print] PMID:31563959

#### GnRHa plus tamoxifen (vs. OFS or tam)

1. Klijn JG, Blamey RW, Boccardo F, et al. Combined tamoxifen and luteinizing hormone-releasing hormone (LHRH) agonist versus LHRH agonist alone in premenopausal advanced breast cancer: a meta-analysis of four randomized trials. *J Clin Oncol*. 2001;19(2):343-53.
2. Rugo HS, et al. Endocrine Therapy for Hormone Receptor-Positive Metastatic Breast Cancer: American Society of Clinical Oncology Guideline. *J Clin Oncol*. 2016 ;34(25):3069-103.

#### Ovarian function suppression (OFS), tamoxifen

1. Taylor CW, Green S, Dalton WS, et al: Multicenter randomized clinical trial of goserelin versus surgical ovariectomy in premenopausal patients with receptor-positive metastatic breast cancer: an intergroup study. *J Clin Oncol* 1998;16:994-999.
2. Osborne CK: Tamoxifen in the treatment of breast cancer. *N Engl J Med* 1998;339
3. Crump M, Sawka CA, DeBoer G, et al: An individual patient-based meta-analysis of tamoxifen versus ovarian ablation as first line endocrine therapy for premenopausal women with metastatic breast cancer. *Breast Cancer Res Treat* 1997;44:201-210.

#### GnRHa plus AI (first or second line)

1. Forward DP, Cheung KL, Jackson L, et al. Clinical and endocrine data for goserelin plus anastrozole as second-line endocrine therapy for premenopausal advanced breast cancer. *Br J Cancer*. 2004 ;90(3):590-4.
2. Park IH, Ro J, Lee KS, et al. Phase II parallel group study showing comparable efficacy between premenopausal metastatic breast cancer patients treated with letrozole plus goserelin and postmenopausal patients treated with letrozole alone as first-line hormone therapy. *J Clin Oncol*. 2010;28(16):2705-11.
3. Carlson RW, et al. Phase II trial of anastrozole plus goserelin in the treatment of hormone receptor-positive, metastatic carcinoma of

the breast in premenopausal women. *J Clin Oncol.* 2010;28(25):3917-21.

#### GnRHa plus fulvestrant

- Bartsch R, Bago-Horvath Z, et al. Ovarian function suppression and fulvestrant as endocrine therapy in premenopausal women with metastatic breast cancer. *European Journal of Cancer* 48: 1932–1938, 2012.
- Turner M et al. Palbociclib in Hormone-Receptor–Positive Advanced Breast Cancer. *N Engl J Med* 2015; 373:209-219
- Loibl S, et al. Palbociclib Combined with Fulvestrant in Premenopausal Women with Advanced Breast Cancer and Prior Progression on Endocrine Therapy: PALOMA-3 Results. *Oncologist.* 2017;22(9):1028-1038.

## Endokrine Mono-Therapie der postmenopausalen Patientin mit HER2-negativem, metastasierten Mammakarzinom

- Fulvestrant 500 mg
- Aromataseinhibitor\*
- Tamoxifen
- Fulvestrant 250 mg + Anastrozol
- Frühere Behandlungslinien wiederholen

Oxford		
LoE	GR	AGO
1b	B	+
1a	A	+
1a	A	+
1b	B	+/-
5	D	+/-

\* Keine Hinweise für die Überlegenheit eines einzelnen Aromataseinhibitors.  
 Um eine spätere Therapie nach Zulassungsstatus mit Everolimus zu ermöglichen, sollte in der Erstlinientherapie bevorzugt ein nicht-steroidaler AI eingesetzt werden.

### Fulvestrant 500 mg (vs. anastrozole)

1. Ellis MJ, et al. Fulvestrant 500 mg Versus Anastrozole 1 mg for the First-Line Treatment of Advanced Breast Cancer: Overall Survival Analysis From the Phase II FIRST Study. J Clin Oncol. 2015;33(32):3781-7
2. Robertson JF, et al. Fulvestrant 500 mg versus anastrozole 1 mg for hormone receptor-positive advanced breast cancer (FALCON): an international, randomised, double-blind, phase 3 trial. Lancet. 2016 ;388(10063):2997-3005.

### Fulvestrant 500 mg >> 250 mg

1. Di Leo A, et al. Final overall survival: fulvestrant 500 mg vs 250 mg in the randomized CONFIRM trial. J Natl Cancer Inst. 2014;106(1):djt337.

### Aromatase inhibitors (3rd generation)\*

1. Bonnetterre J, et al: Anastrozole versus Tamoxifen as First-Line Therapy for Advanced Breast Cancer in 668 Postmenopausal Women: Results of the Tamoxifen or Arimidex Randomized Group Efficacy and tolerability Study. J Clin Oncol 2000;18:3748-3757
2. Thürlimann B, et al: Anastrozole (Arimidex) versus tamoxifen as first-line therapy in postmenopausal women with advanced breast cancer: results of the double-blind cross-over SAKK trial 21/95 – a substudy of the TARGET (Tamoxifen or Arimidex Randomized Group Efficacy and Tolerability) trial. Breast Cancer Res Treat 2004;85:247-254

### Aromatase inhibitors (3rd generation) (>non-AI)

1. Bonnetterre, J, et al. Anastrozole is superior to tamoxifen as first-line therapy in hormone receptor positive advanced breast carcinoma Cancer 2001 92
2. Mouridsen, H, et al, Phase III study of letrozole versus tamoxifen as first-line therapy of advanced breast cancer in postmenopausal women: analysis of survival and update of efficacy from the International Letrozole Breast Cancer Group Journal of Clinical Oncology. J Clin Oncol. 2003;21(11):2101-9.
3. Paridaens R, et al; European Organization for the Research and Treatment of Cancer (EORTC)- Investigational Drug Branch for Breast Cancer (IDBBC). Mature results of a randomized phase II multicenter study of exemestane versus tamoxifen as first-line hormone therapy for postmenopausal women with metastatic breast cancer. Ann Oncol. 2003 Sep;14(9):1391-8.
4. Gibson L, Lawrence D, Dawson C, et al. Aromatase inhibitors for treatment of advanced breast cancer in postmenopausal women. Cochrane Database Syst Rev. 2009;(4):CD003370.
5. Xu HB, Liu YJ, Li L. Aromatase inhibitor versus tamoxifen in postmenopausal woman with advanced breast cancer: a literature-based meta-analysis. Clin Breast Cancer. 2011;11(4):246-51.
6. Rugo HS, et al. Endocrine Therapy for Hormone Receptor-Positive Metastatic Breast Cancer: American Society of Clinical Oncology Guideline. J Clin Oncol. 2016 ;34(25):3069-103.
7. Sini V, et al. Endocrine therapy in post-menopausal women with metastatic breast cancer: From literature and guidelines to clinical practice. Crit Rev Oncol Hematol. 2016;100:57-68.

### Estrogentherapie nach Aromatase inhibitors / fortgeschrittene MaCa

1. Schmidt, M et al: Tumor suppression, dose-limiting toxicity and wellbeing with the fetal estrogen estetrol in patients with advanced breast cancer. Journal of Cancer Research and Clinical Oncology <https://doi.org/10.1007/s00432-020-03472-8>
2. Ellis MJ et al: Lower-dose vs high-dose oral estradiol therapy of hormone receptor-positive, aromatase inhibitor-resistant advanced breast cancer: a phase 2 randomized study. JAMA . 2009 Aug 19;302(7):774-80. doi: 10.1001/jama.2009.1204.

## Endokrin-basierte Therapie der postmenopausalen Patientin mit HER2-negativem, metastasierten Mammakarzinom

	Oxford		
	LoE	GR	AGO
▪ <b>CDK4/6-Inhibitor (Abemaciclib, Palbociclib, Ribociclib)</b>			
▪ + nicht-steroidaler AI	1b	B	++
▪ + Fulvestrant	1b	B	++
▪ <b>Abemaciclib Monotherapie</b>	3	C	+/-
▪ <b>Alpelisib + Fulvestrant (bei PIK3CA Mutation)</b>	1b	B	+
▪ <b>Everolimus</b>			
▪ + Exemestan	1b	A	+
▪ + Tamoxifen	2b	B	+
▪ + Letrozol	2b	B	+/-
▪ + Fulvestrant	2b <sup>a</sup>	B	+
▪ <b>CDK4/6-Inhibitor beyond progression</b>	5	D	-
▪ <b>CDK4/6-Inhibitor-Wechsel aufgrund Toxizität</b>	5	D	+/-

### CDK4/6 metaanalysis

1. Gao JJ, Cheng J, Bloomquist E, et al. CDK4/6 inhibitor treatment for patients with hormone receptor-positive, HER2-negative, advanced or metastatic breast cancer: a US Food and Drug Administration pooled analysis. *Lancet Oncol.* 2019 Dec 16. pii: S1470-2045(19)30804-6. doi: 10.1016/S1470-2045(19)30804-6. [Epub ahead of print] PMID: 31859246
2. Wang L, Gao S, Li D, et al. CDK4/6 inhibitors plus endocrine therapy improve overall survival in advanced HR+/HER2- breast cancer: A meta-analysis of randomized controlled trials. *Breast J.* 2019 Dec 11. doi: 10.1111/tbj.13703. [Epub ahead of print] No abstract available. PMID: 31828901

### CDK4/6 inhibitor management

1. Schmidt M. et al. Management of adverse events during cyclin-dependent kinase 4/6 (CDK4/6) inhibitor-based treatment in breast cancer. *Ther Adv Med Oncol.* 2018 Sep 3;10:1758835918793326. doi: 10.1177/1758835918793326. eCollection 2018. Review. Erratum in: *Ther Adv Med Oncol.* 2018 Dec 03;10:1758835918810116. PMID: 30202447
2. Ellis MJ et al. Lower-dose vs high-dose oral estradiol therapy of hormone receptor-positive, aromatase inhibitor-resistant advanced breast cancer: a phase 2 randomized study. Gao F, Dehdashti F, Jeffe DB, Marcom PK, Carey LA, Dickler MN, Silverman P, Fleming GF, Kommareddy A, Jamalabadi-Majidi S, Crowder R, Siegel BA. *JAMA.* 2009 Aug 19;302(7):774-80. doi: 10.1001/jama.2009.1204.

#### Letrozole and palbociclib (vs. letrozole alone)

1. Finn RS, et al. Palbociclib and Letrozole in Advanced Breast Cancer. *N Engl J Med*. 2016;375(20):1925-1936.
2. Finn RS, et al. The cyclin-dependent kinase 4/6 inhibitor palbociclib in combination with letrozole versus letrozole alone as first-line treatment of oestrogen receptor-positive, HER2-negative, advanced breast cancer (PALOMA-1/TRIO-18): a randomised phase 2 study. *Lancet Oncol* 2015;16(1):25-35.
3. Im SA, Mukai H, Park IH, et al. Palbociclib Plus Letrozole as First-Line Therapy in Postmenopausal Asian Women With Metastatic Breast Cancer: Results From the Phase III, Randomized PALOMA-2 Study. *J Glob Oncol*. 2019 May;5:1-19. doi: 10.1200/JGO.18.00173. PMID:31125276
4. Rugo HS, Finn RS, Diéras V, et al. Palbociclib plus letrozole as first-line therapy in estrogen receptor-positive/human epidermal growth factor receptor 2-negative advanced breast cancer with extended follow-up. *Breast Cancer Res Treat*. 2019 Apr;174(3):719-729. doi: 10.1007/s10549-018-05125-4. PMID:30632023

#### Fulvestrant 500 mg plus Palbociclib (vs. Fulvestrant alone)

1. Turner NC, Ro J, André F, et al; PALOMA3 Study Group. Palbociclib in Hormone-Receptor-Positive Advanced Breast Cancer. *N Engl J Med*. 2015 Jul 16;373(3):209-19.
2. Turner NC et al. Overall Survival with Palbociclib and Fulvestrant in Advanced Breast Cancer *N Engl J Med* 2018; 379:1926-1936 DOI: 10.1056/NEJMoa1810527

#### Letrozol plus Ribociclib

1. Hortobagyi GN, et al. Ribociclib as First-Line Therapy for HR-Positive, Advanced Breast Cancer. *N Engl J Med*. 2016;375(18):1738-1748.
2. Yardley DA, Hart L, Favret A, et al. Efficacy and Safety of Ribociclib With Letrozole in US Patients Enrolled in the MONALEESA-2 Study. *Clin Breast Cancer*. 2019 Aug;19(4):268-277.e1. doi: 10.1016/j.clbc.2019.02.007.

#### Fulvestrant plus Ribociclib

1. Slamon DJ, Neven P, Chia S, et al. Phase III Randomized Study of Ribociclib and Fulvestrant in Hormone Receptor-Positive, Human Epidermal Growth Factor Receptor 2-Negative Advanced Breast Cancer: MONALEESA-3. *J Clin Oncol*. 2018 Aug 20;36(24):2465-2472.

doi: 10.1200/JCO.2018.78.9909. PMID:29860922

2. Slamon DJ, Neven P, Chia S, et al. Overall Survival with Ribociclib plus Fulvestrant in Advanced Breast Cancer. *N Engl J Med*. 2019 Dec 11. doi: 10.1056/NEJMoa1911149. [Epub ahead of print]

#### Fulvestrant plus Abemaciclib

1. Sledge GW Jr, et al. MONARCH 2: Abemaciclib in Combination With Fulvestrant in Women With HR+/HER2- Advanced Breast Cancer Who Had Progressed While Receiving Endocrine Therapy. *J Clin Oncol*. 2017;35(25):2875-2884.
2. Sledge GW Jr, Toi M, Neven P, et al. The Effect of Abemaciclib Plus Fulvestrant on Overall Survival in Hormone Receptor-Positive, ERBB2-Negative Breast Cancer That Progressed on Endocrine Therapy-MONARCH 2: A Randomized Clinical Trial. *JAMA Oncol*. 2019 Sep 29. doi: 10.1001/jamaoncol.2019.4782. [Epub ahead of print] PMID:31563959

#### Non-steroidal AI plus Abemaciclib

1. Goetz MP, et al. MONARCH 3: Abemaciclib As Initial Therapy for Advanced Breast Cancer. *J Clin Oncol*. 2017 ;35(32):3638-3646.
2. Johnston S, Martin M, Di Leo A, et al. MONARCH 3 final PFS: a randomized study of abemaciclib as initial therapy for advanced breast cancer. *NPJ Breast Cancer*. 2019 Jan 17;5:5. doi: 10.1038/s41523-018-0097-z. eCollection 2019. PMID:30675515

#### CDK4/6i metaanalysis

1. Petrelli F, Ghidini A, Pedersini R, et al. Comparative efficacy of palbociclib, ribociclib and abemaciclib for ER+ metastatic breast cancer: an adjusted indirect analysis of randomized controlled trials. *Breast Cancer Res Treat*. 2019 Apr;174(3):597-604. doi: 10.1007/s10549-019-05133-y. PMID:30659432
2. Rossi V, Berchiolla P, Giannarelli D, et al. Should All Patients With HR-Positive HER2-Negative Metastatic Breast Cancer Receive CDK 4/6 Inhibitor As First-Line Based Therapy? A Network Meta-Analysis of Data from the PALOMA 2, MONALEESA 2, MONALEESA 7, MONARCH 3, FALCON, SWOG and FACT Trials. *Cancers (Basel)*. 2019 Oct 26;11(11). pii: E1661. doi: 10.3390/cancers11111661.

#### CDK4/6i after CDK4/6i

1. Wander SA, Zangardi M, Niemierko A et al. A multicenter analysis of abemaciclib after progression on palbociclib in patients (pts) with hormone receptor-positive (HR+)/HER2- metastatic breast cancer (MBC). DOI: 10.1200/JCO.2019.37.15\_suppl.1057, JCO 37

#### Exemestane and everolimus (vs. exemestane alone)

1. Baselga J, Campone M et al. Everolimus in postmenopausal hormone-receptor-positive advanced breast cancer. N Engl J Med.;366(6):520-9. 2012
2. Jerusalem G, et al. Safety of everolimus plus exemestane in patients with hormone-receptor-positive, HER2-negative locally advanced or metastatic breast cancer progressing on prior non-steroidal aromatase inhibitors: primary results of a phase IIIb, open-label, single-arm, expanded-access multicenter trial (BALLET). Ann Oncol. 2016;27(9):1719-25

#### Tamoxifen and everolimus

1. Bachelot T, et al. Randomized Phase II Trial of Everolimus in Combination With Tamoxifen in Patients With Hormone Receptor-Positive, Human Epidermal Growth Factor Receptor 2-Negative Metastatic Breast Cancer With Prior Exposure to Aromatase Inhibitors: A GINECO Study. J Clin Oncol 2012; 30: 2718-2724.

#### Fulvestrant and everolimus

1. Kornblum NS, et al. PrECOG 0102: A randomized, double-blind, phase II trial of fulvestrant plus everolimus or placebo in postmenopausal women with hormone receptor (HR)-positive, HER2-negative metastatic breast cancer (MBC) resistant to aromatase inhibitor (AI) therapy. SABCs 2016,#S1-02

#### Letrozole and everolimus

1. Gradishar WJ, et al. BOLERO-4: Multicenter, open-label, phase II study of everolimus plus letrozole as first-line therapy in ER+, HER2-metastatic breast cancer. J Clin Oncol 31, 2013 (suppl; abstr TPS661)

#### Abemaciclib Monotherapy

1. Dickler MN, et al. MONARCH 1, A Phase II Study of Abemaciclib, a CDK4 and CDK6 Inhibitor, as a Single Agent, in Patients with Refractory HR<sup>+</sup>/HER2<sup>-</sup> Metastatic Breast Cancer. Clin Cancer Res. 2017;23(17):5218-5224.

## Endokrine Therapie der postmenopausalen Patientin mit HER2-negativem, metastasierten Mammakarzinom in Kombination mit Bevacizumab

	Oxford		
	LoE	GR	AGO
<ul style="list-style-type: none"> <li>Erhaltungstherapie mit Bevacizumab plus endokrine Therapie nach Remission unter Chemotherapie mit Bevacizumab</li> </ul>	1b	B	+/-
<ul style="list-style-type: none"> <li>Bevacizumab plus endokrine Therapie als Erstlinientherapie bei lokal fortgeschrittener oder metastasierter Erkrankung</li> </ul>	1b	B	+/-

### Maintenance of bevacizumab plus endocrine therapy

1. Tredan O, et al. A phase III trial of exemestane plus bevacizumab maintenance therapy in patients with metastatic breast cancer after first-line taxane and bevacizumab: a GINECO group study. Ann Oncol 2016; 27(6):1020–1029.

### Bevacizumab plus endocrine treatment as first line

1. Martín M, Loibl S, et al. Bevacizumab plus endocrine treatment as first line therapy for advanced disease Phase III trial evaluating the addition of bevacizumab to endocrine therapy as first-line treatment for advanced breast cancer: the letrozole/fulvestrant and avastin (LEA) study. J Clin Oncol. 2015 ;33(9):1045-52.
2. Dickler MN, et al. Phase III Trial Evaluating Letrozole As First-Line Endocrine Therapy With or Without Bevacizumab for the Treatment of Postmenopausal Women With Hormone Receptor-Positive Advanced-Stage Breast Cancer: CALGB 40503 (Alliance). J Clin Oncol. 2016;34(22):2602-9.

## PARP-Inhibitoren beim HER2-negativen, gBRCA mutierten, metastasierten Mammakarzinom

▪ **Olaparib**

Oxford		
LoE	GR	AGO
1b	A	++

▪ **Talazoparib**

Oxford		
LoE	GR	AGO
1b	B	++

### Olaparib

1. Robson M, et al. Olaparib for Metastatic Breast Cancer in Patients with a Germline BRCA Mutation. N Engl J Med. 2017;377(6):523-533.
2. Robson ME, Tung N, Conte P, et al. OlympiAD final overall survival and tolerability results: Olaparib versus chemotherapy treatment of physician's choice in patients with a germline BRCA mutation and HER2-negative metastatic breast cancer. Ann Oncol. 2019 Apr 1;30(4):558-566. doi: 10.1093/annonc/mdz012. PMID:30689707
3. Robson M, Ruddy KJ, Im SA, et al. Patient-reported outcomes in patients with a germline BRCA mutation and HER2-negative metastatic breast cancer receiving olaparib versus chemotherapy in the OlympiAD trial. Eur J Cancer. 2019 Oct;120:20-30. doi: 10.1016/j.ejca.2019.06.023. PMID:31446213

### Talazoparib

1. Litton J. et al. Talazoparib in Patients with Advanced Breast Cancer and a Germline BRCA Mutation. N Engl J Med 2018; 379:753-763 DOI: 10.1056/NEJMoa1802905
2. Turner NC, Telli ML, Rugo HS, et al.; ABRAZO Study Group. A Phase II Study of Talazoparib after Platinum or Cytotoxic Nonplatinum Regimens in Patients with Advanced Breast Cancer and Germline *BRCA1/2* Mutations (ABRAZO). Clin Cancer Res. 2019 May

1;25(9):2717-2724. doi: 10.1158/1078-0432.CCR-18-1891. PMID:30563931

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Guidelines Breast  
Version 2021.1D

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# Diagnostik und Therapie früher und fortgeschrittener Mammakarzinome

## HER2-positives und HR-positives metastasiertes Mammakarzinom

## Endokrine Therapie des postmenopausalen HER2-positiven, metastasierten Mammakarzinoms

	Oxford		
	LoE	GR	AGO
▪ Anastrozol und Trastuzumab	1b	B	+/-
▪ Letrozol und Trastuzumab	2b	B	+/-
▪ Letrozol und Lapatinib	1b	B	+/-
▪ Fulvestrant und Lapatinib	1b	B	+/-
▪ Abemaciclib + Fulvestrant und Trastuzumab (nach T-DM1)	2b <sup>a</sup>	B	+/-
▪ Aromataseinhibitor und Trastuzumab / Pertuzumab*	2b	B	+/-

Geringe Wirksamkeit einer alleinigen endokrinen Therapie.

Eine Induktions-Chemotherapie zusammen mit einer anti-HER2-Therapie (gefolgt von endokriner plus anti-HER2-Erhaltungstherapie) sollte in Erwägung gezogen werden!

\* Studienteilnahme empfohlen

### Anastrozole and trastuzumab

1. Kaufman B, et al. Trastuzumab plus anastrozole versus anastrozole alone for the treatment of postmenopausal women with human epidermal growth factor receptor 2-positive, hormone receptor-positive metastatic breast cancer: results from the randomized phase III TAnDEM study. *J Clin Oncol.* 2009 Nov 20;27(33):5529-37.
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### Letrozole and trastuzumab

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#### Letrozole and lapatinib

1. Johnston S, Pippin J Jr, Pivot X, et al. Lapatinib combined with letrozole versus letrozole and placebo as first-line therapy for postmenopausal hormone receptor-positive metastatic breast cancer. *J Clin Oncol.* 2009 Nov 20;27(33):5538-46.
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#### Fulvestrant and lapatinib

1. Burstein HJ, Cirincione CT, Barry WT et al: Endocrine Therapy With or Without Inhibition of Epidermal Growth Factor Receptor and Human Epidermal Growth Factor Receptor 2: A Randomized, Double-Blind, Placebo-Controlled Phase III Trial of Fulvestrant With or Without Lapatinib for Postmenopausal Women With Hormone Receptor-Positive Advanced Breast Cancer-CALGB 40302 (Alliance). *J Clin Oncol* 32:3959-3966 (2014)

#### AI and trastuzumab/pertuzumab

1. Rimawi M, Ferrero JM, de la Haba-Rodriguez J, et al.; PERTAIN Study Group. First-Line Trastuzumab Plus an Aromatase Inhibitor, With or Without Pertuzumab, in Human Epidermal Growth Factor Receptor 2-Positive and Hormone Receptor-Positive Metastatic or Locally Advanced Breast Cancer (PERTAIN): A Randomized, Open-Label Phase II Trial. *J Clin Oncol.* 2018 Oct 1;36(28):2826-2835. doi: 10.1200/JCO.2017.76.7863. PMID:30106636

Abemaciclib plus Fulvestrant plus Trastuzumab

1. Tolaney S, Wardley AM, Zambelli S et al., monarchHER: A randomized Phase 2 study of abemaciclib plus trastuzumab with or without fulvestrant versus trastuzumab plus standard-of-care chemotherapy in women with HR+, HER2+ advanced breast cancer (ABC). Ann Oncol 2019, 30 (suppl\_5): v851-v934. 10.1093/annonc/mdz394

## Simultane oder sequenzielle endokrin-zytostatische Behandlung

	Oxford		
	LoE	GR	AGO
<ul style="list-style-type: none"> <li>▪ <b>Simultane endokrin-zytotoxische Therapie</b> <ul style="list-style-type: none"> <li>▪ Höhere Ansprechraten und progressionsfreies ÜL möglich, keine Verbesserung des Gesamtüberlebens</li> <li>▪ Kann Nebenwirkungsrate/Toxizität erhöhen</li> </ul> </li> </ul>	<b>1b</b>	<b>A</b>	<b>-</b>
<ul style="list-style-type: none"> <li>▪ <b>Endokrine Erhaltungstherapie +/- Anti-HER2 Therapie nach Ansprechen auf eine Chemotherapie +/- Anti-HER2 Therapie</b> <ul style="list-style-type: none"> <li>▪ Verlängert das progressionsfreie Überleben</li> </ul> </li> </ul>	<b>2b</b>	<b>B</b>	<b>+</b>

### Concomitant endocrine-cytotoxic treatment

1. Sledge GW, Hu P, Falkson G, et al. Comparison of chemotherapy with chemohormonal therapy as first-line therapy for metastatic, hormone-sensitive breast cancer: An eastern cooperative oncology group study. J Clin Oncol 18, 262-266, 2000.
2. Partridge AH, Burstein HJ, Winer EP. Side effects of chemotherapy and combined chemohormonal therapy in women with early-stage breast cancer. J Natl Cancer Inst Monogr. 2001;(30):135-42.
3. Boccardo F1, Amoroso D, Rubagotti A, et al. Endocrine therapy of breast cancer. The experience of the Italian Cooperative Group for Chemohormonal Therapy of Early Breast Cancer (GROCTA). Ann N Y Acad Sci. 1993 Nov 30;698:318-29.

### Maintenance endocrine therapy after chemotherapy induced response

1. Sutherland S, Miles D, Makris A. Use of maintenance endocrine therapy after chemotherapy in metastatic breast cancer. Eur J Cancer. 2016 Dec;69:216-222.
2. Rossi S, Schinzari G, Basso M, et al. Maintenance hormonal and chemotherapy treatment in metastatic breast cancer: a systematic review. Future Oncol. 2016 May;12(10):1299-307